

# Product Information for 175791 BAGEL PLAIN IW 78-2Z MPLLF

<b>Manufacturer:MAPLE LEAF BAKERY</b>			
<b>Pack</b>	1/CASE	<b>Manufacturer #</b>	22461
<b>Portion Size</b>	EA	<b>Net Weight</b>	9.75
<b>Portion/Case</b>	78	<b>UPC Code 1</b>	10039677224614
<b>Kosher</b>	Yes		
<b>Price</b>	22.68		

## Quantity Invoiced Over Last 6 Weeks

10/23/2011	10/30/2011	11/6/2011	11/13/2011	11/20/2011	11/27/2011
0	0	0	0	0	0

## Other Information

Other Information	
<b>Item Yield</b>	CASE=78-2Z IW PLAIN BAGELS
<b>Shelf Life</b>	FROZEN=270 DAYS. SEE EXPIRATION DATE
<b>Thawing Instructions</b>	THAW UNDER REFRIGERATION
<b>Basic Preparation</b>	THAW AND SERVE. PRODUCT CAN BE TOASTED IF DESIRED.
<b>Merchandising Idea</b>	INDIVIDUALLY WRAPPED FOR ON-THE-GO CONVENIENCE ** PLAIN 2 OZ. BAGELS ARE BOILED THEN SLOWLY HEARTH-BAKED FOR THAT PERFECTLY AUTHENTIC, MANHATTAN-STYLE FLAVOR AND TEXTURE. USING ONLY THE FINEST INGREDIENTS TO GIVE BAGELS OUTSTANDING FLAVOR, AND BOILED BEFORE BAKING TECHNIQUE GIVES THESE GENUINE BAGELS THE SOUGHT AFTER SHINY CRISP TEXTURE AND DENSE, CHEWY INTERIOR. ** BAGEL AND COFFEE SHOPS, BAKERIES, DELIS, HOSPITALS, CATERING, COUNTRY CLUBS, CASUAL DINING, HOTELS, CAFETERIAS, EDUCATIONAL INSTITUTIONS, C-STORES ** GREAT FOR USE AS A BREAKFAST ITEM SERVED WITH BUTTER, CREAM CHEESE, AND/OR JAM PCS. IT CAN ALSO SERVE AS AN ALTERNATIVE TO TRADITIONAL BREADS AS A SANDWICH CARRIER FOR BREAKFAST, LUNCH, OR DINNER.

Placeholder-  
Future Image

# Nutritional Information for BAGEL PLAIN IW 78-2Z MPLLF

<b>Product Number:</b>	<b>175791</b>
<b>Description:</b>	<b>AP Bagel, Plain, Maple Leaf</b>

Nutritional Information			
Serving Size 1 each (57 g)			
<b>Amount Per Serving</b>			
<b>Calories 140</b>		<b>Calories from Fat 9</b>	
% Daily Value			
<b>Total Fat</b>	<b>1 g</b>	<b>2%</b>	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
<b>Cholesterol</b>	<b>0 mg</b>	<b>0%</b>	
<b>Sodium</b>	<b>300 mg</b>	<b>13%</b>	
<b>Potassium</b>	<b>n/a</b>	<b>n/a</b>	
<b>Total Carbs</b>	<b>28 g</b>	<b>9%</b>	
Dietary Fiber	2 g	8%	
Sugars	2 g	n/a	
<b>Protein</b>	<b>5 g</b>	<b>10%</b>	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	4%	Iron -	10%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Meat/Meat Alternative	n/a	Vitamin D	n/a
Fruit/Vegetables	n/a	Vitamin E	n/a
Grain/Bread	n/a	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	40 mg
Vitamin C	0 mg	Iron	2 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

**Ingredients:**

**For ingredient or allergen information, please contact: Maple Leaf Bakery, phone: 800-805-3460.  
Please reference manufacturer number: 22461. Nutrition updated November 2011. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.**