

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
BACON BITS - TURKEY	1.000 Serving (0.5 oz)	14.175	60.000	3.500	290.000	1.000	.000	5.000	Poultry
BBQ SAUCE	1.000 Serving (2 Tbsp)	30.000	25.000	.000	230.000	6.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato, Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr
CHEESE SAUCE	1.000 Ladle 1 (oz)	31.000	30.000	1.750	235.000	3.000	.000	.000	Dairy, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
CHILI DOG SAUCE	1.000 Ladle 1 (oz)	31.460	30.445	1.015	157.300	4.059	.507	1.015	Soy, Wheat, Pork, Corn (veg/meal/starch/flour/oil/fiber/pr, Beef
COCKTAIL SAUCE - MILD	1.000 Ounce	29.947	34.789	.000	281.400	8.680	.000	.000	Soy, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Corn (veg/meal/starch/flour/oil/fiber/pr
COCKTAIL SAUCE - SPICY	1.000 Ounce	30.491	34.789	.000	296.631	8.680	.000	.000	Soy, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
COUNTRY GRAVY	1.000 Ladle 1 (Oz)	29.483	19.584	1.119	79.085	2.798	.000	.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
DILL RELISH	1.000 Serving (1/8 cup)	30.000	.000	.000	500.000	2.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue)
DILUTED SOUR CREAM	1.000 Serving (1/8 cup)	35.726	59.513	4.725	51.000	2.328	.000	.281	Dairy, Corn (veg/meal/starch/flour/oil/fiber/pr
DIPPING SAUCE	1.000 Scoop#10 (3 oz)	74.000	53.280	.888	79.920	7.104	1.184	1.184	Soy, Tomato

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DRESSING - 1000 ISLAND, FAT FREE	1.000 Package	42.500	50.000	.000	350.000	12.000	.000	.000	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Potato, Red Dye, Food Dyes (yellow, blue)
DRESSING - BUFFALO RANCH LOW FAT	1.000 Serving (2 Tbsp)	32.602	46.867	4.154	211.632	1.814	.000	.564	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - BUFFALO RANCH LOW FAT	1.000 Serving (2 Tbsp)	32.334	45.249	3.998	204.879	1.820	.000	.527	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - CAESAR, LITE	1.000 Package	21.000	50.000	4.500	390.000	2.000	.000	1.000	Dairy, Fish, Soy, Corn Sweetner (syrup, md, sugar, dextr)
DRESSING - FRENCH, FAT FREE	1.000 Package	42.500	60.000	.000	360.000	14.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato, Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - ITALIAN, FAT FREE	1.000 Package	43.000	10.000	.000	390.000	3.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flo ur/oil/fiber/pr, Food Dyes (yellow, blue)
DRESSING - JALAPENO RANCH, LOW FAT	1.000 Serving (2 Tbsp)	33.201	47.178	4.154	169.907	2.064	.250	.564	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr

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DRESSING - JALAPENO RANCH, LOW FAT	1.000 Serving (2 Tbsp)	32.934	45.562	3.998	163.160	2.070	.250	.527	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - RANCH, FAT FREE	1.000 Package	43.000	50.000	.000	550.000	13.000	1.000	.000	Dairy, Corn Sweetner (syrup, md, sugar, dextr)
DRESSING - RANCH, LOW FAT	1.000 Serving (2 Tbsp)	30.732	46.866	4.154	154.286	1.814	.000	.564	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - RANCH, LOW FAT	1.000 Tablespoon	15.408	23.497	2.083	77.352	.909	.000	.283	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - RANCH, LOW FAT	1.000 Serving (2 Tbsp)	30.464	45.249	3.998	147.535	1.820	.000	.527	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
DRESSING - RANCH, LOW FAT	1.000 Tablespoon	15.232	22.625	1.999	73.767	.910	.000	.264	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
FOOTHILL FARMS SEASONING - CHILI CHEESE	1.000 Teaspoon	3.800	10.000	.000	160.000	2.000	.000	.000	Dairy, Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue)

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FOOTHILL FARMS SEASONING - NACHO	1.000 Teaspoon	3.600	20.000	.000	140.000	4.000	.000	.000	Dairy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
FOOTHILL FARMS SEASONING - RANCH	1.000 Teaspoon	3.400	10.000	.000	320.000	2.000	.000	.000	Dairy, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
HONEY MUSTARD DRESSING	1.000 Serving (2 Tbsp)	30.010	130.043	11.004	210.070	7.002	.000	.000	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue)
HOT SAUCE	1.000 Ounce	28.350	.000	.000	793.800	.000	.000	.000	Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
ITALIAN DRESSING	1.000 Package	43.000	35.000	2.000	390.000	4.000	.000	.000	Soy, Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
JELLY, ASSORTED FLAVORS	1.000 Package	14.000	35.000	.000	1.400	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
JELLY, GRAPE	1.000 Package	14.000	35.000	.000	10.000	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
KETCHUP, BULK	1.000 Tablespoon	17.000	20.000	.000	160.000	5.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato
KETCHUP, PORTION PACK	1.000 Package	9.000	10.000	.000	85.000	3.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato
MS DASH SEASONING - ORIGINAL	1.000 Teaspoon	2.800	.000	.000	.000	.000	.000	.000	Tomato, Carrots, Orange

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MUSTARD, PORTION PACK	1.000 Package	5.500	4.583	.000	77.917	.000	.000	.000	
ORANGE SAUCE	1.000 Tablespoon	19.000	45.000	.000	80.000	10.500	.000	.000	Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Orange, Sesame, Corn (veg/meal/starch/flo ur/oil/fiber/pr
PEPPER, PACKET	1.000 Serving (1 packet)	.100	.000	.000	.000	.000	.000	.000	
PICO DE GALLO	1.000 Serving (1/8 c)	23.836	6.713	.039	1.173	1.524	.348	.240	Tomato
PICO DE GALLO	1.000 Spoodle 2 oz (1/4 c)	47.620	13.411	.078	2.343	3.044	.696	.479	Tomato
POULTRY GRAVY	1.000 Ladle 1 (Oz)	32.796	10.336	.258	155.926	2.067	.000	.517	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr, Poultry
RANCH DRESSING, PC	1.000 Package	12.000	51.429	5.143	107.143	.857	.000	.000	Dairy, Eggs, Soy, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr
SALAD DRESSING, REDUCED FAT, PORTION PACK	1.000 Package	12.000	45.000	4.000	75.000	3.000	.000	.000	Eggs, Soy, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flo ur/oil/fiber/pr, Food Dyes (yellow, blue)
SALSA	1.000 Serving (1/8 cup)	29.000	10.000	.000	70.000	2.000	1.000	.000	Corn Sweetener (syrup, md, sugar, dextr), Tomato
SALSA - PC PACK	1.000 Package	14.000	.000	.000	140.000	1.000	.000	.000	Tomato

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SLICED PICKLES	1.000 Serving (1/8 c, 3 slices)	9.330	1.666	.000	153.279	.333	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue)
SOUR CREAM	1.000 Scoop#16 (1/4 c)	60.000	120.000	10.000	100.000	4.000	.000	.000	Dairy, Corn (veg/meal/starch/flour/oil/fiber/pr
SOY SAUCE, LITE	1.000 Tablespoon	15.000	10.000	.000	440.000	2.000	.000	1.000	Soy, Corn Sweetner (syrup, md, sugar, dextr)
SOY SAUCE, PORTION PACK	1.000 Package	6.000	4.000	.000	368.000	.400	.000	.800	Soy, Wheat
SRIRACHA HOT CHILI SAUCE KETCHIP	1.000 Tablespoon	17.000	20.000	.000	160.000	4.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr), Tomato
SRIRACHA HOT CHILI SAUCE KETCHUP, PC	1.000 Package	8.000	10.000	.000	85.000	2.000	.000	.000	Tomato
SUGAR SUBSTITUTE	1.000 Serving (1 packet)	.800	.000	.000	.000	.000	.000	.000	
SUGAR, PORTION PACK	1.000 Serving (1 packet)	3.500	15.000	.000	.000	4.000	.000	.000	
SYRUP - PORTION PACK	1.000 Pouch	42.525	11.000	.000	10.000	27.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
TARTAR SAUCE	1.000 Package	12.000	25.000	2.500	115.000	2.000	.000	.000	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr
TARTAR SAUCE - HOMEMADE	1.000 Ounce	28.443	50.099	4.378	306.687	1.876	.000	.016	Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Food Dyes (yellow, blue)
WHIPPED TOPPING	1.000 Tablespoon (whipped)	3.375	9.375	.750	.000	.750	.000	.000	Soy, Corn Sweetner (syrup, md, sugar, dextr)