

Please note that our menus are subject to last minute changes, resulting in nutrient details changing. If your student requires medical attention at school and the medical attention is related to food nutrients please contact your school nurse.

Day 1

Menu Cycle: Spring Condiments 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Mayo FF s 2	1	1 pkt.	s 2	15	0	0	0	105	3									
Ketchup pkg s 3	1	2 pkt.	s 3	20	0	0	0	170	6									
Mustard pkg s 22	1	1 pkt.	s 22	4	0.23	0.013	0	86	0.31									
BBQ pkg s 12	1	2 pkt.	s 12	42	0.39	0.061	0.005	179	9.79									
Tartar sauce pkg s 13	1	1 pkt.	s 13	43	3.67	0.576	0.024	103	2.6									
relish pkg. s 15	1	1 pkt.	s 15	11	0.02	0.009	0.009	60	2.65									
Syrup pancake s 14	1	1 Each	s 14	119	0	0	0	0	30.66									
Jelly pkg s 24	1	1 pkt.	s 24	36	0	0	0	1	9.11									
Lite Cream Cheese s 20	1	1 oz. pkt.	s 20	60	4.5	3.5	0	95	1									
sour crm lite s 4	1	1 oz.	s 4	57	4.72	3.307	0	47	1.89									
Salsa s 5	1	2 oz.	s 5	20	0	0	0	137	3.96									
Parm. Cheese s 6	1	1T	s 6	57	4.25	0	0	283	5.67									
Ranch drs FF 1 oz. s 9	1	1 oz	s 9	25	0	0	0	380	6									
Italian drs FF 1oz s 10	1	1 oz	s 10	16	0	0	0	511	3.13									
French drs FF 1oz s 11	1	1oz	s 11	45	0	0	0	320	10									
Raspberry Vinaigrette s 30	1	2oz	s 30	61	0	0	0	489	13.97									
Honey Mustard Dressing s 31	1	1oz	s 31	61	0	0	0	266	14.3									
Caesar Dressing pkg s 40	1	1 pkt.	s 40	50	2.5	1.001	0	410	6.01									
Greek Vinaigrette Dressing pkg s 41	1	1 pkt.	s 41	111	9.1	1.517	0	677	5.06									
Greek Feta Dressing pkg. s 42	1	1 pkt.	s 42	70	6	0.5	0	320	2									
Chipolte Sauce s 32	1	2oz	s 32	88	3.46	0	0	236	13.84									
red hot sauce s 18	1	1 oz	s 18	10	0	0	0	800	0									
French Vanilla Creamer	1	1 Each	0001028006	21	1.05	0.35	0	0	3.5									
Sugar	1	1 Each	0001004542	12	0	0	0	0	3									

<b>Meal SubTotal</b>				1,054.0	39.9	10.8	0.0	5,675.0	157.5									
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 1

Menu Cycle: Breakfast Elem. Spring 2018

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
350.0	11.0	3.8	0.0	430.0	50.0													

**Food Description**

**Breakfast**

Mini Cinnamon Bagels WG b 10	1 Each	b 10	240	6	2.5	0	180	42										
Cheese Omelet b 402	1 1Ea	b 402	125	9.76	3.691	0.161	285	1.49										
Whole Grain Cinnamon Rolls b 401	1 1 cinnamon roll	b 401	83	0.46	0	0	65	17.58										
Breakfast Pizza b 5	1 1 slice	b 5	200	7	2.001	0	430	24.01										
Mini Cinnis b 202	1 Each	b 202	240	6.99	1.498	0	270	38.95										
Cinn. Toast Cereal b 20	1 1 bowl	b 20	111	3.04	0.506	0	162	22.27										
Cheerios b 24	1 1 bowl	b 24	101	2.02	0.506	0	142	20.25										
Frosted Flakes (low sugar) b 200	1 1 bowl	b 200	101	0	0	0	162	24.3										
Trix Cereal B 405	1 1 bowl	B 405	111	1.52	0	0	142	24.3										
Cocoa Puffs Cereal WG b 421	1 1 bowl	b 421	110	1.5	0	0	120	25										
Frosted Mini Wheats Cereal WG b 420	1 1 bowl	b 420	100	1	0	0	105	23										
Pop Tart Blueberry WG b 419	1 1 bar	b 419	180	2.5	1.001	0	180	38.03										
Poptart Brown Sugar, single b 12	1 1 poptart	b 12	190	3	1	0	200	38.01										
Pop Tart Fudge WG ,single b 409	1 1 bar	b 409	190	3	1.001	0	200	38.03										
Poptart Strawberry, single b 29	1 1 pkg	b 29	180	2.5	1	0	180	38.01										
Donut b 403	1 1 donut	b 403	100	2.49	0.996		149	16.93										
Goldfish Graham WG b 216	1 1 pkg	b 216	120	4	1	0	70	19.01										
Yogurt Parfait b 210	1 1 yogurt	b 210	195	2.54	1.008	0	105	37.89										
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63										
Apple juice f 10	1 1 (4oz cup)	f 10	50	0	0	0	10	13										
Orange Juice f 11	1 1 (4oz cup)	f 11	57	0	0	0	0	13.41										

<b>Meal SubTotal</b>			3,023.0	60.3	17.9	<u>0.2</u>	3,159.0	576.4										
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Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 1

Menu Cycle: Spring Lunch Elem wk. 1 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Chicken Nuggets Elem. (5pc) e 7	1 5pc	e 7	240	13.98	2.496	0	469	15.97									
Sloppy Joe Sandwich (JTM) e 1015	1 3.63 oz	e 1015	292	7.95	2.522	0.01	666	36.48									
Baked Lays m 143	1 Each	m 143	129	1.99	0	0	149	25.89									
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
green beans canned v 6	1 1/2c	v 6	20	0	0	0	139	3.98									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Applesauce f 9	1 1/2c Applesauce	f 9	52	0	0	0	10	13.41									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>			<b>3,074.0</b>	<b>103.8</b>	<b>31.5</b>	<b><u>0.0</u></b>	<b>5,985.0</b>	<b>406.5</b>									

Milk Nutrient Details:

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Day 2

Menu Cycle: Spring Lunch Elem wk. 1 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Mini Cheese Quesadillas e 2016	1	3 mini ques.2ozsala e 2016	270	10	2.5	0	560	31									
Popcorn Chicken (Elem) e 1600	1	12pc e 1600	256	14.49	2.786	0	390	15.6									
cheesy garlic toast g 222	1	1 garlic toast g 222	103	5.02	1.885	0	203	11.25									
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1	1 sand e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4	195	10.57	6.544		703	10.27									
Corn v 5	1	1/2 cup v5	68	0.68	0	0	3	14.27									
Fresh Mixed Vegetables v 104	1	1/2c v 104	18	0.04	0.01		34	3.92									
Pineapple Tidbits f 5	1	1/2c f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each f 1	67	0.22	0.036		1	17.68									
Fresh Sliced Apples f 2	1	apple pkg f 2	28	0	0	0	3	7.37									
Banana f 3	1	1 Banana f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>			3,133.0	110.1	33.7	<b>0.0</b>	5,733.0	407.9									

Milk Nutrient Details:

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Day 3

Menu Cycle: Spring Lunch Elem wk. 1 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Pasta Roll up & Meat sauce e 551	1	1 roll up / 2oz sauce e 551		230	8.5	5	0	314	25.21									
WG Twisted Breadstick g 224	1	1 bread stick g 224		154	3.86	1.446	0	135	26.99									
Corn Dog e 85	1	Each e 85		243	8.1	2.531	0	395	30.37									
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola e 2023		453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1	1 sand e 203		246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023		570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8		228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2		115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4		195	10.57	6.544		703	10.27									
broccoli (frozen) v 7	1	1/2c v 7		17	0	0	0	12	2.56									
Garden Salad v 4	1	1 Cup Salad v 4		22	0	0	0	12	4.61									
Peaches Diced f 6	1	1/2c peaches f 6		54	0	0	0	5	12.97									
f 1 apple	1	1 Each f 1		67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana f 3		108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4		64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17		79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread g 200		69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs g 37		125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>				3,039.0	100.3	35.5	<b><u>0.0</u></b>	5,413.0	408.8									

Milk Nutrient Details:

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Day 4

Menu Cycle: Spring Lunch Elem wk. 1 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Mac & Cheese e 102	1 6 oz	e 102	280	11	5	0	670	29									
Cheez-it g 227	1 1 EA	g 227	99	3.46	0.988	0	148	14									
Chocolate Chip French Toast e 4007	1 Each	e 4007	210	6	1.5	0	260	35									
Turkey Sausages (Lunch) ( 2) e 976	1 2 ea	e 976	125	8.3	2.076	0	166	0									
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Hash Brown Triangle v 44	1 2 hash brown	v 44	219	10.96	3.488	0	518	26.91									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Apple juice f 10	1 1 (4oz cup)	f 10	50	0	0	0	10	13									
Fresh Sliced Apples f 2	1 apple pkg	f 2	28	0	0	0	3	7.37									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									

<b>Meal SubTotal</b>	3,348.0	119.6	39.6	<b><u>0.0</u></b>	6,349.0	435.3											
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Milk Nutrient Details:  
 Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 5

Menu Cycle: Spring Lunch Elem wk. 1 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34									
Mini Cheeseburger e 5001	1	Each	e 5001	364	15.19	7.087	1.013	719	39.49									
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Baked Beans v 29	1	4 oz.	v 29	141	1.41	0	0	554	27.25									
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61									
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52									
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>				<b>3,233.0</b>	<b>109.4</b>	<b>39.6</b>	<b><u>1.0</u></b>	<b>6,180.0</b>	<b>428.0</b>									

Milk Nutrient Details:

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Day 1

Menu Cycle: Spring Lunch Elem wk. 2 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Hot Ham & Cheese on Pretzel Roll e 1(1	1-Hot Ham Sand	e 1034	263	7.9	3.278	0	934	30.01									
Chicken Tenders Elem. (3pc) e 32	1 3 chix	e 32	260	15	2.5	0	390	16									
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Smiley Fries v 13	1 4 pc	v 13	131	4.52	0.502	0	181	20.09									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Pineapple Tidbits f 5	1 1/2c	f 5	71	0	0	0	0	18.37									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>			<b>3,066.0</b>	<b>107.3</b>	<b>32.8</b>	<b><u>0.0</u></b>	<b>6,057.0</b>	<b>395.2</b>									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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\* Nutrient values listed in bold and underlined may be understated due to nutrient values not being available on all ingredients.



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Day 2

Menu Cycle: Spring Lunch Elem wk. 2 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Beef Nachos 2oz e 16	1 2oz mt/2ozch/2sa/chip	e 16	426	22.99	6.63	0.183	770	45.48									
Mini Corn Dogs & Cheese e 553	1 6pc & 2oz cheese	e 553	365	18.56	8.126	0	821	32.92									
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
refried beans v 48	1 1/2c	v 48	155	3.09	1.242		639	23.15									
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92									
Blue-Rasp Slushie f 34	1 1ea	f 34	90	0	0	0	30	22									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>			3,373.0	124.5	42.5	<b>0.2</b>	6,834.0	433.6									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 3

Menu Cycle: Spring Lunch Elem wk. 2 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Flat Bread Pizza e 580	1	1 each	g 202	332	12.91	4	0	760	39.57								
Chicken Rings (elem) e 4087	1	5pc	e 4087	305	17.77	3.173	0	457	15.23								
Wheat Dinner roll g 2	1	Each	g 2	76	1.32	0.239	0.02	145	13.15								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
broccoli (frozen) v 7	1	1/2c	v 7	17	0	0	0	12	2.56								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Peaches Diced f 6	1	1/2c peaches	f 6	54	0	0	0	5	12.97								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
<b>Meal SubTotal</b>				<b>3,125.0</b>	<b>111.8</b>	<b>33.9</b>	<b><u>0.0</u></b>	<b>5,931.0</b>	<b>394.2</b>								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 4

Menu Cycle: Spring Lunch Elem wk. 2 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69		397	10.86	4.971	0	674	50.97									
BBQ Beef Rib Sandwich e 504	1	1 BBQ Rib sandwich e 504		347	12.24	4.731	0.02	962	39.25									
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola e 2023		453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1	1 sand e 203		246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each e 4023		570	32	6	0	440	55									
Turkey Chef Salad c 2	1	1clet/2ozmt c 2		115	2.77	1.759		706	9.29									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8		228	11.51	4.348		679	16.8									
NO MEAT Chef salad c 4	1	1clett/20zmt c 4		195	10.57	6.544		703	10.27									
green beans canned v 6	1	1/2c v 6		20	0	0	0	139	3.98									
Fresh Mixed Vegetables v 104	1	1/2c v 104		18	0.04	0.01		34	3.92									
Applesauce f 9	1	1/2c Applesauce f 9		52	0	0	0	10	13.41									
f 1 apple	1	1 Each f 1		67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana f 3		108	0.4	0.135		1	27.63									
orange f 4	1	Each f 4		64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple f 17		79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread g 200		69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs g 37		125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>				3,153.0	103.0	36.2	<b>0.0</b>	6,359.0	417.7									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 5

Menu Cycle: Spring Lunch Elem wk. 2 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Bosco Stuffed Crust Pizza e 4079	1	1 slice	e 4079	306	10.85	4.932	0	533	33.54								
Chicken Patty Sandwich e 11	1	brdchixpat/le	e 11	387	14.8	2.793	0.01	705	41.8								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
peas and carrots v 120	1	1/2 cup	v 120	52	0.27	0	0	27	9.85								
Garden Salad v 4	1	1/2 cup salad	v 4	22	0	0	0	12	4.61								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								

<b>Meal SubTotal</b>				3,153.0	105.8	34.2	<b><u>0.0</u></b>	5,822.0	412.4								
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Milk Nutrient Details:  
 Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 1

Menu Cycle: Spring Lunch Elem wk. 3 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Mac & Cheese e 102	1 6 oz	e 102	280	11	5	0	670	29										
Cheez-it g 227	1 1 EA	g 227	99	3.46	0.988	0	148	14										
Chocolate Chip French Toast e 4007	1 Each	e 4007	210	6	1.5	0	260	35										
Turkey Sausages (Lunch) ( 2) e 976	1 2 ea	e 976	125	8.3	2.076	0	166	0										
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25										
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97										
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55										
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8										
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29										
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27										
Hash Brown Triangle v 44	1 2 hash brown	v 44	219	10.96	3.488	0	518	26.91										
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61										
Applesauce f 9	1 1/2c Applesauce	f 9	52	0	0	0	10	13.41										
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63										
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6										
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45										
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55										

<b>Meal SubTotal</b>	3,326.0	119.6	39.5	<b>0.0</b>	6,324.0	429.1												
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Milk Nutrient Details:  
 Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 2

Menu Cycle: Spring Lunch Elem wk. 3 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Pizza Crunchers Cheese e 2017	1	4 pizza bites	e 2017	420	20	8.999	0	670	41										
Beef Taco ( Elem./M.S. 2 oz ) e 300	1	1ea	e 300	218	8.31	4.133	0.183	515	23.53										
Reduced Fat Doritos m 24	1	1ea	m24	132	5.06	1.012	0	202	20.25										
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25										
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97										
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55										
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8										
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29										
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27										
Corn v 5	1	1/2 cup	v5	68	0.68	0	0	3	14.27										
Fresh Mixed Vegetables v 104	1	1/2c	v 104	18	0.04	0.01		34	3.92										
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37										
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63										
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6										
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45										
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55										
<b>Meal SubTotal</b>				3,246.0	113.9	40.6	<b>0.2</b>	5,964.0	427.5										

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 3

Menu Cycle: Spring Lunch Elem wk. 3 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Pasta & Meat Sauce (JTM) e 4000	1	7.44 oz	e 4000	317	16.13	6.25	1.008	611	24.19								
WG Twisted Breadstick g 224	1	1 bread stick	g 224	154	3.86	1.446	0	135	26.99								
Chicken Nuggets Elem. (5pc) e 7	1	5pc	e 7	240	13.98	2.496	0	469	15.97								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
green beans canned v 6	1	1/2c	v 6	20	0	0	0	139	3.98								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Peaches Diced f 6	1	1/2c peaches	f 6	54	0	0	0	5	12.97								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
<b>Meal SubTotal</b>				<b>3,126.0</b>	<b>113.8</b>	<b>36.7</b>	<b><u>1.0</u></b>	<b>5,911.0</b>	<b>394.8</b>								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 4

Menu Cycle: Spring Lunch Elem wk. 3 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATRN	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Popcorn Chicken (Elem) e 1600	1 12pc	e 1600	256	14.49	2.786	0	390	15.6										
Turkey & Gravy e 98	1 4oz	e 98	119	5.94	1.979	0	445	1.98										
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25										
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97										
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55										
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8										
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29										
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27										
Mashed potatoes v 11	1 1/2 cup	v 11	91	1.52	0		378	16.24										
Turkey Gravy m 9	1 2oz gravy	m 9	35	2	0.5	0	240	3										
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92										
Apple juice f 10	1 1 (4oz cup)	f 10	50	0	0	0	10	13										
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63										
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6										
Wheat Dinner roll g 2	1 Each	g 2	76	1.32	0.239	0.02	145	13.15										
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45										
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55										
<b>Meal SubTotal</b>			2,964.0	105.1	32.0	<b>0.0</b>	6,182.0	373.0										

Milk Nutrient Details:  
 Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 5

Menu Cycle: Spring Lunch Elem wk. 3 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Big Daddy Pizza e 508	1	1 pizza slice	e 508	320	13	6	0	350	34								
Mini Cheeseburger e 5001	1	Each	e 5001	364	15.19	7.087	1.013	719	39.49								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
Baked Beans v 29	1	4 oz.	v 29	141	1.41	0	0	554	27.25								
French Fries v 8	1	2.03	v 8	113	6.14	1.535	0	256	15.35								
Garden Salad v 4	1	1/2 cup salad	v 4	22	0	0	0	12	4.61								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
<b>Meal SubTotal</b>				3,346.0	115.6	41.1	<b>1.0</b>	6,436.0	443.3								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 1

Menu Cycle: Spring Lunch Elem wk. 4 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Pizza Crunchers Cheese e 2017	1	4 pizza bites	e 2017	420	20	8.999	0	670	41									
Popcorn Chicken (Elem) e 1600	1	12pc	e 1600	256	14.49	2.786	0	390	15.6									
cheesy garlic toast g 222	1	1 garlic toast	g 222	103	5.02	1.885	0	203	11.25									
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
broccoli (frozen) v 7	1	1/2c	v 7	17	0	0	0	12	2.56									
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61									
Pineapple Tidbits f 5	1	1/2c	f 5	71	0	0	0	0	18.37									
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>				3,208.0	119.3	40.2	<b><u>0.0</u></b>	5,827.0	399.5									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 2

Menu Cycle: Spring Lunch Elem wk. 4 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	Gram	Gram	MG	Gram													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Beef Nachos 2oz e 16	1 2oz mt/2ozch/2sa/chip	e 16	426	22.99	6.63	0.183	770	42.5										
Hot Dog e 17	1 1/bun/1oz sa	e 17	236	9.15	2.346	0.03	789	28.37										
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25										
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97										
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55										
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8										
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29										
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27										
refried beans v 48	1 1/2c	v 48	155	3.09	1.242		639	23.15										
Fresh Mixed Vegetables v 104	1 1/2c	v 104	18	0.04	0.01		34	3.92										
Blue-Rasp Slushie f 34	1 1ea	f 34	90	0	0	0	30	22										
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68										
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63										
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63										
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6										
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45										
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55										
<b>Meal SubTotal</b>			3,244.0	115.1	36.7	<b>0.2</b>	6,802.0	426.1										

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 3

Menu Cycle: Spring Lunch Elem wk. 4 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Flat Bread Pizza e 580	1 2 sticks	g 202	332	12.91	4	0	760	39.57									
Chicken Tenders Elem. (3pc) e 32	1 3 chix	e 32	260	15	2.5	0	390	16									
Despicable MEal e 2023	1 1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25									
Turkey Sand on White Bread e 203	1 1 sand	e 203	246	4.7	1.934	0	1188	27.97									
Soy Butter Jammer e 4023	1 Each	e 4023	570	32	6	0	440	55									
Crispy Chicken Chef Salad c 8	1 1clett/20zmt	c 8	228	11.51	4.348		679	16.8									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	115	2.77	1.759		706	9.29									
NO MEAT Chef salad c 4	1 1clett/20zmt	c 4	195	10.57	6.544		703	10.27									
Corn v 5	1 1/2 cup	v5	68	0.68	0	0	3	14.27									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0	0	0	12	4.61									
Peaches Diced f 6	1 1/2c peaches	f 6	54	0	0	0	5	12.97									
f 1 apple	1 1 Each	f 1	67	0.22	0.036		1	17.68									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135		1	27.63									
orange f 4	1 Each	f 4	64	0.39	0.046		0	15.63									
Golden Apple f 17	1 apple	f 17	79	0	0	0	0	21.6									
Homemade Croutons g 200	1 1 slice bread	g 200	69	0.95	0.14	0	149	12.45									
Whole Wheat Crackers g 37	1 4 pkgs	g 37	125	3.91	0	0	231	19.55									
<b>Meal SubTotal</b>			<b>3,055.0</b>	<b>108.4</b>	<b>33.0</b>	<b><u>0.0</u></b>	<b>5,710.0</b>	<b>393.5</b>									

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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Day 4

Menu Cycle: Spring Lunch Elem wk. 4 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

3 Bosco Stick/Sauce e 69	1	3 Bosco St./Sauce e 69		397	10.86	4.971	0	674	50.97								
Mini Pancake e 103	1	Each e 103		247	6.75	0.562	0	146	43.85								
Turkey Sausages (Lunch) ( 2) e 976	1	2 ea e 976		125	8.3	2.076	0	166	0								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola e 2023		453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand e 203		246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each e 4023		570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt c 8		228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt c 2		115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt c 4		195	10.57	6.544		703	10.27								
Hash Brown Triangle v 44	1	2 hash brown v 44		219	10.96	3.488	0	518	26.91								
Fresh Mixed Vegetables v 104	1	1/2c v 104		18	0.04	0.01		34	3.92								
Applesauce f 9	1	1/2c Applesauce f 9		52	0	0	0	10	13.41								
f 1 apple	1	1 Each f 1		67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana f 3		108	0.4	0.135		1	27.63								
orange f 4	1	Each f 4		64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple f 17		79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread g 200		69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs g 37		125	3.91	0	0	231	19.55								
<b>Meal SubTotal</b>				<b>3,377.0</b>	<b>116.7</b>	<b>37.6</b>	<b>0.0</b>	<b>6,088.0</b>	<b>445.2</b>								

Milk Nutrient Details:

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Day 5

Menu Cycle: Spring Lunch Elem wk. 4 2018.

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	Gram	Gram	MG	Gram												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Bosco Stuffed Crust Pizza e 4079	1	1 slice	e 4079	306	10.85	4.932	0	533	33.54								
Chicken Rings (elem) e 4087	1	5pc	e 4087	305	17.77	3.173	0	457	15.23								
Wheat Dinner roll g 2	1	Each	g 2	76	1.32	0.239	0.02	145	13.15								
Despicable MEal e 2023	1	1yog,1 cracker ,1chs,1/2 c granola	e 2023	453	12.41	5.55		442	72.25								
Turkey Sand on White Bread e 203	1	1 sand	e 203	246	4.7	1.934	0	1188	27.97								
Soy Butter Jammer e 4023	1	Each	e 4023	570	32	6	0	440	55								
Crispy Chicken Chef Salad c 8	1	1clett/20zmt	c 8	228	11.51	4.348		679	16.8								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	115	2.77	1.759		706	9.29								
NO MEAT Chef salad c 4	1	1clett/20zmt	c 4	195	10.57	6.544		703	10.27								
peas and carrots v 120	1	1/2 cup	v 120	52	0.27	0	0	78	9.85								
Garden Salad v 4	1	1 Cup Salad	v 4	22	0	0	0	12	4.61								
Mandarin Oranges and Pineapple f 28	1	1/2c	f 28	67	0	0	0	5	16.52								
f 1 apple	1	1 Each	f 1	67	0.22	0.036		1	17.68								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135		1	27.63								
orange f 4	1	Each	f 4	64	0.39	0.046		0	15.63								
Golden Apple f 17	1	apple	f 17	79	0	0	0	0	21.6								
Homemade Croutons g 200	1	1 slice bread	g 200	69	0.95	0.14	0	149	12.45								
Whole Wheat Crackers g 37	1	4 pkgs	g 37	125	3.91	0	0	231	19.55								
<b>Meal SubTotal</b>				<b>3,147.0</b>	<b>110.0</b>	<b>34.8</b>	<b><u>0.0</u></b>	<b>5,770.0</b>	<b>399.0</b>								

Milk Nutrient Details:

Chocolate Fat free (130 KCal) ( 22 CHO) Skim Milk (80 KCal) (11 CHO) 1% Milk ( 100 Kcal) ( 11 CHO)

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