



# Elementary Lunch Menu

## August 2017



Monday

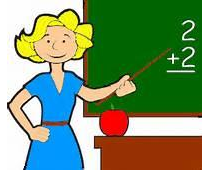
Tuesday

Wednesday

Thursday

Friday

Elementary Lunch = \$2.30  
Milk = \$.50



# WELCOME BACK



14

BIG DADDY'S Cheese Pizza  
or  
Chicken Tenders  
Tasty Tossed Salad  
Shivering Cold Slushie  
Assorted Fresh Fruit  
Milk



15

Nachos  
or  
Mini Corn Dogs & Cheese  
Yummy Refried Beans  
Assorted Vegetables  
Perky Pineapple Tidbits  
Assorted Fresh Fruit / Milk

**An apple a day keeps the doctor away!**

Flat Bread Pizza & Sauce  
or  
Chicken Ring "N" Roll  
Brainy Broccoli  
Tasty Tossed Salad  
Delicious Diced Peaches  
Assorted Fresh Fruit / Milk

\* Bosco Sticks and Sauce  
or  
Chicken Drumstick & Waffles Sticks  
Groovy Green Beans  
Assorted Vegetables  
Awesome Applesauce  
Assorted Fresh Fruit / Milk



18

BOSCO Stuffed Crust Cheese Pizza  
or  
Chicken Patty Sandwich  
Power Peas & Carrots  
Tasty Tossed Salad  
Pineapple & Mandarin Orange Mix  
Assorted Fresh Fruit / Milk

**Apples are good for you! Try different apple items every day this week!**

21

Mac & Cheez-its or  
Chocolate Chip French Toast & Sausage  
Hot & Hearty Hash Brown  
Tasty Tossed Salad  
Awesome Applesauce  
Assorted Fresh Fruit  
Milk



22

Mini Cheese Pizza  
or  
Corn Dog  
Kooky Corn  
Assorted Vegetables  
Perky Pineapple Tidbits  
Assorted Fresh Fruit  
Milk

23

Beef Ravioli & Twisted Breadstick  
or  
\* Chicken Nuggets  
Groovy Green Beans  
Tasty Tossed Salad  
Delicious Diced Peaches  
Assorted Fresh Fruit  
Milk



24

Popcorn Chicken  
or  
Turkey & Gravy  
Creamy Mashed Potatoes & Gravy  
Assorted Vegetables  
Appetizing Apple Juice  
Assorted Fresh Fruit  
Milk / Dinner Roll

25

BIG DADDY'S Cheese Pizza \*  
or  
Mini Cheeseburgers  
Flavorful Baked Beans  
Tasty Tossed Salad  
Pineapple & Mandarin Orange Mix  
Assorted Fresh Fruit  
Milk



28

Pepperoni Pizza Sticks & Sauce  
or  
Popcorn Chicken & Cheese Bread  
Brainy Broccoli  
Tasty Tossed Salad  
Shivering Cold Slushie  
Assorted Fresh Fruit  
Milk



29

Nachos  
or  
Hot Dog  
Fantastic Fries  
Yummy Refried Beans  
Assorted Vegetables  
Perky Pineapple Tidbits  
Assorted Fresh Fruit/Milk

30

**Dog Days of Summer**  
Flat Bread Pizza & Sauce  
or  
Chicken Tenders  
Kooky Corn  
Tasty Tossed Salad  
Delicious Diced Peaches  
Assorted Fresh Fruit/Milk  
Waky Watermelon



31

Bosco Sticks & Sauce  
or  
Mini Pancakes & Sausage  
Hearty Hash Browns  
Assorted Vegetables  
Awesome Applesauce  
Assorted Fresh Fruit  
Milk



### Benefits of Eating Apples

1. Increase Endurance
2. Satisfy Cravings
3. Improve Memory
4. Immune Booster
5. Cancer Fighter
6. Helps Digestion
7. Anti-inflammatory



*We are ready to have a great year!*



Students are given the opportunity to start their day with a healthy breakfast at all of our schools.



Breakfast improves school performance!

#### ADDITIONAL ENTRÉE'S OFFERED

Daily

TRIX MEAL



(Yogurt, Cheese Stick & 2 Pkgs. Cheddar Goldfish)

\*Sliced Turkey on White Bread

Soy Butter Jammers

Crispy Chicken, Turkey or Cheese Chef Salad

with Saltines & Croutons

A complete lunch consists of :

- One entrée choice and
- 2 side dishes (fruit or vegetables)
- 1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

**PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH**

**Lake Central School Corporation**  
Gladys Rediger - FS Director  
Linda Johnson-Administrative Assistant  
Food Service Central Office  
865-4416

### CHECK THIS OUT!

Come check out our Food Service website at [lcs.us](http://lcs.us) for Nutritional & Educational Material and Forms, including Special Diet Information, Free & Reduced Applications, Nutritionals, A La Carte List, Theme Days and Birthday Celebration Treats! While your there, take a minute and fill out our Parent Survey, we would love to hear from you.

WHAT'S ON YOUR PLATE?



This institution is an equal opportunity provider.