



Hesperia Unified School District

(10015) 1% White Milk (UHT)	Calories (kcal)			Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)			Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each		Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	
Milk, White, 1%, Shelf Stable UHT	100	100		2.4999	2.4999	2.4999	2.4999	0	0	14.9999	14.9999	120.0001	120.0001	11.9999	11.9999	0.9999	0.9999	11.9999	11.9999	7.9999	7.9999	
	100	100		2.4999	2.4999	2.4999	2.4999	0	0	14.9999	14.9999	120.0001	120.0001	11.9999	11.9999	0.9999	0.9999	11.9999	11.9999	7.9999	7.9999	

* Total includes one or more missing nutrient data.

(10014) 1% White Milk Pouch	Calories (kcal)			Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each		Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Milk, White, 1%, Pouch	120.0001	120.0001		2.4999	2.4999	1.5	1.5	0	0	14.9999	14.9999	149.9999	149.9999	16.0001	16.0001	0	0	14	14	11	11
	120.0001	120.0001		2.4999	2.4999	1.5	1.5	0	0	14.9999	14.9999	149.9999	149.9999	16.0001	16.0001	0	0	14	14	11	11

* Total includes one or more missing nutrient data.

(10002) Apple Juice Pouch	Calories (kcal)			Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each		Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Juice, Apple, Pouch	55	55		0	0	0	0	0	0	0	0	15	15	15	15	0	0	15	15	0	0
	55	55		0	0	0	0	0	0	0	0	15	15	15	15	0	0	15	15	0	0

* Total includes one or more missing nutrient data.

(80066) Apple Slices IW (100ct) CMDY	Calories (kcal)			Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each		Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Apples, Sliced, Red IW 100ct CMDY	34	34		0	0	0	0	0	0	0	0	0	0	8	8	2	2	6	6	0	0
	34	34		0	0	0	0	0	0	0	0	0	0	8	8	2	2	6	6	0	0

* Total includes one or more missing nutrient data.

(50002) Applesauce Cup	Calories (kcal)			Total Fat (g)			Saturated Fat (g)			Trans Fat (g)			Cholesterol (mg)			Sodium (mg)			Total Carbohydrate (g)			Dietary Fiber (g)			Sugars (g)			Protein (g)		
	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)	Recipe	Each	Serving (0.5 cup)			
Applesauce, Cup, USDA	50.996	50.996	50.996	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
	50.996	50.996	50.996	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		

* Total includes one or more missing nutrient data.



(80004) Bananas	Calories (kcal)			Total Fat (g)			Saturated Fat (g)			Trans Fat (g)			Cholesterol (mg)			Sodium (mg)			Total Carbohydrate (g)			Dietary Fiber (g)			Sugars (g)			Protein (g)		
	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)	Recipe	Each	Medium (7" to 7-7/8" long)			
Bananas, Petite, Green Tip	105.02	105.02	105.02	0.3894	0.3894	0.3894	0.1322	0.1322	0.1322	0	0	0	0	0	0	1.18	1.18	1.18	26.9512	26.9512	26.9512	3.068	3.068	3.068	14.4314	14.4314	14.4314	1.2862	1.2862	1.2862
	105.02	105.02	105.02	0.3894	0.3894	0.3894	0.1322	0.1322	0.1322	0	0	0	0	0	0	1.18	1.18	1.18	26.9512	26.9512	26.9512	3.068	3.068	3.068	14.4314	14.4314	14.4314	1.2862	1.2862	1.2862

* Total includes one or more missing nutrient data.

(40004) Benefit Bar (Banana Chocolate)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Bar, Benefit, Banana Chocolate IW	280	280	8	8	3	3	0	0	15	15	220	220	48	48	3	3	23	23	5	5
	280	280	8	8	3	3	0	0	15	15	220	220	48	48	3	3	23	23	5	5

* Total includes one or more missing nutrient data.

(40028) Breakfast Burrito (ECPT)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Burrito, Breakfast, IW, ECPT	156	156	6.94	6.94	2.63	2.63	0	0	46.74	46.74	249.84	249.84	16.97	16.97	2.51	2.51	0.55	0.55	7.54	7.54
	156	156	6.94	6.94	2.63	2.63	0	0	46.74	46.74	249.84	249.84	16.97	16.97	2.51	2.51	0.55	0.55	7.54	7.54

* Total includes one or more missing nutrient data.

(40088) Breakfast Pizza (Ele)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Pizza, Breakfast, Turkey Sausage, IW, Ele, Tony Roberts	181.9999	181.9999	5.47	5.47	2.36	2.36	0	0	19	19	372.9997	372.9997	22	22	2.49	2.49	3	3	11	11
	181.9999	181.9999	5.47	5.47	2.36	2.36	0	0	19	19	372.9997	372.9997	22	22	2.49	2.49	3	3	11	11

* Total includes one or more missing nutrient data.

(40149) Cinnamon Roll (Ele)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Cinnamon Roll, Dough, Ele	269.9998	269.9998	12	12	5	5	0	0	0	0	359.9997	359.9997	35.9999	35.9999	3	3	11	11	6	6
	269.9998	269.9998	12	12	5	5	0	0	0	0	359.9997	359.9997	35.9999	35.9999	3	3	11	11	6	6

* Total includes one or more missing nutrient data.



(50021) Craisins IW (USDA)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Cranberries, Dried, Craisins IW USDA	109.9999	109.9999	0	0	0	0	0	0	0	0	0	0	28	28	3	3	24	24	0	0
	109.9999	109.9999	0	0	0	0	0	0	0	0	0	0	28	28	3	3	24	24	0	0

* Total includes one or more missing nutrient data.

(sys-291) Dannon Strawberry Yogurt & Granola	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving	Recipe	Serving
Yogurt, Strawberry, 4oz Dannon	70	70	0	0	0	0	0	0	5	5	59.9999	59.9999	14	14	0	0	10	10	4	4
Granola IW, Cinnamon, Rockin'ola	120	120	2.5	2.5	0	0	0	0	0	0	0	0	21	21	2	2	6	6	3	3
	190	190	2.5	2.5	0	0	0	0	5	5	59.9999	59.9999	35	35	2	2	16.0001	16.0001	7	7

* Total includes one or more missing nutrient data.

(50022) Frozen Peach Cup	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Fruit Cup, Frozen, Peach USDA	80	80	0	0	0	0	0	0	0	0	0	0	19	19	1	1	16	16	1	1
	80	80	0	0	0	0	0	0	0	0	0	0	19	19	1	1	16	16	1	1

* Total includes one or more missing nutrient data.

(80002) Green Apple Slices (200ct)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Apples, Sliced, Granny Smith IW 200ct	34	34	0	0	0	0	0	0	0	0	0	0	8	8	2	2	6	6	0	0
	34	34	0	0	0	0	0	0	0	0	0	0	8	8	2	2	6	6	0	0

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(20009) Honey Scooters	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Cereal Bowl, Honey Scooter 2G	220	220	2.5	2.5	0	0	0	0	0	0	390	390	46	46	4	4	17	17	5	5
	220	220	2.5	2.5	0	0	0	0	0	0	390	390	46	46	4	4	17	17	5	5

* Total includes one or more missing nutrient data.



(40153) Kooky Cocoa Puffs Bar	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Bar, Soft Filled Cocoa Puffs	250	250	7	7	2	2	0	0	5	5	310	310	43	43	3	3	15	15	7	7
	250	250	7	7	2	2	0	0	5	5	310	310	43	43	3	3	15	15	7	7

* Total includes one or more missing nutrient data.

(10010) Lactaid Milk	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Milk, Lactaid	79.9999	79.9999	0	0	0	0	0	0	4.9999	4.9999	124.9999	124.9999	13.0001	13.0001	0	0	12	12	7.9999	7.9999
	79.9999	79.9999	0	0	0	0	0	0	4.9999	4.9999	124.9999	124.9999	13.0001	13.0001	0	0	12	12	7.9999	7.9999

* Total includes one or more missing nutrient data.

(40079) Maple Turkey Pancake Wrap	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Pancake Wraps, Turkey Sausage IW	200	200	10	10	2.5	2.5	0	0	25	25	310	310	17	17	3	3	4	4	7	7
	200	200	10	10	2.5	2.5	0	0	25	25	310	310	17	17	3	3	4	4	7	7

* Total includes one or more missing nutrient data.

(40080) Mini Maple Burst'n Pancakes	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Pancakes, Mini, Maple Burst'n, IW, Pillsbury	220	220	6	6	0.5	0.5	0	0	0	0	130	130	39	39	3	3	12	12	4	4
	220	220	6	6	0.5	0.5	0	0	0	0	130	130	39	39	3	3	12	12	4	4

* Total includes one or more missing nutrient data.

(40129) Mini Maple Eggos	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Waffles, Mini, Maple, IW, Eggo	269	269	60	60	2	2	0.1	0.1	0	0	296	296	46.5	46.5	4.7	4.7	13.5	13.5	5.7	5.7
	269	269	60	60	2	2	0.1	0.1	0	0	296	296	46.5	46.5	4.7	4.7	13.5	13.5	5.7	5.7

* Total includes one or more missing nutrient data.



(10009) Non-fat Chocolate Milk (UHT)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Milk, Chocolate, NF, Shelf Stable UHT	139.9999	139.9999	0	0	0	0	0	0	4.9999	4.9999	260	260	27.0001	27.0001	0	0	25	25	7.9999	7.9999
	139.9999	139.9999	0	0	0	0	0	0	4.9999	4.9999	260	260	27.0001	27.0001	0	0	25	25	7.9999	7.9999

* Total includes one or more missing nutrient data.

(10008) Non-fat Chocolate Milk Pouch	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Milk, Chocolate, NF, Pouch	110.0001	110.0001	0	0	0	0	0	0	4.9999	4.9999	135	135	20.0001	20.0001	0	0	18	18	7.9999	7.9999
	110.0001	110.0001	0	0	0	0	0	0	4.9999	4.9999	135	135	20.0001	20.0001	0	0	18	18	7.9999	7.9999

* Total includes one or more missing nutrient data.

(10004) Orange Juice Pouch	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Juice, Orange, Pouch	55	55	0	0	0	0	0	0	0	0	14	14	14	14	0	0	14	14	1	1
	55	55	0	0	0	0	0	0	0	0	14	14	14	14	0	0	14	14	1	1

* Total includes one or more missing nutrient data.

(40051) Pan Dulce Variety	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Concha, Pan Dulce, Variety IW	200	200	6	6	1.5	1.5	0	0	5	5	90	90	34	34	2	2	8	8	5	5
	200	200	6	6	1.5	1.5	0	0	5	5	90	90	34	34	2	2	8	8	5	5

* Total includes one or more missing nutrient data.

(80054) Plum (DOD)	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Plum, DOD	60.72	60.72	0.3696	0.3696	0.0224	0.0224	0	0	0	0	0	0	15.0744	15.0744	1.848	1.848	13.0944	13.0944	0.924	0.924
	60.72	60.72	0.3696	0.3696	0.0224	0.0224	0	0	0	0	0	0	15.0744	15.0744	1.848	1.848	13.0944	13.0944	0.924	0.924

* Total includes one or more missing nutrient data.



(50030) Raisins USDA	Calories (kcal)			Total Fat (g)			Saturated Fat (g)			Trans Fat (g)			Cholesterol (mg)			Sodium (mg)			Total Carbohydrate (g)			Dietary Fiber (g)			Sugars (g)			Protein (g)		
	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)	Recipe	Each	Serving (1.33 oz)			
Raisins, Box, USDA	112.1191	112.1191	112.1191	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
	112.1191	112.1191	112.1191	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			

* Total includes one or more missing nutrient data.

(10011) Silk Soy Milk	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Milk, Soy, Silk, Driftwood	152.5423	152.5423	4.5763	4.5763	0.5086	0.5086	0	0	0	0	81.3559	81.3559	18.305	18.305	2.034	2.034	15.2542	15.2542	8.1355	8.1355
	152.5423	152.5423	4.5763	4.5763	0.5086	0.5086	0	0	0	0	81.3559	81.3559	18.305	18.305	2.034	2.034	15.2542	15.2542	8.1355	8.1355

* Total includes one or more missing nutrient data.

(30005) String Cheese LOL	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Cheese, String, Lite Mozzarella LOL	60	60	3	3	2	2	0	0	10	10	200	200	1	1	0	0	1	1	7	7
	60	60	3	3	2	2	0	0	10	10	200	200	1	1	0	0	1	1	7	7

* Total includes one or more missing nutrient data.

(20030) Syrup Packet	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet	Recipe	Packet
Condiment, Syrup Packet	80	80	0	0	0	0	0	0	0	0	20	20	20	20	0	0	14	14	0	0
	80	80	0	0	0	0	0	0	0	0	20	20	20	20	0	0	14	14	0	0

* Total includes one or more missing nutrient data.

(10006) Wildberry Juice Pouch	Calories (kcal)		Total Fat (g)		Saturated Fat (g)		Trans Fat (g)		Cholesterol (mg)		Sodium (mg)		Total Carbohydrate (g)		Dietary Fiber (g)		Sugars (g)		Protein (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
Juice, Wildberry, Pouch	60	60	0	0	0	0	0	0	0	0	15	15	15	15	0	0	15	15	0	0
	60	60	0	0	0	0	0	0	0	0	15	15	15	15	0	0	15	15	0	0

* Total includes one or more missing nutrient data.



FILTERS

Name(s)	Value(s)
Date Range	(Start = 9/1/2021, End = 9/30/2021)
Menu Plans	(Elementary Breakfast 21/22)
Nutrients	(Calories, Total Carbohydrate, Cholesterol, Total Fat, Protein, Sugars, Sodium, Trans Fat, Saturated Fat, Dietary Fiber)