

CUSD NUTRITION SERVICES

MISSION STATEMENT

Nutrition Services is committed to providing all school children the very best meal program anywhere. We will continue to eliminate processed foods and will seek out the very freshest ingredients in preparation of all meal offerings. We are committed to be of outstanding service and take pride in knowing that we are an important component to your child's education. Proper nutrition and learning go hand in hand. We are committed to the following:

- ❖ Fresh fruits and vegetables will be purchased from local sources whenever possible.**
- ❖ Organic fruits and vegetables will be purchased whenever possible.**
- ❖ Processed foods will be replaced with fresh food made daily.**
- ❖ Staff will be friendly and helpful to all students that we serve.**
- ❖ Sustainable practices will be in place whenever possible serving as an example for children to emulate.**
- ❖ Gardens will be planted and maintained with the assistance of school children at every school site. Children will learn first hand how wonderful it is to grow your own fresh fruits and vegetables. The harvest from each garden will go directly to the daily meals.**
- ❖ Education on proper nutrition will be provided and facilitated to all school sites and grade levels thru Nutrition Services and our many partners in the community. Assistance will be provided to any families that want to learn about proper nutrition.**
- ❖ Nutrition Services website will provide helpful resources for all families to access at any time. Regular updates will occur.**

My name is Rick Cota, and it is my job as your Nutrition Services Director to do anything I can to provide each and every child the very best meal program possible. I welcome any assistance and ideas to improve. We encourage parent involvement thru volunteering at any of our school sites. This is a team effort that together we can feel good about. I thank you for supporting our program.