



High School Lunch Menu

May 2017



WV 1
WV 2
WV 3
WV 4
WV 5
WV 6
WV 7
WV 8
WV 9
WV 10
WV 11
WV 12

Monday	Tuesday	Wednesday	Thursday	Friday
1 Macaroni & Cheez Its or French Toast Sticks & Sausage Hash Brown Green Beans/Assorted Vegetables Garden Salad Diced Pears/Assorted Fresh Fruit Milk	2 Nachos or Corn Dog Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice /Corn Muffin	3 Chicken Parmesan & Pasta or Buffalo Chicken Tender Wrap California Blend Assorted Vegetables Garden Salad Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick	4 Popcorn Chicken or Turkey & Gravy Mashed Potatoes & Gravy Green Beans/Assorted Vegetables Garden Salads Pineapple/Assorted Fresh Fruit Milk/Dinner Roll	5 Primo 4 Cheese Pizza OR Cheese Burger Baked Beans /Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
8 Bosco Sticks & Sauce or Popcorn Chicken Bowl Mashed Potatoes & Gravy/Corn Assorted Vegetables/Garden Salad Pasta Salad Diced Pears/Assorted Fresh Fruit Milk/ Dinner Roll	9 Quesadilla or Mini Corn Dogs & Cheese Refried Beans Assorted Vegetables/Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice	10 French Bread Cheese Pizza or Buffalo Chicken Legs Corn Assorted Vegetables/Garden Salad Diced Peaches Assorted Fresh Fruit Milk/ Twisted Bread Stick	11 BBQ Pork Sandwich or Chicken Nuggets/Dinner Roll Mashed Potatoes & Gravy California Blend/Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk	12 Mini Cheese Pizza or Fish Combo Basket Peas & Carrots/ Fries Assorted Vegetables/Garden Salad Diced Pears Assorted Fresh Fruit Milk
15 Flatbread Pizza & Sauce or Boneless Wings Mashed Potatoes & Gravy/Green Beans Diced Pears Garden Salad/Assorted Vegetables Assorted Fresh Fruit Milk	16 Chicken Enchilada or Popcorn Chicken Corn / Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice /Corn Muffin	17 Pasta Roll Up with Meat or Marinara Sauce or Chicken Nuggets Broccoli /Assorted Vegetables Garden Salad Diced Peaches Assorted Fresh Fruit Milk/Twisted Breadstick	18 Macaroni & Cheez Its or Italian Beef Sandwich Mashed Potatoes & Gravy California Blend Assorted Vegetables/Garden Salad Pineapple Tidbits/Assorted Fresh Fruit Milk	19 Primo 4 Cheese Pizza or Cheese Burger Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
22 Hot Ham & Cheese on a Pretzel Roll or Popcorn Chicken Bowl Mashed Potatoes & Gravy / Corn Assorted Vegetables /Garden Salad Diced Pears Assorted Fresh Fruit Milk/ Dinner Roll	23 Quesadilla or Mini Corn Dog & Cheese Refried Beans / Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice	24 French Bread Cheese Pizza or Beef Ravioli /Twisted Bread Stick Broccoli/Assorted Vegetables Garden Salad Diced Peaches Assorted Fresh Fruit Milk	25 * Bosco Sticks and Sauce or Orange Chicken & Rice Carrots Assorted Vegetables Garden Salad/Pasta Salad Pineapple / Assorted Fresh Fruit Milk	26 RACE TO THE FINISH LINE Mini Cheese Pizza or Fish Combo Basket Malibu Blend /Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit/Milk RACE TRACK PUDDING
29 Memorial Day	30 Nachos or Corn Dog Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice /Corn Muffin	31 	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <h3>Have a Great Summer!</h3> </div> <p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p> <p>Breakfast improves school performance!</p>	

Secondary Lunch = \$2.45
Milk = \$.50

SERVED ON HOT LINES

DAILY BUFFALO CHICKEN SANDWICH

TUESDAY Southwest Bar with Nachos or Tacos

WEDNESDAY Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick

DELI BAR - Offered Daily

Assorted Sandwiches with Ham, Turkey, Chicken or Cheese
on White Bread, Sub Bun, Croissant, Marble Rye,
Flat Bread, and top with assorted vegetables

Chef Salads with Ham, Turkey, Chicken, Cheese & assorted Vegetables.

HOT Meals to go; Panini Turkey Sandwich, Pepperoni Sticks & Sauce, Veggie Burger & Pizza

COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials

MON: Chicken Salad / Grilled Chicken Salad

TUES: Taco Salad / Tuna Salad/Greek Salad

WED: Oven Fried Chicken Salad/Antipasto Salad

THURS: Cobb Salad/Caesar Salad FRI: Berry Spinach Salad

Weekly Deli TO GO Wraps & Sandwich Specials

MON: Turkey Avocado Wrap

TUES: BLT Chicken Wrap

WED: Turkey Avocado Wrap THURS: Turkey & Ham Sub

Homemade SOUPS offered DAILY

****Soup is A La Carte only****

May 1-5 & 15-19 & 30th May 8-12 & 22-26

Mon: Chicken Noodle Mon: Chicken Noodle

Tues: Cream of Chicken Tues: Chili

Wed: Chicken Tortilla Wed: Pasta Fagioli

Thurs: Cream of Potato Thurs: Cream of Broccoli

Fri: Chefs Choice Fri: Chefs Choice



ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK

A complete lunch consists of :

One entrée choice and 2 sides dishes (fruit or vegetables)
1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

Lake Central School Corporation
Gladys Rediger - FS Director
Linda Johnson- FS Administrative Assistant
Food Service Central Office
865-4416

PLEASE MAKE SURE YOU HAVE
ENOUGH MONEY IN YOUR
STUDENTS ACCOUNT FOR LUNCH

This institution is an equal opportunity provider.