

Please note that our menus are subject to last minute changes, resulting in nutrient details changing. If your student requires medical attention at school and the medical attention is related to food nutrients please contact your school nurse.

Day 1

Menu Cycle: \*SPRING BREAKFAST MAR. ELEM. 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
350.0	11.0	3.8	0.0	430.0	50.0												

**Food Description**

**Breakfast**

Mini Cinnis b 202	1 Each	b 202	240	6.99	1.498	0	270	39.95									
Pop-Tart Blueberry 2 CT WG b 506	1 1 pkg.	b 506	363	5.5	1.801	0.1	360	75.66									
Pop-Tart Cinnamon 2 CT WG b 509	1 1 pkg.	b 509	370	5.98	1.994	0	396	75.79									
Pop-Tart Fudge 2 CT WG b 507	1 1 pkg.	b 507	370	6	2.002	0	390	76.06									
Pop- Tart Strawberry 2 CT WG b 508	1 1 pkg.	b 508	353	5.48	1.795	0.1	370	75.39									
Frosted Flakes Breakfast Kit b 707	1 1 Kit	b 707	250	2.5	0	0	270	56.08									
Cheerios Breakfast Kit b 701	1 1 Kit	b 701	280	5.5	0	0	175	58.02									
Cinnamon Toast Crunch Breakfast Kit I 1	1 1 Kit	b 702	270	6.01	0.501	0.1	215	55.08									
Apple Red Delicious f 1	1 1 Each	f 1	77	0.25	0.041	0	1	20.43									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135	0	1	27.63									
Orange f 4	1 Each	f 4	64	0.39	0.046	0	0	15.63									
Apple Golden Delicious f 17	1 1 apple	f 17	68	0.22	0.037	0	1	18.16									
Apple Juice Box 4.23 oz f 14	1 1 Each	f 14	60	0	0	0	5	14									
Orange Tangerine Juice Box 4.23 f 26	1 1 Each	f 26	60	0	0	0	10	15									
<b>Meal SubTotal</b>			2,933.0	45.2	9.9	0.3	2,464.0	622.9									

Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 2

Menu Cycle: \*SPRING BREAKFAST MAR. ELEM. 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
350.0	11.0	3.8	0.0	430.0	50.0												

**Food Description**

**Breakfast**

Apple Cinnamon French Toast b 228	1	3.30 oz	b 228	266	6.13	1.021	0	296	45.96								
Pop-Tart Blueberry 2 CT WG b 506	1	1 pkg.	b 506	363	5.5	1.801	0.1	360	75.66								
Pop-Tart Cinnamon 2 CT WG b 509	1	1 pkg.	b 509	370	5.98	1.994	0	396	75.79								
Pop-Tart Fudge 2 CT WG b 507	1	1 pkg.	b 507	370	6	2.002	0	390	76.06								
Pop- Tart Strawberry 2 CT WG b 508	1	1 pkg.	b 508	353	5.48	1.795	0.1	370	75.39								
Frosted Flakes Breakfast Kit b 707	1	1 Kit	b 707	250	2.5	0	0	270	56.08								
Cheerios Breakfast Kit b 701	1	1 Kit	b 701	280	5.5	0	0	175	58.02								
Cinnamon Toast Crunch Breakfast Kit I 1	1	1 Kit	b 702	270	6.01	0.501	0.1	215	55.08								
Apple Red Delicious f 1	1	1 Each	f 1	77	0.25	0.041	0	1	20.43								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135	0	1	27.63								
Orange f 4	1	1 Each	f 4	64	0.39	0.046	0	0	15.63								
Apple Golden Delicious f 17	1	1 apple	f 17	68	0.22	0.037	0	1	18.16								
Apple Juice Box 4.23 oz f 14	1	1 Each	f 14	60	0	0	0	5	14								
Orange Tangerine Juice Box 4.23 f 26	1	1 Each	f 26	60	0	0	0	10	15								

<b>Meal SubTotal</b>				2,959.0	44.4	9.4	0.3	2,490.0	628.9								
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Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 3

Menu Cycle: \*SPRING BREAKFAST MAR. ELEM. 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
350.0	11.0	3.8	0.0	430.0	50.0												

**Food Description**

**Breakfast**

Mini Maple Pancakes b 102	1 Each	b 102	220	6	0.5	0	270	37									
Pop-Tart Blueberry 2 CT WG b 506	1 1 pkg.	b 506	363	5.5	1.801	0.1	360	75.66									
Pop-Tart Cinnamon 2 CT WG b 509	1 1 pkg.	b 509	370	5.98	1.994	0	396	75.79									
Pop-Tart Fudge 2 CT WG b 507	1 1 pkg.	b 507	370	6	2.002	0	390	76.06									
Pop- Tart Strawberry 2 CT WG b 508	1 1 pkg.	b 508	353	5.48	1.795	0.1	370	75.39									
Frosted Flakes Breakfast Kit b 707	1 1 Kit	b 707	250	2.5	0	0	270	56.08									
Cheerios Breakfast Kit b 701	1 1 Kit	b 701	280	5.5	0	0	175	58.02									
Cinnamon Toast Crunch Breakfast Kit I 1	1 1 Kit	b 702	270	6.01	0.501	0.1	215	55.08									
Apple Red Delicious f 1	1 1 Each	f 1	77	0.25	0.041	0	1	20.43									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135	0	1	27.63									
Orange f 4	1 Each	f 4	64	0.39	0.046	0	0	15.63									
Apple Golden Delicious f 17	1 1 apple	f 17	68	0.22	0.037	0	1	18.16									
Apple Juice Box f 13	1 1 Each	f 13	90	0	0	0	10	23									
Orange Tangerine Juice Box 4.23 f 26	1 1 Each	f 26	60	0	0	0	10	15									

<b>Meal SubTotal</b>			2,943.0	44.2	8.9	0.3	2,469.0	628.9									
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Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 4

Menu Cycle: \*SPRING BREAKFAST MAR. ELEM. 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
350.0	11.0	3.8	0.0	430.0	50.0												

**Food Description**

**Breakfast**

Mini Cinnamon Bagels WG b 10	1 Each	b 10	230	6	2	0	190	42									
Pop-Tart Blueberry 2 CT WG b 506	1 1 pkg.	b 506	363	5.5	1.801	0.1	360	75.66									
Pop-Tart Cinnamon 2 CT WG b 509	1 1 pkg.	b 509	370	5.98	1.994	0	396	75.79									
Pop-Tart Fudge 2 CT WG b 507	1 1 pkg.	b 507	370	6	2.002	0	390	76.06									
Pop- Tart Strawberry 2 CT WG b 508	1 1 pkg.	b 508	353	5.48	1.795	0.1	370	75.39									
Frosted Flakes Breakfast Kit b 707	1 1 Kit	b 707	250	2.5	0	0	270	56.08									
Cheerios Breakfast Kit b 701	1 1 Kit	b 701	280	5.5	0	0	175	58.02									
Cinnamon Toast Crunch Breakfast Kit I 1	1 1 Kit	b 702	270	6.01	0.501	0.1	215	55.08									
Apple Red Delicious f 1	1 1 Each	f 1	77	0.25	0.041	0	1	20.43									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135	0	1	27.63									
Orange f 4	1 Each	f 4	64	0.39	0.046	0	0	15.63									
Apple Golden Delicious f 17	1 1 apple	f 17	68	0.22	0.037	0	1	18.16									
Apple Juice Box f 13	1 1 Each	f 13	90	0	0	0	10	23									
Orange Tangerine Juice Box 4.23 f 26	1 1 Each	f 26	60	0	0	0	10	15									
<b>Meal SubTotal</b>			2,953.0	44.2	10.4	0.3	2,389.0	633.9									

Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 5

Menu Cycle: \*SPRING BREAKFAST MAR. ELEM. 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Breakfast K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
350.0	11.0	3.8	0.0	430.0	50.0												

**Food Description**

**Breakfast**

Chocolate Chip French Toast b 417	1 Each	b 417	190	6	1.5	0	260	35									
Pop-Tart Blueberry 2 CT WG b 506	1 1 pkg.	b 506	363	5.5	1.801	0.1	360	75.66									
Pop-Tart Cinnamon 2 CT WG b 509	1 1 pkg.	b 509	370	5.98	1.994	0	396	75.79									
Pop-Tart Fudge 2 CT WG b 507	1 1 pkg.	b 507	370	6	2.002	0	390	76.06									
Pop- Tart Strawberry 2 CT WG b 508	1 1 pkg.	b 508	353	5.48	1.795	0.1	370	75.39									
Frosted Flakes Breakfast Kit b 707	1 1 Kit	b 707	250	2.5	0	0	270	56.08									
Cheerios Breakfast Kit b 701	1 1 Kit	b 701	280	5.5	0	0	175	58.02									
Cinnamon Toast Crunch Breakfast Kit I 1	1 1 Kit	b 702	270	6.01	0.501	0.1	215	55.08									
Apple Red Delicious f 1	1 1 Each	f 1	77	0.25	0.041	0	1	20.43									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135	0	1	27.63									
Orange f 4	1 Each	f 4	64	0.39	0.046	0	0	15.63									
Apple Golden Delicious f 17	1 1 apple	f 17	68	0.22	0.037	0	1	18.16									
Apple Juice Box 4.23 oz f 14	1 1 Each	f 14	60	0	0	0	5	14									
Orange Tangerine Juice Box 4.23 f 26	1 1 Each	f 26	60	0	0	0	10	15									
<b>Meal SubTotal</b>			2,883.0	44.2	9.9	0.3	2,454.0	617.9									

Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 1

Menu Cycle: \*SPRING CONDIMENTS 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch 6-8

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
600.0	20.0	6.6	0.0	710.0	80.0												

**Food Description**

**Lunch**

Ketchup pkg s 3	1	2 pkt.	s 3	20	0	0	0	170	6								
Mustard pkg s 22	1	1 pkt.	s 22	5	0	0	0	85	0								
Mayonnaise FF s 2	1	1 pkt.	s 2	15	0	0	0	105	3								
BBQ pkg s 12	1	2 pkt.	s 12	41	0	0	0	184	10.21								
Cheese Cup m 52	1	1 Dip Cup	s 52	190	10.01	6.003	0	570	14.01								
Salsa Cup s 51	1	1 Dip Cup	s 51	30	0	0	0	198	5.93								
Salsa s 5	1	2 oz.	s 5	20	0	0	0	137	3.96								
Marinara Sauce Dip Cup v 50	1	1 Dip Cup	s 50	38	0	0	0	192	7.68								
Marinara sauce v 208	1	2 floz	v 208	23	0	0	0	212	3.1								
Ranch Dressing Packet s 25	1	2 pkt.	s 25	19	0.01	0.007	0	253	4.63								
Parm. Cheese s 6	1	1T	s 6	57	4.25	0	0	283	5.67								
French Vanilla Creamer	1	1 Each	0001028006	21	1.05	0.35	0	0	3.5								
Sugar	1	1 Each	0001004542	12	0	0	0	0	3.46								

<b>Meal SubTotal</b>				491.0	15.3	6.4	0.0	2,389.0	71.2								
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Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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Day 1

Menu Cycle: \*SPRING LUNCH MAR. ELEM. 1 WK CYCLE 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	GRAM	GRAM	MG	GRAM													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Chicken Drumstick e 4001	1	1 EA	e 4001	220	13	3	0	530	6										
Corn muffin g 17	1	1 each	g 17	179	5.97	0.497	0	90	27.85										
Turkey & cheese Sub Sec. e 57	1	1sub sand	e 57	250	4.92	2.334	0.02	1166	29.91										
Trix Meal e 307	1	1 yog,1 pkg scooby,1chs.stk.	e 307	283	10.12	5.062	0	384	38.34										
Cheese Chef salad c 4	1	1clett/20zmt	c 4	195	10.68	6.058	0	684	10.31										
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	139	3.1	1.639		933	11.16										
Wheat Dinner Roll g 2	1	Each	g 2	80	1.49	0	0	159	13.92										
Fresh Baby Carrots v 90	1	1/2c	v 90	28	0	0	0	50	6.64										
Carrots pkg. v 15	1	2 pkg.	v 15	32	0.12	0.021	0	71	7.48										
Apples Fresh Sliced f 2	1	1- pkg	f 2	30	0	0	0	0	6.96										
Apple Red Delicious f 1	1	1 Each	f 1	77	0.25	0.041	0	1	20.43										
Banana f 3	1	1 Banana	f 3	108	0.4	0.135	0	1	27.63										
Orange f 4	1	Each	f 4	64	0.39	0.046	0	0	15.63										
Apple Golden Delicious f 17	1	1 apple	f 17	68	0.22	0.037	0	1	18.16										
Chicken Nuggets (Elem.) Gold Kist e 3' 1	5pc		e 37	200	10	2	0	400	13										
Chicken Tenders Elem. (3pc) e 32	1	3 chix	e 32	260	15	2.5	0	390	16										
Wheat Dinner Roll g 2	1	Each	g 2	80	1.49	0	0	159	13.92										
<b>Meal SubTotal</b>				2,293.0	77.2	23.4	<b><u>0.0</u></b>	5,019.0	283.3										

Milk Nutrient Details:

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Day 2

Menu Cycle: \*SPRING LUNCH MAR. ELEM. 1 WK CYCLE 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Beef Nachos/Chs.Cup e 3003	1 2oz mt/chips/chs.cup	e 3003	529	24.01	8.631	0.183	973	56.82									
Turkey & cheese Sub Sec. e 57	1 1sub sand	e 57	250	4.92	2.334	0.02	1166	29.91									
Trix Meal e 307	1 1 yog,1 pkg scooby,1chs.stk.	e 307	283	10.12	5.062	0	384	38.34									
Cheese Chef salad c 4	1 1clett/20zmt	c 4	195	10.68	6.058	0	684	10.31									
Turkey Chef Salad c 2	1 1clett/2ozmt	c 2	139	3.1	1.639		933	11.16									
Wheat Dinner Roll g 2	1 Each	g 2	80	1.49	0	0	159	13.92									
Corn (Frozen) v 5	1 1/2 c. cooked	v5	67	0.99	0	0	1	15.9									
Garden Salad v 4	1 1 Cup Salad	v 4	22	0.02	0.003	0	21	4.56									
Apples Fresh Sliced f 2	1 1- pkg	f 2	30	0	0	0	0	6.96									
Apple Red Delicious f 1	1 1 Each	f 1	77	0.25	0.041	0	1	20.43									
Banana f 3	1 1 Banana	f 3	108	0.4	0.135	0	1	27.63									
Orange f 4	1 Each	f 4	64	0.39	0.046	0	0	15.63									
Apple Golden Delicious f 17	1 1 apple	f 17	68	0.22	0.037	0	1	18.16									
Mac & Cheese e 102	1 6 oz	e 102	280	11	5	0	670	29									
Wheat Dinner Roll g 2	1 Each	g 2	80	1.49	0	0	159	13.92									
Mini Corn Dogs e 553	1 6pc	e 553	270	12	3.75	0	480	30									
Cheese Cup m 52	1 1 Dip Cup	s 52	190	10.01	6.003	0	570	14.01									
<b>Meal SubTotal</b>			2,732.0	91.1	38.7	<b>0.2</b>	6,203.0	356.7									

Milk Nutrient Details:

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Day 3

Menu Cycle: \*SPRING LUNCH MAR. ELEM. 1 WK CYCLE 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATRN	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

4 Bosco Sticks/Sauce e 7001	1	4 Bosco St./Sauce e 7001		477	11.96	<b>5.978</b>		750	63.47								
Turkey & cheese Sub Sec. e 57	1	1sub sand e 57		250	4.92	2.334	0.02	1166	29.91								
Trix Meal e 307	1	1 yog,1 pkg scooby,1chs.stk. e 307		283	10.12	5.062	0	384	38.34								
Cheese Chef salad c 4	1	1clett/20zmt c 4		195	10.68	6.058	0	684	10.31								
Turkey Chef Salad c 2	1	1clet/2ozmt c 2		139	3.1	1.639		933	11.16								
Wheat Dinner Roll g 2	1	Each g 2		80	1.49	0	0	159	13.92								
Broccoli (frozen) v 7	1	1/2 c. drained v 7		26	0	0	0	15	5.15								
Tomatoes ,Grape v 24	1	12 each = 1/2 cup v 24		16	0.18	0.025	0	5	3.53								
Apples Fresh Sliced f 2	1	1- pkg f 2		30	0	0	0	0	6.96								
Apple Red Delicious f 1	1	1 Each f 1		77	0.25	0.041	0	1	20.43								
Banana f 3	1	1 Banana f 3		108	0.4	0.135	0	1	27.63								
Orange f 4	1	Each f 4		64	0.39	0.046	0	0	15.63								
Apple Golden Delicious f 17	1	1 apple f 17		68	0.22	0.037	0	1	18.16								
Pizza Crunchers Cheese e 2017	1	4 pizza bites e 2017		443	20	8.999	0	882	44.1								
Pasta & Meat Sauce (JTM) e 4000	1	6 oz e 4000		317	16.13	6.25	1.008	611	24.19								
Wheat Dinner Roll g 2	1	Each g 2		80	1.49	0	0	159	13.92								
<b>Meal SubTotal</b>				2,653.0	81.3	<b>36.6</b>	<b>1.0</b>	5,751.0	346.8								

Milk Nutrient Details:

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Day 4

Menu Cycle: \*SPRING LUNCH MAR. ELEM. 1 WK CYCLE 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Mini Maple Pancakes b 102	1 Each	b 102	220	6	0.5	0	270	37									
Turkey Sausages (Lunch) ( 2) e 976	1 2 ea	e 976	125	8.3	2.076	0	187	0									
Turkey & cheese Sub Sec. e 57	1 1sub sand	e 57	250	4.92	2.334	0.02	1166	29.91									
Trix Meal e 307	1 1 yog,1 pkg scooby,1chs.stk.	e 307	283	10.12	5.062	0	384	38.34									
Cheese Chef salad c 4	1 1clett/20zmt	c 4	195	10.68	6.058	0	684	10.31									
Turkey Chef Salad c 2	1 1clet/2ozmt	c 2	139	3.1	1.639		933	11.16									
Wheat Dinner Roll g 2	1 Each	g 2	80	1.49	0	0	159	13.92									
Hashbrown Round v 46	1 2 Hashbrown	v 46	90	2.5	0	0	190	15									
Apple Juice Box 4.23 oz f 14	1 1 Each	f 14	60	0	0	0	5	14									
Orange Tangerine Juice Box 4.23 f 26	1 1 Each	f 26	60	0	0	0	10	15									
<b>Meal SubTotal</b>			1,502.0	47.1	17.7	<b><u>0.0</u></b>	3,988.0	184.6									

Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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\* Nutrient values listed in bold and underlined may be understated due to nutrient values not being available on all ingredients.

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Day 5

Menu Cycle: \*SPRING LUNCH MAR. ELEM. 1 WK CYCLE 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO												
KCAL	Gram	GRAM	GRAM	MG	GRAM												
550.0	18.0	6.1	0.0	640.0	75.0												

**Food Description**

**Lunch**

Mini X-TRA Cheesy Pan Pizza e 4049	1	1 each	e 4049	401	16.06	6.54	0	652	40.97								
Turkey & cheese Sub Sec. e 57	1	1sub sand	e 57	250	4.92	2.334	0.02	1166	29.91								
Trix Meal e 307	1	1 yog,1 pkg scooby,1chs.stk.	e 307	283	10.12	5.062	0	384	38.34								
Cheese Chef salad c 4	1	1clett/20zmt	c 4	195	10.68	6.058	0	684	10.31								
Turkey Chef Salad c 2	1	1clet/2ozmt	c 2	139	3.1	1.639		933	11.16								
Wheat Dinner Roll g 2	1	Each	g 2	80	1.49	0	0	159	13.92								
Green Beans (can) v 6	1	1/2 c.	v 6	22	0	0	0	152	4.36								
Tomatoes ,Grape v 24	1	12 each = 1/2 cup	v 24	16	0.18	0.025	0	5	3.53								
Carrots pkg. v 15	1	2 pkg.	v 15	32	0.12	0.021	0	71	7.48								
Fresh Baby Carrots v 90	1	1/2c	v 90	28	0	0	0	50	6.64								
Apples Fresh Sliced f 2	1	1- pkg	f 2	30	0	0	0	0	6.96								
Apple Red Delicious f 1	1	1 Each	f 1	77	0.25	0.041	0	1	20.43								
Banana f 3	1	1 Banana	f 3	108	0.4	0.135	0	1	27.63								
Orange f 4	1	Each	f 4	64	0.39	0.046	0	0	15.63								
Apple Golden Delicious f 17	1	1 apple	f 17	68	0.22	0.037	0	1	18.16								
Doublestuff Crust Pizza e 526	1	1 Pizza	e 526	240	7	4	0	470	30								
Cheeseburger e 18	1	1burger/1bun	e 18	330	13.96	5.184	0.61	730	29.48								
Homemade Grilled Cheese e 551	1	1sand	e551	280	10	5.342	0	1148	28.95								
<b>Meal SubTotal</b>				2,643.0	78.9	36.5	<b><u>0.6</u></b>	6,607.0	343.9								

Milk Nutrient Details:

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Day 1

Menu Cycle: \*SPRING B-DAY TREATS 2021

Unit Name: GRIMMER MIDDLE SCHOOL

Diet Restriction: Regular (School)

Nutritional Goal:

School Lunch K-5

KCAL	FAT	SFA	FATR	NA	CHO													
KCAL	Gram	GRAM	GRAM	MG	GRAM													
550.0	18.0	6.1	0.0	640.0	75.0													

**Food Description**

**Lunch**

Birthday Muffin m 200	1	1 each	m 200	200	6.37	1.734	0	109	31.22										
Rice Krispie Treat 1.4 oz m 420	1	Each	m 420	160	4	0.999	0	140	29.98										
<b>Meal SubTotal</b>				360.0	10.4	2.7	0.0	249.0	61.2										

Milk Nutrient Details:

Chocolate Milk 1% (140 K Cal) (20 CHO) Skim Milk (80 K Cal) (12.5 CHO) 1% Milk (100 Kcal) (12.5 CHO)

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