



Office of School Nutrition Programs Triennial Assessment Template

King William County Public Schools

Local Wellness Policy

2017-2020 Triennial Assessment

Overview & Purpose

In accordance with the *Final Rule* of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: Title 8. Education, Agency 20. State Board of Education, Chapter 740 *Final Rule*, King William County Public Schools (KWCPS) presents the first triennial report. The triennial report outlines updates on the progress and implementation of King William County's Local Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the *Final Rule*. The school(s) included in this Triennial Assessment are: Cool Spring Primary, Acquinton Elementary, Hamilton Holmes Middle, and King William High

Wellness Policy

The King William County Public School's Local Wellness Policy includes all the identified regulations outlined in the **Healthy, Hunger Free Kids Act of 2010** as well as important division level expectations for our schools. The policy can be found at www.kwcps.k12.va.us, under the School Nutrition tab. KWCPS updates or modifies the Local Wellness Policy as appropriate. Updates to the policy are made available to the public via the District website. Updates that have been approved by the School Board can also be found in the Board Docs, for the meeting date of approved updates.

School Wellness Committee

KWCPS established a Local Wellness Policy committee of one or more school officials known as the Student Health and Advisory Board (SHAB). Each member of the committee has the authority and responsibility to ensure each school complies with the Local Wellness Policy. The SHAB committee meets at least twice annually for periodic review and update of the Local Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. Meeting dates and locations are made public via the District website, social media outlets and emails sent via School Messenger to parents and students.

Contact information for the local SHAB committee can be found within the Local Wellness Policy.

Wellness Policy Compliance

KWCPS must conduct an assessment of the Local Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Local Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

Standards and Nutrition Guidelines for all Foods and Beverages Sold

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
All schools participate in the National School Lunch and breakfast program.	FULLY IN PLACE	
Free, safe, unflavored drinking water is available to all students throughout the school day.	FULLY IN PLACE	
All food sold outside of the reimbursable school meals, including a la carte items meet the USDA Smart Snacks in Schools nutrition standards.	FULLY IN PLACE	
All food and beverages outside of the reimbursable school meal programs that are sold to students on the school campus during the school day must meet or exceed the USDA Smart Snacks nutrition standards. These standards will apply in all location and through all services where foods and beverages are sold, which may include, but are		PARTIALLY IN PLACE

not limited to, a la carte options in cafeterias, vending machines, school stores, snack or food carts, or food/beverage items connected to a fundraiser.		
Encourage food and beverages that are offered during the school day meet the USDA Smart Snacks nutritional standards		PARTIALLY IN PLACE
Celebrations/Parties/Rewards/Incentives: Food items for these events cannot be home baked or homemade. Any food item requested by the teacher for educational purposes must be commercially purchased. Non-food items are encouraged to recognize/reward students.		PARTIALLY IN PLACE
Schools will be encourages to use only non-food fundraisers, and encourage those promoting physical activity.		PARTIALLY IN PLACE
Fundraising during school hours will sell only non-food items or foods and beverages that meet or exceed the Smart Snacks nutrition standards		PARTIALLY IN PLACE

Policy for Food and Beverage Marketing

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
All food and beverage marketing meets Smart Snacks standards.	FULLY IN PLACE	
In an effort to protect and promote student health, advertising and marking will only be permitted for only those foods and beverages that are permitted to be sold on the school campus.	FULLY IN PLACE	

Nutrition Education and Physical Activity

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
The District will teach, model, encourage and support healthy eating by all students.	FULLY IN PLACE	
The District will include in the health education curriculum a minimum of 12 essential topics on healthy eating.	FULLY IN PLACE	
Nutrition education essential topics are taught by health and physical education teachers (secondary) and physical education teachers (elementary).	FULLY IN PLACE	
Health, wellness, and nutrition information, including menus and nutritional information will be posted on the School Nutrition page of the District's website	FULLY IN PLACE	
Applications for free and reduced priced meals will be made available at the beginning of each year and will be available on the School Nutrition page of the District's website and upon request.	FULLY IN PLACE	
Online free and reduced priced meal application will be available on the School Nutrition page of the District's website.	FULLY IN PLACE	
Will host periodical food-tasting opportunities to gain feedback on food choices offered as part of the school breakfast and lunch programs		PARTIALLY IN PLACE
All sites will promote fresh fruits and vegetables by implementing the Harvest of the Month program. Teacher resources that can be utilized in the classroom will be sent monthly via email.		PARTIALLY IN PLACE
Promotes and offers opportunities for physical activity in a variety of ways including: before/after school programs, athletics, intramurals, brain boosters/breaks and active lessons in the classroom	FULLY IN PLACE	
Promotes active transport including walking and biking (where such activities can be conducted in a safe manner).		PARTIALLY IN PLACE
Recess is provided for elementary students most days during the school year.	FULLY IN PLACE	

Physical activity during the school day will not be withheld as punishment for any reason. <i>This does not include participation on sports teams that have specific academic requirements.</i>	FULLY IN PLACE	
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Description of Public Involvement/Community Engagement

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
KWCPS permits and encourages participation by the general public and the school community in the Local Wellness Policy process (SHAB Meetings). This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators. Members of the local Social Services Department and Health Department, along with local Resource Officers are invited to participate in SHAB meetings.	FULLY IN PLACE	
When practicable, schools' indoor/outdoor facilities are available to students, families, community and other organizations.	FULLY IN PLACE	
Actively seek community involvement for updating and maintaining the wellness policy.	FULLY IN PLACE	

Description of Public Updates

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
The Local Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Local Wellness Policy.	FULLY IN PLACE	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2020.	FULLY IN PLACE	

Description of Policy Leadership

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
KWCPS established a Wellness Policy leadership, the Student Health and Advisory Board (SHAB), of one or more LEA’s and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	FULLY IN PLACE	

Description of Evaluation Plan

WELLNESS POLICY LANGUAGE	FULLY IN PLACE	PARTIALLY IN PLACE
At least once every three years, the District will evaluate compliance with the wellness policy to assess the implementation of the policy and include: the extent to which schools under the jurisdiction of the District are in compliance with the wellness policy; the extent to which the District’s wellness policy compares to the Alliance for a Healthier Generation’s model wellness policy; and a description of the progress made in attaining the goals of the District’s wellness policy. The SHAB Committee, in collaboration with individual schools, will monitor schools’ compliance with this wellness policy.	FULLY IN PLACE	
Annual assessments will be conducted at each site within the District. These assessments will be posted to the District website for public access.	FULLY IN PLACE	

Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation’s model policy template is in compliance with the requirements set forth in the final rule.

In order to be compliant with the United States Department of Agriculture (USDA) final rule of 2016 (final rule), the Local Wellness Policy must at minimum:

- Identify one or more school district and/or school official(s) who have the authority and responsibility for ensuring that each school complies with the LWP
- Include language inviting caregivers, students, representatives of the school food authority (SFA), teachers of physical education (PE), school health professionals, the

school board, school administrators and the general public to participate in the development, implementation, review and update of the LWP

- Include language describing the methods for informing the public (including caregivers, students and others in the community) about the LWP and any updates to the policy on an annual basis
- Include language requiring that at least once every three years, the following is measured and made available to the public;
 - The extent to which schools comply with the LWP
 - The extent to which the LWP compares to model local school wellness policies
 - The progress made in attaining the goals of the LWP
- Include nutrition standards for all foods and beverages **sold** on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in School nutrition standards (Smart Snacks)
- Include standards for all foods and beverages **offered, but not sold**, to students **during the school day** (e.g., for classroom parties or classroom snacks brought by caregivers)
- Include specific goals for nutrition education and nutrition promotion activities
- Include requirements for marketing and advertising on the school campus during the school day of only those foods and beverages that meet Smart Snacks
- Include specific goals for physical activity opportunities
- Include specific goals for other school-based activities that promote student wellness

The King William County Local Wellness Policy includes all the required elements contained in the Alliance for a Healthier Generation’s model policy.

Progress towards Goals

King William County Public Schools recognizes the importance of health and wellbeing on students’ academic and future success. We strive to support the *whole child*. Therefore, goals are set forth and supported by our wellness policy.

Progress towards Nutrition Promotion and Education Goals

GOAL	FULLY IN PLACE	PARTIALLY IN PLACE
Develop a taste-testing/sampling model that collects data from students and then puts that information to use		PARTIALLY IN PLACE
Offer more “in-person” demonstrations, partnering with foundations such as The Dairy Alliance, No Kid Hungry VA, Fuel Up To Play, etc.		PARTIALLY IN PLACE

Provide SOL based material to teachers for use in the classroom		PARTIALLY IN PLACE
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Progress towards Physical Activity Goals

GOAL	FULLY IN PLACE	PARTIALLY IN PLACE
The physical education curriculum will promote the benefits of a physically active lifestyle and will help students develop skills to engage in lifelong health habits, as well as incorporate essential health education concepts.	FULLY IN PLACE	
All students will be provided equal opportunity to participate in physical education classes	FULLY IN PLACE	

Progress towards other School-Based Wellness Activity Goals

GOAL	FULLY IN PLACE	PARTIALLY IN PLACE
All school-sponsored events will adhere to the wellness policy guidelines		PARTIALLY IN PLACE
All school-sponsored wellness events will include physical activity and healthy eating opportunities when appropriate		PARTIALLY IN PLACE