

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
BISCUIT	1.000 Serving (1 biscuit)	64.000	210.000	10.000	370.000	26.000	2.000	4.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr
BLUEBERRY MUFFIN, INDV WRAPPED (2 OZ)	1.000 Serving (1 muffin)	57.000	190.000	2.000	130.000	30.000	2.000	3.000	Eggs, Soy, Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr, Berries (Strawberry, Raspberr, Blueberr
BLUEBERRY STRUDEL MUFFIN	1.000 Serving (1 muffin)	89.470	264.309	6.525	306.440	48.546	2.882	3.925	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
BREAKFAST BAR - APPLE BLUEBERRY CHIP	1.000 Package	71.000	290.000	9.000	200.000	48.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Oats
BREAKFAST BAR - APPLE CINNAMON	1.000 Package	71.000	290.000	9.000	240.000	48.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr
BREAKFAST BAR - BANANA CHOCOLATE CHUNK BLUEBERRY CHIP	1.000 Package	71.000	280.000	8.000	220.000	48.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
BREAKFAST BAR - OATMEAL CHOCOLATE CHIP	1.000 Package	71.000	290.000	9.000	240.000	47.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr
BREAKFAST BAR - OATMEAL RAISIN	1.000 Package	71.000	290.000	9.000	190.000	48.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Oats, Cinnamon
BREAKFAST BREAD SLICE - BANANA	1.000 Slice	96.000	280.000	10.000	220.000	44.000	2.000	5.000	Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
BREAKFAST BREAD SLICE - BLUEBERRY	1.000 Slice	96.000	270.000	9.000	190.000	43.000	2.000	6.000	Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
BREAKFAST BREAD SLICE - CINNAMON BURST	1.000 Slice	96.000	270.000	10.000	190.000	44.000	2.000	6.000	Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
BREAKFAST BREAD SLICE - ZUCCHINI	1.000 Slice	96.000	270.000	10.000	220.000	43.000	2.000	5.000	Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
BREAKFAST CHICKEN & WAFFLE - MS & HS	1.000 Serving (1 waffle & patty)	71.157	160.000	6.250	390.001	17.500	3.000	9.000	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
BREAKFAST KOLACHE	1.000 Serving (1 kolache)	57.000	170.000	4.000	290.000	28.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Beef, Poultry
BREAKFAST KOLACHE, IW (BREAKFAST IN A BAG)	1.000 Serving (1 kolache)	57.000	170.000	4.000	290.000	28.000	3.000	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Beef, Poultry

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
BREAKFAST PIZZA	1.000 Serving (1 pizza)	94.000	210.000	7.000	350.000	27.000	3.000	9.000	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
BREAKFAST SANDWICH W/ CANADIAN BACON	1.000 Serving (1 sandwich)	149.684	305.388	11.522	836.716	28.011	3.000	20.539	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Poultry
BREAKFAST SANDWICH W/ HAM	1.000 Serving (1 sandwich)	135.942	253.321	8.779	679.738	30.290	4.000	17.449	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Poultry
BREAKFAST SANDWICH W/ SAUSAGE	1.000 Serving (1 sandwich)	142.592	309.190	13.931	609.251	30.504	4.493	19.454	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Pork
BREAKFAST TACO W/ BACON	1.000 Serving (1 taco)	70.286	194.866	8.549	421.730	16.865	2.000	11.127	Dairy, Eggs, Soy, Wheat, Poultry
BREAKFAST TACO W/ HAM	1.000 Serving (1 taco)	84.892	173.682	6.956	423.032	16.333	2.000	10.881	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Poultry
BREAKFAST TACO W/ SAUSAGE	1.000 Serving (1 taco)	77.781	192.501	9.197	283.687	16.362	2.256	10.392	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Pork
CEREAL - APPLE CINNAMON CHEERIOS	1.000 Bowl Pack	28.000	110.000	1.500	110.000	22.000	2.000	2.000	Wheat, Corn Sweetner (syrup, md, sugar, dextr), Oats, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
CEREAL - APPLE JACKS	1.000 Bowl Pack	28.000	110.000	1.000	160.000	24.000	3.000	2.000	Soy, Wheat, Oats, Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue), Cinnamon
CEREAL - CHEERIOS	1.000 Bowl Pack	28.000	100.000	2.000	140.000	20.000	3.000	3.000	Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - CINNAMON TOAST CRUNCH	1.000 Bowl Pack	28.000	110.000	3.000	160.000	22.000	3.000	1.000	Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Cinnamon
CEREAL - COCOA PUFFS	1.000 Bowl Pack	30.000	110.000	1.500	120.000	25.000	2.000	2.000	Dairy, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - FROOT LOOPS	1.000 Bowl Pack	28.000	110.000	1.000	170.000	24.000	3.000	2.000	Soy, Wheat, Oats, Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue)
CEREAL - FROSTED FLAKES	1.000 Bowl Pack	28.000	100.000	.000	160.000	24.000	2.000	2.000	Soy, Wheat, Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - FROSTED FLAKES CHOCO ZUCHARITAS	1.000 Bowl Pack	28.000	100.000	1.000	160.000	24.000	2.000	2.000	Dairy, Soy, Wheat, Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue)
CEREAL - FROSTED FLAKES, CINNAMON	1.000 Bowl Pack	28.000	100.000	.000	170.000	24.000	2.000	2.000	Soy, Wheat, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
CEREAL - FROSTED MINI WHEATS	1.000 Bowl Pack	28.000	100.000	.000	.000	24.000	3.000	3.000	Wheat
CEREAL - FROSTED MINI WHEATS, CHOCOLATE	1.000 Bowl Pack	28.000	100.000	.000	105.000	23.000	3.000	3.000	Dairy, Soy, Wheat

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
CEREAL - FRUITY CHEERIOS	1.000 Bowl Pack	31.000	120.000	1.500	140.000	25.000	2.000	2.000	Wheat, Corn Sweetner (syrup, md, sugar, dextr), Oats, Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue)
CEREAL - GOLDEN GRAHAMS	1.000 Bowl Pack	28.000	100.000	1.000	220.000	24.000	1.000	1.000	Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - HONEY NUT CHEERIOS	1.000 Bowl Pack	28.000	110.000	1.500	160.000	22.000	2.000	2.000	Tree Nuts, Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - HONEY NUT CHEX	1.000 Bowl Pack	31.000	120.000	.500	190.000	27.000	1.000	2.000	Tree Nuts, Corn (veg/meal/starch/flour /oil/fiber/pr
CEREAL - RAISIN BRAN	1.000 Bowl Pack	35.000	110.000	.500	150.000	27.000	4.000	3.000	Wheat
CEREAL - RICE CHEX	1.000 Bowl Pack	28.000	100.000	.500	250.000	24.000	1.000	2.000	
CEREAL - TRIX	1.000 Bowl Pack	28.000	110.000	1.500	140.000	24.000	1.000	1.000	Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue)
CHEESY BREAKFAST STICK	1.000 Serving (1 stick)	64.000	160.000	6.000	260.000	17.000	2.000	10.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Corn (veg/meal/starch/flour /oil/fiber/pr

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
CHIA OATMEAL STRAWBERRY BAR	1.000 Package	71.000	200.000	6.000	200.000	39.000	6.000	7.000	Dairy, Eggs, Wheat, Potato, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr
CHICKEN BISCUIT	1.000 Serving (1 biscuit & patty)	96.237	305.001	14.500	580.001	32.000	3.500	11.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
CHICKEN BISCUIT, IW (BREAKFAST IN A BAG)	1.000 Serving	98.000	280.000	12.000	640.000	32.000	3.000	12.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
CHICKEN BREAKFAST PATTY	1.000 Each (1 patty)	45.360	95.000	4.500	210.000	6.000	1.500	7.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
CINNAMON ROLLS W/ ICING	1.000 Serving (1 roll)	247.087	766.062	12.741	753.570	150.470	6.927	15.104	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Cinnamon
CINNAMON ROLL, IW (BREAKFAST IN A BAG)	1.000 Roll	82.000	230.000	7.000	250.000	37.000	2.000	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
CINNAMON SWIRL	1.000 Roll	68.200	180.000	1.000	140.000	37.000	3.090	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Sesame, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
CINNAMON SWIRLS W/ ICING	1.000 Serving (1 roll)	102.786	320.041	1.000	140.946	72.917	3.090	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Sesame, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
CINNAMON TOAST	1.000 Slice	48.447	137.599	1.380	147.365	29.414	1.840	3.680	Dairy, Soy, Wheat, Cinnamon
COFFEE CAKE	1.000 Serving (1 square)	141.133	508.200	14.636	689.672	87.150	3.568	8.893	Dairy, Eggs, Soy, Wheat, Cinnamon
COFFEE CAKE MUFFINS	1.000 Serving (1 muffin)	74.550	240.633	6.209	287.764	43.703	2.346	3.547	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
DONUT HOLES	1.000 Serving (5 holes)	82.420	308.225	12.000	240.596	46.628	2.000	4.000	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
FRENCH TOAST STICKS - ELEM, INTERMEDIATE, MS	1.000 Serving (Elem, Int & MS. 2 sticks)	45.000	135.000	6.000	140.000	17.500	1.500	3.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr)
FRENCH TOAST STICKS - HS	1.000 Serving (HS. 3 sticks)	67.500	202.500	9.000	210.000	26.250	2.250	4.500	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr)

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
FRUIT & YOGURT PARFAIT	1.000 Serving (1 parfait)	342.300	414.751	5.262	201.961	84.706	6.204	12.998	Dairy, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Oats, Corn (veg/meal/starch/flour/oil/fiber/pr, Cinnamon
FRUIT & YOGURT PARFAIT - ELEM	1.000 Serving (1 parfait)	217.648	254.815	4.776	221.901	45.521	3.746	7.277	Dairy, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Cinnamon
FRUIT & YOGURT PLATE	1.000 Serving	213.676	312.133	10.014	390.355	45.516	3.763	11.080	Dairy, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Cinnamon
FRUIT MUFFIN - APPLE	1.000 Serving (1 muffin)	81.330	206.640	3.780	241.302	40.253	2.652	3.780	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Cinnamon
FRUIT MUFFIN - BANANA	1.000 Serving (1 muffin)	81.902	213.389	3.824	240.372	42.086	2.864	3.924	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Cinnamon
FRUIT MUFFIN - BLUEBERRIES	1.000 Serving (1 muffin)	78.242	206.576	3.780	240.358	40.229	2.803	3.780	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Cinnamon
FRUIT MUFFIN - CHERRIES	1.000 Serving (1 muffin)	79.691	210.824	3.780	240.240	41.443	2.597	3.934	Dairy, Eggs, Soy, Wheat, Corn Sweetener (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour/oil/fiber/pr, Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
FRUIT MUFFIN - MIXED FRUIT	1.000 Serving (1 muffin)	81.277	208.717	3.788	240.952	40.920	2.650	3.830	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
FRUIT MUFFIN - PINEAPPLE	1.000 Serving (1 muffin)	82.176	209.731	3.791	240.375	41.188	2.628	3.837	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
FRUIT MUFFIN - STRAWBERRY	1.000 Serving (1 muffin)	78.242	204.860	3.845	240.566	39.908	2.650	3.845	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
GINGERBREAD PEOPLE	1.000 Serving (1 Gingerbread man)	43.000	140.000	3.000	95.000	27.000	2.000	3.000	Wheat, Potato, Cinnamon
GLAZED DONUT	1.000 Serving (1 donut)	96.920	368.225	16.000	300.596	52.628	2.810	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
GLUTEN FREE BREAKFAST SANDWICH W/ HAM	1.000 Serving (1 sandwich)	152.287	299.882	11.697	805.345	36.796	2.000	12.743	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Potato, Poultry
GLUTEN FREE BREAKFAST SANDWICH W/ SAUSAGE	1.000 Serving (1 sandwich)	158.937	345.150	16.016	723.237	36.435	2.492	14.574	Dairy, Eggs, Soy, Corn Sweetner (syrup, md, sugar, dextr), Potato, Pork
GLUTEN FREE BUTTERY TOAST	1.000 Slice	34.270	90.000	2.000	135.000	17.000	1.000	1.000	Dairy, Eggs, Soy, Potato
GLUTEN FREE CINNAMON TOAST	1.000 Slice	49.665	138.499	2.000	135.118	29.530	1.000	1.000	Dairy, Eggs, Soy, Potato, Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
GLUTEN FREE SAUSAGE BISCUIT	1.000 Serving (1 biscuit & patty)	200.254	750.177	42.273	1,664.152	69.951	3.805	15.899	Soy, Corn Sweetner (syrup, md, sugar, dextr), Pork, Corn (veg/meal/starch/flour /oil/fiber/pr
GOLDFISH - HOT N SPICY CHEDDAR	1.000 Package	21.262	100.001	4.000	170.001	14.000	1.000	2.000	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr
GOOD MORNING MUFFIN, IW (BREAKFAST IN A BAG)	1.000 Serving (1 muffin)	113.000	350.000	3.500	240.000	58.000	4.000	5.000	Eggs, Soy, Wheat, Oats, Corn (veg/meal/starch/flour /oil/fiber/pr, Berries (Strawberry, Raspberry, Blueberr
GOODY RING DONUT, IW (BREAKFAST IN A BAG)	1.000 Each (donut)	71.000	230.000	11.000	260.000	29.000	2.000	5.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
GRAHAMS - CINNAMON	1.000 Package	28.000	120.000	3.000	150.000	20.000	2.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Cinnamon
GRAHAMS - GOLDFISH, CHOCOLATE	1.000 Package	26.000	110.000	3.500	140.000	19.000	2.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
GRAHAMS - GOLDFISH, CINNAMON	1.000 Package	26.000	120.000	4.000	135.000	19.000	1.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Cinnamon
GRAHAMS - TROPICAL TREATS	1.000 Package	28.000	110.000	3.000	84.000	20.000	2.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
GRAHAMS, BEAR - APPLE CINNAMON	1.000 Package	28.000	120.000	30.000	100.000	21.000	2.000	2.000	Soy, Wheat, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
GRAHAMS, ELF - CHOCOLATE	1.000 Package	28.000	120.000	4.000	125.000	20.000	2.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
GRAHAMS, SPORTS BITES - VANILLA	1.000 Package	28.000	110.000	3.000	91.000	19.000	1.000	2.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
HOMEMADE CINNAMON ROLLS W/ ICING	1.000 Serving (1 roll)	247.087	764.916	12.824	755.145	151.160	6.906	14.050	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Cinnamon
JELLY, ASSORTED FLAVORS	1.000 Package	14.000	35.000	.000	1.400	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
JELLY, GRAPE	1.000 Package	14.000	35.000	.000	10.000	9.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)
JUICE, APPLE	1.000 Serving	118.000	60.000	.000	15.000	14.000	.000	.000	
JUICE, APPLE CHERRY	1.000 Serving	118.000	60.000	.000	15.000	14.000	.000	.000	
JUICE, FRUIT BLEND	1.000 Serving	118.000	60.000	.000	10.000	14.000	.000	.000	Orange
JUICE, GRAPE	1.000 Serving	118.000	80.000	.000	15.000	18.000	.000	1.000	
JUICE, ORANGE	1.000 Serving	118.000	50.000	.000	15.000	12.000	.000	1.000	Orange
JUICE, PINEAPPLE ORANGE	1.000 Serving	118.000	60.000	.000	20.000	13.000	.000	1.000	Orange
MILK, 1%, WHITE, 1/2 PINT	1.000 Serving (1 carton)	240.000	100.000	2.500	125.000	12.000	.000	8.000	Dairy
MILK, SKIM, CHOCOLATE, 1/2 PINT	1.000 Serving (1 carton)	240.000	110.000	.000	100.000	18.000	.000	8.000	Dairy, Corn (veg/meal/starch/flour /oil/fiber/pr
MILK, SKIM, STRAWBERRY, 1/2 PINT	1.000 Serving (1 carton)	240.000	110.000	.000	100.000	18.000	.000	8.000	Dairy, Red Dye, Food Dyes (yellow, blue)
MILK, SKIM, VANILLA, 1/2 PINT	1.000 Serving (1 carton)	240.000	110.000	.000	100.000	19.000	.000	8.000	Dairy, Red Dye, Food Dyes (yellow, blue)
MILK, SKIM, WHITE, 1/2 PINT	1.000 Serving (1 carton)	240.000	80.000	.000	125.000	12.000	.000	8.000	Dairy
MINI CHEESEBURGER SLIDER, IW	1.000 Serving	64.500	136.000	3.900	178.000	15.700	1.300	9.800	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Beef
MINI CINNI ROLLS	1.000 Package (1 cinni roll)	65.000	240.000	7.000	270.000	40.000	2.000	5.000	Dairy, Soy, Wheat, Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon
MINI FRENCH TOAST STIX - CINNAMON BURST	1.000 Package	75.000	190.000	5.000	370.000	34.000	2.000	3.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Cinnamon

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
MINI LOAF - BLUEBERRY	1.000 Loaf	57.000	150.000	4.500	105.000	26.000	1.000	3.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
MINI LOAF - DREAMY ORANGE	1.000 Loaf	57.000	160.000	4.500	110.000	26.000	1.000	3.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
MINI LOAF - LEMON ICE	1.000 Loaf	57.000	160.000	5.000	150.000	28.000	1.000	3.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
MINI LOAF - RED HOT CINNAMON	1.000 Loaf	57.000	160.000	5.000	150.000	28.000	1.000	3.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Cinnamon)
MINI PANCAKES - BLUEBERRY	1.000 Package	86.000	210.000	6.000	310.000	35.000	4.000	4.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue))
MINI PANCAKES - MAPLE	1.000 Package	86.000	210.000	6.000	320.000	35.000	4.000	4.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr)

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
MINI SUB SANDWICH (TURKEY)	1.000 Serving (1 sandwich)	138.381	207.872	4.272	1,031.704	22.779	.999	22.212	Dairy, Soy, Wheat, Corn (veg/meal/starch/flour /oil/fiber/pr, Poultry
MINI WAFFLES - CINNAMON	1.000 Package	75.000	210.000	5.000	270.000	35.000	4.000	5.000	Dairy, Eggs, Soy, Wheat, Cinnamon
MINI WAFFLES - MAPLE	1.000 Package	75.000	200.000	5.000	220.000	35.000	4.000	4.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr
MUFFIN - APPLE CINNAMON MUFFIN, INDV WRAPPED	1.000 Serving (1 muffin)	54.000	117.000	3.200	74.000	19.500	1.800	2.400	Dairy, Eggs, Soy, Wheat, Cinnamon
MUFFIN, ORANGE, IW (BREAKFAST IN A BAG)	1.000 Serving (1 muffin)	54.000	119.000	3.300	74.000	19.800	1.700	2.300	Dairy, Eggs, Soy, Wheat, Orange
MUFFIN TOP - CHOCOLATE CHIP	1.000 Serving (1 muffin top)	91.000	280.000	9.000	220.000	47.000	3.000	4.000	Dairy, Eggs, Soy, Wheat, Potato, Corn (veg/meal/starch/flour /oil/fiber/pr
PANCAKE SAUSAGE WRAP	1.000 Each	71.000	200.000	11.000	380.000	19.000	1.000	6.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Pork, Poultry
PANCAKE SAUSAGE WRAP - APPLE CINNAMON	1.000 Each	71.000	160.000	6.000	340.000	18.000	2.000	8.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue), Cinnamon, Poultry
PANCAKE SAUSAGE WRAP - BLUEBERRY	1.000 Each	71.000	160.000	6.000	380.000	18.000	1.000	8.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Red Dye, Corn (veg/meal/starch/flour /oil/fiber/pr, Food Dyes (yellow, blue), Poultry

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
PANCAKES	1.000 Serving (2 pancakes)	64.667	153.334	4.000	220.001	27.333	2.000	3.334	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
PIZZA STICK	1.000 Serving (1 stick)	87.000	220.000	6.000	390.000	27.000	3.000	12.000	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Tomato, Corn (veg/meal/starch/flour /oil/fiber/pr, Beef, Poultry
POPTART - STRAWBERRY, WG	1.000 Package	100.000	360.000	4.500	360.000	75.000	6.000	4.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Food Dyes (yellow, blue), Berries (Strawberry, Raspberry, Blueberry
RICE KRISPIES CEREAL	1.000 Bowl Pack	28.000	100.000	.500	170.000	23.000	.000	2.000	
SAUSAGE BISCUIT	1.000 Serving (1 biscuit & patty)	87.120	293.803	16.408	542.535	26.493	2.493	9.915	Dairy, Eggs, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Pork, Corn (veg/meal/starch/flour /oil/fiber/pr
SAUSAGE BISCUIT, IW (BREAKFAST IN A BAG)	1.000 Serving	88.000	230.000	10.000	550.000	26.000	3.000	10.000	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Beef
SAUSAGE PATTY	1.000 Serving (1 patty)	35.000	83.803	6.408	172.535	.493	.493	5.915	Soy, Corn Sweetner (syrup, md, sugar, dextr), Pork
STRING CHEESE	1.000 Serving (1 stick)	28.000	80.000	6.000	200.000	1.000	.000	6.000	Dairy
SUNBUTTER & GRAPE JELLY SPREAD	1.000 Serving (1 sandwich)	79.000	310.000	15.000	310.000	33.000	5.000	9.000	Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
SUNRISE BEEF SAUSAGE & CHEESE BREAKFAST SANDWICH, IW (BREAKFAST IN A BAG)	1.000 Serving	63.790	144.000	4.700	230.000	16.500	1.400	9.400	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr), Corn (veg/meal/starch/flour /oil/fiber/pr, Beef
SYRUP - PORTION PACK	1.000 Pouch	42.525	11.000	.000	10.000	27.000	.000	.000	Corn Sweetner (syrup, md, sugar, dextr)

Menu Item	Serving Size	Weight (grams)	Calories	Fat (grams)	Sodium (mg)	Carb (grams)	Fiber (grams)	Protein (grams)	Allergens
TEXAS GINGERBREAD	1.000 Serving (1 TX Gingerbread)	64.000	220.000	4.500	135.000	41.000	3.000	4.000	Wheat, Potato, Cinnamon
TOAST	1.000 Slice	23.929	73.599	.920	128.799	13.800	.920	2.760	Dairy, Soy, Wheat, Corn Sweetner (syrup, md, sugar, dextr)
WAFFLES	1.000 Serving (2 waffle)	71.000	130.000	3.500	360.000	23.000	3.000	4.000	Dairy, Eggs, Soy, Wheat
YOGURT, TRIX - CHERRY	1.000 Serving (1 container)	113.000	100.000	.500	50.000	20.000	.000	3.000	Dairy, Corn (veg/meal/starch/flour /oil/fiber/pr
YOGURT, TRIX - STRAWBERRY BANANA	1.000 Serving (1 container)	113.000	100.000	.500	50.000	20.000	.000	3.000	Dairy, Corn (veg/meal/starch/flour /oil/fiber/pr, Berries (Strawberry, Raspberr, Blueberr