

Please note that our menus are subject to last minute changes, resulting in nutrient details changing. If your student requires medical attention at school and the medical attention is related to food nutrients please contact your school nurse.

Day 1

Menu Cycle: Spring Condiments 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

Food Description

Lunch

Mayo FF s 2	1	1 pkt.	s 2	15	0	0	0	105	3									
Ketchup pkg s 3	1	2 pkt.	s 3	20	0	0	0	170	6									
Mustard pkg s 22	1	1 pkt.	s 22	4	0.23	0.013	0	86	0.31									
BBQ pkg s 12	1	2 pkt.	s 12	42	0.39	0.061	0.005	179	9.79									
Tartar sauce pkg s 13	1	1 pkt.	s 13	43	3.67	0.576	0.024	103	2.6									
relish pkg. s 15	1	1 pkt.	s 15	11	0.02	0.009	0.009	60	2.65									
Syrup pancake s 14	1	1 Each	s 14	119	0	0	0	0	30.66									
Jelly pkg s 24	1	1 pkt.	s 24	36	0	0	0	1	9.11									
Lite Cream Cheese s 20	1	1 oz. pkt.	s 20	60	4.5	3.5	0	95	1									
sour crm lite s 4	1	1 oz.	s 4	57	4.72	3.307	0	47	1.89									
Salsa s 5	1	2 oz.	s 5	20	0	0	0	137	3.96									
Parm. Cheese s 6	1	1T	s 6	57	4.25	0	0	283	5.67									
Ranch drs FF 1 oz. s 9	1	1 oz	s 9	25	0	0	0	380	6									
Italian drs FF 1oz s 10	1	1 oz	s 10	16	0	0	0	511	3.13									
French drs FF 1oz s 11	1	1oz	s 11	45	0	0	0	320	10									
Raspberry Vinaigrette s 30	1	2oz	s 30	61	0	0	0	489	13.97									
Honey Mustard Dressing s 31	1	1oz	s 31	61	0	0	0	266	14.3									
Caesar Dressing pkg s 40	1	1 pkt.	s 40	50	2.5	1.001	0	410	6.01									
Greek Vinaigrette Dressing pkg s 41	1	1 pkt.	s 41	111	9.1	1.517	0	677	5.06									
Greek Feta Dressing pkg. s 42	1	1 pkt.	s 42	70	6	0.5	0	320	2									
Chipolte Sauce s 32	1	2oz	s 32	88	3.46	0	0	236	13.84									
red hot sauce s 18	1	1 oz	s 18	10	0	0	0	800	0									
French Vanilla Creamer	1	1 Each	0001028006	21	1.05	0.35	0	0	3.5									
Sugar	1	1 Each	0001004542	12	0	0	0	0	3									

Meal SubTotal				1,054.0	39.9	10.8	0.0	5,675.0	157.5									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 1

Menu Cycle: Breakfast M.S. Spring 2018

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast 6-8

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
400.0	13.0	4.4	0.0	470.0	55.0													

Food Description

Breakfast

Mini Cinnamon Bagels WG b 10	1 Each	b 10	240	6	2.5	0	180	42										
Breakfast Pizza b 5	1 1 slice	b 5	200	7	2.001	0	430	24.01										
Mini Cinnis b 202	1 Each	b 202	240	6.99	1.498	0	270	38.95										
Cheese Omelet b 402	1 1Ea	b 402	125	9.76	3.691	0.161	285	1.49										
Whole Grain Cinnamon Rolls b 401	1 1 cinnamon roll	b 401	83	0.46	0	0	65	17.58										
Breakfast Pizza b 5	1 1 slice	b 5	200	7	2.001	0	430	24.01										
Chocolate Chip French Toast b 417	1 Each	b 417	210	6	1.5	0	260	35										
Cheerios b 24	1 1 bowl	b 24	101	2.02	0.506	0	142	20.25										
Cinn. Toast Cereal b 20	1 1 bowl	b 20	111	3.04	0.506	0	162	22.27										
Frosted Flakes (low sugar) b 200	1 1 bowl	b 200	101	0	0	0	162	24.3										
Trix Cereal B 405	1 1 bowl	B 405	111	1.52	0	0	142	24.3										
Cocoa Puffs Cereal WG b 421	1 1 bowl	b 421	110	1.5	0	0	120	25										
Frosted Mini Wheats Cereal WG b 420	1 1 bowl	b 420	100	1	0	0	105	23										
Poptart Brown Sugar, single b 12	1 1 poptart	b 12	190	3	1	0	200	38.01										
Pop Tart Blueberry WG b 419	1 1 bar	b 419	180	2.5	1.001	0	180	38.03										
Pop Tart Fudge WG ,single b 409	1 1 bar	b 409	190	3	1.001	0	200	38.03										
Poptart Strawberry, single b 29	1 1 pkg	b 29	180	2.5	1	0	180	38.01										
Cinn Toast Cereal Bar b 209	1 Each	b 209	150	3.5	0	0	115	30										
Trix Wh. Gr. Cereal Bar b 207	1 Each	b 207	150	3.5	0.5	0	100	30										
WG Cocoa Rice Krisp. Gran. Bar WG b 408	1 1 bar	b 408	151	4.52	1.004	0	141	27.11										
Donut b 403	1 1 donut	b 403	100	2.49	0.996		149	16.93										
Yogurt Parfait b 210	1 1 yogurt	b 210	195	2.54	1.008	0	105	37.89										
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63										
Apple juice f 10	1 1 (4oz cup)	f 10	50	0	0	0	10	13										
Orange Juice f 11	1 1 (4oz cup)	f 11	57	0	0	0	0	13.41										

Milk Nutrient Details:

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Day 1

Menu Cycle: Spring Lunch Middle wk. 1, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Chicken Nuggets Secondary (6pc) e 311	6pc	e 31	287	16.74	2.989	0	562	19.13									
Sloppy Joe Sandwich (JTM) e 1015	1 3.63 oz	e 1015	292	7.95	2.522	0.01	666	36.48									
Baked Lays m 143	1 Each	m 143	129	1.99	0	0	149	25.89									
Big Daddy Pizza e 508	1 1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1 3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1 brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1 1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
green beans canned v 6	1 1/2c	v 6	20	0	0	0	139	3.98									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Applesauce f 9	1 1/2c Applesauce	f 9	52	0	0	0	10	13.41									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Pasta Fagioli soup m 16	1 6oz.	m 16	111	1.88	0.538	0.023	753	15.96									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1 2 Pickles	v 32	3	0	0	0	178	0.66									

Meal SubTotal	4,198.0	143.0	44.0	0.1	9,554.0	515.8											
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 2

Menu Cycle: Spring Lunch Middle wk. 1, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Mini Cheese Quesadillas e 2016	1	3 mini ques.2ozsala e 2016	270	10	2.5	0	560	31									
Popcorn Chicken (Secondary) e 552	1	15pc e 552	317	17.92	3.446	0	482	19.3									
cheesy garlic toast g 222	1	1 garlic toast g 222	103	5.02	1.885	0	203	11.25									
Big Daddy Pizza e 508	1	1 pizza slice e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4	195	10.57	6.544		703	10.27									
Corn v 5	1	1/2 cup v5	68	0.68	0	0	3	14.27									
Garden Salad v 4	1	1 Cup Salad v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1	1/2c f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17	79	0	0	0	0	21.6									
Cream of Broccoli Soup m 6	1	6oz m 6	189	11.16	2.461	2.681	203	16.66									
Whole Wheat Crackers g 37	1	4 pkgs g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1	1 slice bread g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1	2 Pickles v 32	3	0	0	0	178	0.66									

Meal SubTotal			4,325.0	159.3	48.2	2.7	8,726.0	511.8									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 3

Menu Cycle: Spring Lunch Middle wk. 1, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Pasta Roll up & Meat sauce e 551	1	1 roll up / 2oz sauce e 551	230	8.5	5	0	314	25.21									
WG Twisted Breadstick g 224	1	1 bread stick g 224	154	3.86	1.446	0	135	26.99									
Corn Dog e 85	1	Each e 85	243	8.1	2.531	0	395	30.37									
Big Daddy Pizza e 508	1	1 pizza slice e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4	195	10.57	6.544		703	10.27									
broccoli (frozen) v 7	1	1/2c v 7	17	0	0	0	12	2.56									
Garden Salad v 4	1	1/2 cup salad v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c v 104	18	0.04	0.01		34	3.92									
Peaches Diced f 6	1	1/2c peaches f 6	54	0	0	0	5	12.97									
f 1 apple	1	1 Each f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17	79	0	0	0	0	21.6									
Cream of Chicken Soup m 8	1	6oz m 8	226	12.68	2.908	2.681	240	16.88									
Whole Wheat Crackers g 37	1	4 pkgs g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1	1 slice bread g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1	2 Pickles v 32	3	0	0	0	178	0.66									

Meal SubTotal			4,231.0	147.6	49.8	2.7	8,376.0	515.9									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 4

Menu Cycle: Spring Lunch Middle wk. 1, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Mac & Cheese e 102	1	6 oz	e 102	280	11	5	0	670	29								
Wheat Dinner roll g 2	1	Each	g 2	76	1.32	0.239	0.02	145	13.15								
Italian Beef on a bun e 53	1	3oz	e 53	425	13.37	6.038	0.031	755	28.3								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27								
Mashed potatoes v 11	1	1/2 cup	v 11	64	0	0	0	18	14.17								
Turkey Gravy m 9	1	2oz gravy	m 9	35	2	0.5	0	240	3								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Lemon Rice Soup m 10	1	6oz.	m 10	213	11.24	4.673		178	21.8								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 5

Menu Cycle: Spring Lunch Middle wk. 1, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
Cheese Burger e 18	1	1b1b2pic/slt/le	e 18	336	13.96	5.184	0.61	909	30.64								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27								
Baked Beans v 29	1	4 oz.	v 29	141	1.41	0	0	554	27.25								
French Fries v 8	1	2.03	v 8	113	6.14	1.535	0	256	15.35								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal				4,361.0	146.9	49.6	<u>0.6</u>	9,673.0	541.7								
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Please note that our menus are subject to last minute changes, resulting in nutrient details changing. If your student requires medical attention at school and the medical attention is related to food nutrients please contact your school nurse.

Day 1

Menu Cycle: Spring Lunch Middle wk. 2, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATRN	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Hot Ham & Cheese on Pretzel Roll e 1(1	1-Hot Ham Sand	e 1034	263	7.9	3.278	0	934	30.01									
Chicken Tenders Secondary (4pc) e 8	4 chix	e 8	347	20	3.333	0	520	21.33									
Big Daddy Pizza e 508	1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1 sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1 clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1 clett/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1 clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Tator Tots v 105	1 8 tots	v 105	143	7.17	1.537	0	287	16.4									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1 1/2c	f 5	71	0	0	0	0	18.37									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Chicken noodle Soup m 1	1 6oz.	m 1	120	4.11	1.029	0.324	108	8.36									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1 2 Pickles	v 32	3	0	0	0	178	0.66									

Meal SubTotal	4,251.0	153.7	47.1	0.4	9,124.0	495.4											
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 2

Menu Cycle: Spring Lunch Middle wk. 2, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

School Lunch 6-8

Food Description

Lunch

Beef Nachos 2oz e 16	1 2oz mt/2ozch/2sa/chip	e 16	426	22.99	6.63	0.183	770	45.48									
Mini Corn Dogs & Cheese e 553	1 6pc & 2oz cheese	e 553	365	18.56	8.126	0	821	32.92									
Big Daddy Pizza e 508	1 1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1 3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1 brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1 1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1 1clet/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1 1clet/20zmt	c 4	195	10.57	6.544		703	10.27									
refried beans v 48	1 1/2c	v 48	155	3.09	1.242		639	23.15									
Corn v 5	1 1/2 cup	v5	68	0.68	0	0	3	14.27									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Blue-Rasp Slushie f 34	1 1ea	f 34	90	0	0	0	30	22									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Chili Homemade m 22	1 6oz.	m 22	129	4.37	0.783		514	13									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1 2 Pickles	v 32	3	0	0	0	178	0.66									
Meal SubTotal			4,540.0	164.2	54.7	<u>0.2</u>	10,052.0	551.7									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 3

Menu Cycle: Spring Lunch Middle wk. 2, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Flat Bread Pizza e 580	1	2 sticks	g 202	332	12.91	4	0	760	39.57								
Popcorn Chicken (Secondary) e 552	1	15pc	e 552	317	17.92	3.446	0	482	19.3								
cheesy garlic toast g 222	1	1 garlic toast	g 222	103	5.02	1.885	0	203	11.25								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
broccoli (frozen) v 7	1	1/2c	v 7	17	0	0	0	12	2.56								
Garden Salad v 4	1	1/2 cup salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Peaches Diced f 6	1	1/2c peaches	f 6	54	0	0	0	5	12.97								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Cream of Chicken Soup m 8	1	6oz	m 8	226	12.68	2.908	2.681	240	16.88								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal	4,356.0	163.0	50.2	2.7	8,977.0	503.5											
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 4

Menu Cycle: Spring Lunch Middle wk. 2, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69		397	10.86	4.971	0	674	50.97								
BBQ Beef Rib Sandwich e 504	1	1 BBQ Rib sandwich e 504		347	12.24	4.731	0.02	962	39.25								
Big Daddy Pizza e 508	1	1 pizza slice e 508		320	13	6	0	350	34								
Turkey Sand on White Bread e 203	1	1 sand e 203		246	4.7	1.934	0	1188	27.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le e 809		417	16.79	3.29	0.01	646	43.8								
Soy Butter Jammer e 4023	1	Each e 4023		570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand e 27		264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt c 2		115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8		228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clett/20zmt c 4		195	10.57	6.544		703	10.27								
green beans canned v 6	1	1/2c v 6		20	0	0	0	139	3.98								
Pasta Salad g 18	1	3/4cp,1/4cl,2zmt c 18		114	0.75	0		161	22.22								
Garden Salad v 4	1	1 Cup Salad v 4		22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c v 104		18	0.04	0.01		34	3.92								
Pineapple Tidbits f 5	1	1/2c f 5		71	0	0	0	0	18.37								
f 1 apple	1	1 Each f 1		67	0.22	0.036		1	17.68								
Golden Apple f 17	1	apple f 17		79	0	0	0	0	21.6								
orange f 4	1	Each f 4		64	0.39	0.046		0	15.63								
Banana f 3	1	1 Banana f 3		108	0.4	0.135		1	27.63								
Cream of Potato soup m	1	6oz m 7		203	11.16	2.461	<u>2.681</u>	308	19.91								
Whole Wheat Crackers g 37	1	4 pkgs g 37		125	3.91	0	0	231	19.55								
Homemade Croutons g 200	1	1 slice bread g 200		69	0.95	0.14	0	149	12.45								
Pickles v 32	1	2 Pickles v 32		3	0	0	0	178	0.66								

Meal SubTotal				4,062.0	138.6	45.1	<u>2.7</u>	8,845.0	504.7								
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 5

Menu Cycle: Spring Lunch Middle wk. 2, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Bosco Stuffed Crust Pizza e 4079	1	1 slice	e 4079	306	10.85	4.932	0	533	33.54								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27								
peas and carrots v 120	1	1/2 cup	v 120	52	0.27	0	0	27	9.85								
French Fries v 8	1	2.03	v 8	113	6.14	1.535	0	256	15.35								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal				3,845.0	131.7	44.4	<u>0.0</u>	8,096.0	476.2								
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Milk Nutrient Details:
 Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 1

Menu Cycle: Spring Lunch Middle wk. 3, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATRN	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Mac & Cheese e 102	1	6 oz	e 102	280	11	5	0	670	29								
Wheat Dinner roll g 2	1	Each	g 2	76	1.32	0.239	0.02	145	13.15								
Chocolate Chip French Toast e 4007	1	Each	e 4007	210	6	1.5	0	260	35								
Turkey Sausages (Lunch) (2) e 976	1	Each	e 976	125	8.3	2.076	0	166	0								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27								
Hash Brown Triangle v 44	1	2 hash brown	v 44	219	10.96	3.488	0	518	26.91								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Applesauce f 9	1	1/2c Applesauce	f 9	52	0	0	0	10	13.41								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Pasta Fagioli soup m 16	1	6oz.	m 16	111	1.88	0.538	0.023	753	15.96								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 2

Menu Cycle: Spring Lunch Middle wk. 3, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
600.0	20.0	6.6	0.0	710.0	80.0													

Food Description

Lunch

Pizza Crunchers Cheese e 2017	1	4 pizza bites	e 2017	420	20	8.999	0	670	41									
Beef Taco (Elem./M.S. 2 oz) e 300	1	1ea	e 300	218	8.31	4.133	0.183	515	23.53									
Reduced Fat Doritos m 24	1	1ea	m24	132	5.06	1.012	0	202	20.25									
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Corn v 5	1	1/2 cup	v5	68	0.68	0	0	3	14.27									
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6									
Cream of Broccoli Soup m 6	1	6oz	m 6	189	11.16	2.461	2.681	203	16.66									
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55									
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66									

Meal SubTotal	4,405.0	159.7	54.5	2.9	8,868.0	535.0												
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Milk Nutrient Details:
 Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 3

Menu Cycle: Spring Lunch Middle wk. 3, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Pasta & Meat Sauce (JTM) e 4000	1	7.44 oz	e 4000	317	16.13	6.25	1.008	611	24.19								
WG Twisted Breadstick g 224	1	1 bread stick	g 224	154	3.86	1.446	0	135	26.99								
Chicken Nuggets Secondary (6pc) e 311	6pc		e 31	287	16.74	2.989	0	562	19.13								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
green beans canned v 6	1	1/2c	v 6	20	0	0	0	139	3.98								
Garden Salad v 4	1	1/2 cup salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Peaches Diced f 6	1	1/2c peaches	f 6	54	0	0	0	5	12.97								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Cream of Chicken Soup m 8	1	6oz	m 8	226	12.68	2.908	2.681	240	16.88								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal		4,365.0	163.9	51.5	3.7	8,967.0	505.1										
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 4

Menu Cycle: Spring Lunch Middle wk. 3, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Chicken Smacker e 4038	1	10pc	e 4038	268	12.96	2.992	0	588	19.95								
Turkey & Gravy e 98	1	4oz	e 98	119	5.94	1.979	0	445	1.98								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27								
Mashed potatoes v 11	1	1/2 cup	v 11	64	0	0	0	18	14.17								
Turkey Gravy m 9	1	2oz gravy	m 9	35	2	0.5	0	240	3								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Wheat Dinner roll g 2	1	Each	g 2	76	1.32	0.239	0.02	145	13.15								
Lemon Rice Soup m 10	1	6oz.	m 10	213	11.24	4.673		178	21.8								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 5

Menu Cycle: Spring Lunch Middle wk. 3, 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
600.0	20.0	6.6	0.0	710.0	80.0													

Food Description

Lunch

Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34									
Cheese Burger e 18	1	1b1b2pic/slt/le	e 18	336	13.96	5.184	0.61	909	30.64									
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clet/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clet/20zmt	c 4	195	10.57	6.544		703	10.27									
Baked Beans v 29	1	4 oz.	v 29	141	1.41	0	0	554	27.25									
French Fries v 8	1	2.03	v 8	113	6.14	1.535	0	256	15.35									
Garden Salad v 4	1	1/2 cup salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92									
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52									
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55									
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66									

Meal SubTotal				3,964.0	136.0	44.7	<u>0.6</u>	8,999.0	490.7									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 1

Menu Cycle: Spring Lunch Middle wk. 4, 2018..

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
600.0	20.0	6.6	0.0	710.0	80.0													

Food Description

Lunch

Pizza Crunchers Cheese e 2017	1	4 pizza bites	e 2017	420	20	8.999	0	670	41									
Popcorn Chicken (Secondary) e 552	1	15pc	e 552	317	17.92	3.446	0	482	19.3									
cheesy garlic toast g 222	1	1 garlic toast	g 222	103	5.02	1.885	0	203	11.25									
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
broccoli (frozen) v 7	1	1/2c	v 7	17	0	0	0	12	2.56									
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6									
Chicken noodle Soup m 1	1	6oz.	m 1	120	4.11	1.029	0.324	108	8.36									
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66									

Meal SubTotal				4,355.0	161.5	53.3	0.4	8,750.0	501.8									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 2

Menu Cycle: Spring Lunch Middle wk. 4, 2018..

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

School Lunch 6-8

Food Description

Lunch

Beef Nachos 2oz e 16	1 2oz mt/2ozch/2sa/chip	e 16	426	22.99	6.63	0.183	770	42.5									
Cheese Hot Dog e 952	1 1 each	e 952	263	10.79	3.442	0.03	890	30.01									
Big Daddy Pizza e 508	1 1 pizza slice	e 508	320	13	6	0	350	34									
3 Bosco Stick/Sauce e 69	1 3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97									
Buffalo Chicken Sandwich e 809	1 brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1 1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1 1clet/20zmt	c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1 1clet/20zmt	c 4	195	10.57	6.544		703	10.27									
refried beans v 48	1 1/2c	v 48	155	3.09	1.242		639	23.15									
French Fries v 8	1 2.03	v 8	113	6.14	1.535	0	256	15.35									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Blue-Rasp Slushie f 34	1 1ea	f 34	90	0	0	0	30	22									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Chili Homemade m 22	1 6oz.	m 22	129	4.37	0.783		514	13									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
Pickles v 32	1 2 Pickles	v 32	3	0	0	0	178	0.66									
Meal SubTotal			4,483.0	161.9	51.6	0.2	10,374.0	546.9									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 3

Menu Cycle: Spring Lunch Middle wk. 4, 2018..

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Flat Bread Pizza e 580	1	1 each	g 202	332	12.91	4	0	760	39.57								
Chicken Tenders Secondary (4pc) e 8	1	4 chix	e 8	347	20	3.333	0	520	21.33								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
Corn v 5	1	1/2 cup	v5	68	0.68	0	0	3	14.27								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Peaches Diced f 6	1	1/2c peaches	f 6	54	0	0	0	5	12.97								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Cream of Chicken Soup m 8	1	6oz	m 8	226	12.68	2.908	2.681	240	16.88								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal				4,334.0	160.8	48.2	2.7	8,803.0	505.9								
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Milk Nutrient Details:
 Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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Day 4

Menu Cycle: Spring Lunch Middle wk. 4, 2018..

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69	397	10.86	4.971	0	674	50.97									
BBQ pork sandwich e 147	1	Each e 147	385	12.07	3.826	0.01	706	45.45									
Big Daddy Pizza e 508	1	1 pizza slice e 508	320	13	6	0	350	34									
Buffalo Chicken Sandwich e 809	1	brdchixpat/le e 809	417	16.79	3.29	0.01	646	43.8									
Turkey Sand on White Bread e 203	1	1 sand e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023	570	32	6	0	440	55									
Deluxe Sub e 27	1	1sub sand e 27	264	6.37	2.718	0.02	1283	29.09									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2	115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8	228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4	195	10.57	6.544		703	10.27									
Cooked Carrots v 20	1	4oz v 20	40	0.67	0	0	67	9.34									
Creamy Coleslaw v 2	1	1/2 cup v 2	71	0.99	0	0	75	15.42									
Garden Salad v 4	1	1 Cup Salad v 4	22	0	0	0	12	4.61									
Fresh Mixed Vegetables v 104	1	1/2c v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1	1/2c f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17	79	0	0	0	0	21.6									
Cream of Potato soup m	1	6oz m 7	203	11.16	2.461	2.681	308	19.91									
Whole Wheat Crackers g 37	1	4 pkgs g 37	125	3.91	0	0	231	19.55									
Homemade Croutons g 200	1	1 slice bread g 200	69	0.95	0.14	0	149	12.45									
Pickles v 32	1	2 Pickles v 32	3	0	0	0	178	0.66									

Meal SubTotal			4,077.0	139.4	44.2	2.7	8,431.0	509.4									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

"This institution is an equal opportunity provider."

* Nutrient values listed in bold and underlined may be understated due to nutrient values not being available on all ingredients.

Please note that our menus are subject to last minute changes, resulting in nutrient details changing. If your student requires medical attention at school and the medical attention is related to food nutrients please contact your school nurse.

Day 5

Menu Cycle: Spring Lunch Middle wk. 4, 2018..

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
600.0	20.0	6.6	0.0	710.0	80.0												

Food Description

Lunch

Bosco Stuffed Crust Pizza e 4079	1	1 slice	e 4079	306	10.85	4.932	0	533	33.54								
Fish Taco Student e 2018	1	1fish taco	e 2018	341	15	3	0	406	38.25								
Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce	e 69	397	10.86	4.971	0	674	50.97								
Buffalo Chicken Sandwich e 809	1	brdchixpat/le	e 809	417	16.79	3.29	0.01	646	43.8								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Deluxe Sub e 27	1	1sub sand	e 27	264	6.37	2.718	0.02	1283	29.09								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
peas and carrots v 120	1	1/2 cup	v 120	52	0.27	0	0	78	9.85								
French Fries v 8	1	2.03	v 8	113	6.14	1.535	0	256	15.35								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Pickles v 32	1	2 Pickles	v 32	3	0	0	0	178	0.66								

Meal SubTotal				4,186.0	146.7	47.4	<u>0.0</u>	8,553.0	514.4								
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Milk Nutrient Details:
 Chocolate Fat free (130 KCal) (22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk (100 Kcal) (11 CHO)

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