



Grand Island Public Schools

(P-1059) Apple Slices	Total Carbohydrate (g)	
	Recipe	Each
Apple Slices	7	6.963
	7	6.963

* Total includes one or more missing nutrient data.

(R-13) Applesauce Cup Variety	Total Carbohydrate (g)	
	Recipe	Each
Applesauce Cup Variety	14	14
	14	14

* Total includes one or more missing nutrient data.

(R-135) Bacon Chicken Ranch Salad	Total Carbohydrate (g)	
	Recipe	Each
Carrots, Shredded	0.2874	0.2874
Romaine Lettuce cs	3.7308	3.7308
Grape Tomatoes purchased	1.1028	1.1028
Cucumber Select 25# purchased	1.0291	1.0291
Shredded Cheddar Cheese	0	0
Jennie O Turkey Bacon	0	0
Chicken Fajita Meat	3.001	3.001
Ranch Dressing Cup	2	2
Savory Wheat Bites	30	30
	41.1511	41.1511

* Total includes one or more missing nutrient data.

(R-72) Baked Chicken Leg, Mashed Potatoes & Gravy, Dinner Roll	Total Carbohydrate (g)	
	Recipe	Serving
Dinner Roll	14	14
Mashed Potatoes - Secondary	6.81	6.81
Chicken Gravy	1.4592	1.4592
Breaded Chicken Drumsticks	6	6
	28.2692	28.2692

* Total includes one or more missing nutrient data.



(P-1052) Bananas purchased	Total Carbohydrate (g)	
	Recipe	Each
Bananas purchased	22.84	26.9512
	22.84	26.9512

* Total includes one or more missing nutrient data.

(R-117) BBQ Pulled Pork Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hoagie Bun	575.9997	36
Pulled Pork	16.4944	1.0309
BBQ Sauce	76.1805	4.7613
	668.6746	41.7922

* Total includes one or more missing nutrient data.

(R-43) BBQ Rib on Bun	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	1740.0002	29
Pork Rib Patty	420	7
BBQ Sauce	152.361	2.5393
	2312.3612	38.5394

* Total includes one or more missing nutrient data.

(806036) Beef Quesadilla Pizza	Total Carbohydrate (g)	
	Recipe	EA
Beef Quesadilla Pizza	41	41
	41	41

* Total includes one or more missing nutrient data.

(R-56) Beef, Bean & Cheese Enchiladas	Total Carbohydrate (g)	
	Recipe	Serving
Beef & Bean Burrito	1287.0021 *	39.0001 *
Shredded Cheddar Cheese	0 *	0 *
Enchilada Sauce	0 *	0 *
	1287.0021 *	39.0001 *

* Total includes one or more missing nutrient data.



(806098) Big Daddy Primo T Pepperoni Pizza	Total Carbohydrate (g)	
	Recipe	Slice
Big Daddy Primo T Pepperoni Pizza	34.0001	34.0001
	34.0001	34.0001

* Total includes one or more missing nutrient data.

(R-30) Breaded Beef Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Breaded Beef Patty w/applsce	16	16
Hamburger Bun	29	29
	45	45

* Total includes one or more missing nutrient data.

(sys-117) Breaded Chicken Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Breaded Chicken Breast	9	9
	38	38

* Total includes one or more missing nutrient data.

(R-91) Breaded Pork Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Breaded Pork Steak	17	17
	46	46

* Total includes one or more missing nutrient data.

(816155) Broccoli	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Broccoli	5.36	4.9385
	5.36	4.9385

* Total includes one or more missing nutrient data.



(P-1007) Broccoli Florets bag	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 Cup	Serving - 1/4 cup
Broccoli Florets bag	5.06	1.771	0.9468
	5.06	1.771	0.9468

* Total includes one or more missing nutrient data.

(R-46) Brunch for Lunch	Total Carbohydrate (g)	
	Recipe	Serving
French Toast Sticks	36.9999	36.9999
Cheese Omelet	1	1
	37.9999	37.9999

* Total includes one or more missing nutrient data.

(R-137) Buffalo Chicken Wrap	Total Carbohydrate (g)	
	Recipe	Each
12" Garlic Herb Tortilla Wrap	51	51
Romaine Lettuce cs	1.8095	1.8095
Shredded Cheddar Cheese	0	0
Spicy Chicken Tenders	16.9999	16.9999
Ventura Ranch Dressing	0.5	0.5
Franks Red Hot Sauce	0	0
	70.3094	70.3094

* Total includes one or more missing nutrient data.

(311007) Canned Garbanzo Beans USDA	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Canned Garbanzo Beans USDA	16.8	20.2415
	16.8	20.2415

* Total includes one or more missing nutrient data.

(P-1011) Carrots, Baby bag	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 Cup	Serving - 1/4 cup
Carrots, Baby bag	8.24	4.7792	3.1069
	8.24	4.7792	3.1069

* Total includes one or more missing nutrient data.



(815024) Catsup Bulk	Total Carbohydrate (g)	
	Recipe	Tablespoon
Catsup Bulk	4	4
	4	4

* Total includes one or more missing nutrient data.

(P-1014) Cauliflower Florets	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Cauliflower Florets	4.97	2.485
	4.97	2.485

* Total includes one or more missing nutrient data.

(P-1015) Celery Sticks	Total Carbohydrate (g)		
	Recipe	Serving - 3 Sticks	Serving - 6 Sticks
Celery Sticks	2.97	1.8945	3.7422
	2.97	1.8945	3.7422

* Total includes one or more missing nutrient data.

(806037) Cheese Quesadilla Pizza	Total Carbohydrate (g)	
	Recipe	EA
Cheese Quesadilla Pizza	39	39
	39	39

* Total includes one or more missing nutrient data.

(R-33) Cheeseburger	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Sliced American Cheese	1	1
Beef Patty	1	1
	31	31

* Total includes one or more missing nutrient data.

(R-66) Cheeseburger Mac with Dinner Roll	Total Carbohydrate (g)	
	Recipe	Serving - 2/3 Cup
Water	0	0

* Total includes one or more missing nutrient data.



(R-66) Cheeseburger Mac with Dinner Roll	Total Carbohydrate (g)	
	Recipe	Serving - 2/3 Cup
Dinner Roll	938	14
Powdered Milk	53.1555	0.7934
Beef Crumbles	58.9938	0.8805
Cheeseburger Mac Mix	1113.0001	16.6119
	2163.1494	32.2858

* Total includes one or more missing nutrient data.

(R-73) Cheesy Meatloaf, Mashed Potatoes & Gravy, Dinner Roll	Total Carbohydrate (g)	
	Recipe	Serving
Beef Gravy	1.6502	1.6502
Dinner Roll	14	14
Mashed Potatoes - Secondary	6.81	6.81
Cheeseburger Meatloaf	8	8
	30.4602	30.4602

* Total includes one or more missing nutrient data.

(sys-183) Chef's Choice	Total Carbohydrate (g)	
	Recipe	Each
Chef's Choice	0 *	0 *
	0 *	0 *

* Total includes one or more missing nutrient data.

(R-124) Chef's Salad with Ham	Total Carbohydrate (g)	
	Recipe	Each
Carrots, Shredded	0.2874	0.2874
Romaine Lettuce cs	3.7308	3.7308
Grape Tomatoes purchased	0.7356	0.7356
Cucumber Select 25# purchased	0.6864	0.6864
Green Sweet Peppers, Med	0.5568	0.5568
Shredded Cheddar Cheese	0	0
Hard Boiled Egg	1	1
Diced Ham	4.5562	4.5562
Ranch Dressing Cup	2	2
Savory Wheat Bites	30	30
	43.5531	43.5531

* Total includes one or more missing nutrient data.



(R-125) Chef's Veggie Salad	Total Carbohydrate (g)	
	Recipe	Each
Carrots, Shredded	0.2874	0.2874
Romaine Lettuce cs	3.7308	3.7308
Grape Tomatoes purchased	0.7356	0.7356
Cucumber Select 25# purchased	0.6864	0.6864
Green Sweet Peppers, Med	0.5568	0.5568
Shredded Cheddar Cheese	0	0
Hard Boiled Egg	1	1
Ranch Dressing Cup	2	2
Savory Wheat Bites	30	30
	38.997	38.997

* Total includes one or more missing nutrient data.

(R-51) Chicken Alfredo with Garlic Breadstick	Total Carbohydrate (g)	
	Recipe	Serving
Premade Garlic Breadsticks	16	16
Chicken Fajita Meat	2.4299	2.4299
Penne	41.5118	41.5118
Alfredo Sauce	5.4645	5.4645
	65.4062	65.4062

* Total includes one or more missing nutrient data.

(R-63) Chicken Fajitas	Total Carbohydrate (g)	
	Recipe	Serving - 2 Each
Taco Shred Iceberg Lettuce	0.4663	0.4663
Shredded Cheddar Cheese	0	0
Chicken Fajita Meat	3.001	3.001
Peppers and Onions	1.7892	1.7892
6" Flour Tortilla	34	34
	39.2565	39.2565

* Total includes one or more missing nutrient data.

(R-89) Chicken Noodle Soup with Quesadilla Half 2	Total Carbohydrate (g)	
	Recipe	Serving
Secondary Chicken Noodle Soup	15.9866	15.9866

* Total includes one or more missing nutrient data.



(R-89) Chicken Noodle Soup with Quesadilla Half 2	Total Carbohydrate (g)	
	Recipe	Serving
Coyote Grill Cheesy Quesadilla	16	16
	31.9866	31.9866

* Total includes one or more missing nutrient data.

(R-146) Chicken Taquitos & Cheese Sauce 2	Total Carbohydrate (g)	
	Recipe	Serving
Chicken and Cheese Taquito	29.9999	29.9999
Mucho Jalapeno Queso Cheese Sauce	3.3333	3.3333
	33.3332	33.3332

* Total includes one or more missing nutrient data.

(R-32) Chili Dog	Total Carbohydrate (g)	
	Recipe	Each
Chili Soup	8.9433	8.9433
Hot Dog Buns	29	29
Turkey Hot Dog, Jennie O	1	1
	38.9433	38.9433

* Total includes one or more missing nutrient data.

(D-1002) Chocloate Milk 1%	Total Carbohydrate (g)	
	Recipe	EA
Chocloate Milk 1%	19.0001	19.0001
	19.0001	19.0001

* Total includes one or more missing nutrient data.

(R-48) Classic Hamburger on Bun	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Beef Patty	1	1
	30	30

* Total includes one or more missing nutrient data.



(R-142) Classic Hamburger on Bun 2	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Beef Patty	1	1
	30	30

* Total includes one or more missing nutrient data.

(336001) Cooked Carrots USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Cooked Carrots USDA	8.14	3.0118	5.9422
	8.14	3.0118	5.9422

* Total includes one or more missing nutrient data.

(805586) Cornbread Mini Loaf	Total Carbohydrate (g)	
	Recipe	EA
Cornbread Mini Loaf	28	28
	28	28

* Total includes one or more missing nutrient data.

(462005) Cowboy Beans	Total Carbohydrate (g)	
	Recipe	Serving
Bush's Vegetarian Low Sodium Baked Beans	30	30.6923
	30	30.6923

* Total includes one or more missing nutrient data.

(R-65) Crisпитos with Queso Blanco Sauce	Total Carbohydrate (g)	
	Recipe	Serving
Chili Chicken Crispito	45.9999	45.9999
Queso Blanco Cheese Sauce	2	2
	47.9999	47.9999

* Total includes one or more missing nutrient data.



(P-1051) Cucumber Select 25# purchased	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Cucumber Select 25# purchased	3.63	1.2864	2.178
	3.63	1.2864	2.178

* Total includes one or more missing nutrient data.

(R-138) Deluxe Deli Ham Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Taco Shred Iceberg Lettuce	1.2312	1.2312
Miracle Whip Packet	2	2
Hoagie Bun	36	36
Green Sweet Peppers, Med	1.0918	1.0918
Yellow Onions	0.6071	0.6071
Sliced American Cheese	1	1
Tomatoes 10#	1.1028	1.1028
Sliced Ham	2.2781	2.2781
Pickle Chips	0.2301	0.2301
Mustard Packets	0	0
Sliced Jalepenos	0.474	0.474
	46.015	46.015

* Total includes one or more missing nutrient data.

(R-140) Deluxe Deli Turkey & Ham Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Taco Shred Iceberg Lettuce	1.2312	1.2312
Miracle Whip Packet	2	2
Hoagie Bun	36	36
Green Sweet Peppers, Med	1.0918	1.0918
Yellow Onions	0.6071	0.6071
Sliced American Cheese	1	1
Tomatoes 10#	1.1028	1.1028
Sliced Turkey Breast	0.8741	0.8741
Sliced Ham	1.2656	1.2656
Pickle Chips	0.2301	0.2301
Mustard Packets	0	0
Sliced Jalepenos	0.474	0.474
	45.8767	45.8767

* Total includes one or more missing nutrient data.



(R-136) Deluxe Deli Turkey Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Taco Shred Iceberg Lettuce	1.2312	1.2312
Miracle Whip Packet	2	2
Hoagie Bun	36	36
Green Sweet Peppers, Med	1.0918	1.0918
Yellow Onions	0.6071	0.6071
Sliced American Cheese	1	1
Tomatoes 10#	1.1028	1.1028
Sliced Turkey Breast	1.5734	1.5734
Pickle Chips	0.2301	0.2301
Mustard Packets	0	0
Sliced Jalepenos	0.474	0.474
	45.3104	45.3104

* Total includes one or more missing nutrient data.

(B-1006) Dinner Roll	Total Carbohydrate (g)	
	Recipe	EA
Dinner Roll	14	14
	14	14

* Total includes one or more missing nutrient data.

(R-134) Fajita Chicken Salad	Total Carbohydrate (g)	
	Recipe	Each
Romaine Lettuce cs	3.7308	3.7308
Grape Tomatoes purchased	1.1028	1.1028
Shredded Cheddar Cheese	0	0
Chicken Fajita Meat	3.001	3.001
Tortilla Chips Bulk	40	40
Ranch Dressing Cup	2	2
	49.8346	49.8346

* Total includes one or more missing nutrient data.

(806028) Fiestada	Total Carbohydrate (g)	
	Recipe	EA
Fiestada	43	43
	43	43

* Total includes one or more missing nutrient data.



(806035) French Bread Garlic Cheese Pizza	Total Carbohydrate (g)	
	Recipe	EA
French Bread Garlic Cheese Pizza	29.0001	29.0001
	29.0001	29.0001

* Total includes one or more missing nutrient data.

(336000) Frozen Corn USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Frozen Corn USDA	16	8	16
	16	8	16

* Total includes one or more missing nutrient data.

(335132) Frozen Mixed Berry Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Mixed Berry Cup	20	20
	20	20

* Total includes one or more missing nutrient data.

(335130) Frozen Peach Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Peach Cup	19	19
	19	19

* Total includes one or more missing nutrient data.

(335140) Frozen Sliced Strawberries	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Frozen Sliced Strawberries	33.0001	32.8899
	33.0001	32.8899

* Total includes one or more missing nutrient data.

(335134) Frozen Strawberry Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Strawberry Cup	19.0001	19.0001
	19.0001	19.0001

* Total includes one or more missing nutrient data.



(R-60) General Tso's Chicken with Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
General Tsos Chicken	22.9999	22.9999
Fried Rice	27	27
	50	50

* Total includes one or more missing nutrient data.

(P-1044) Grape Tomatoes purchased	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Grape Tomatoes purchased	3.89	2.9224
	3.89	2.9224

* Total includes one or more missing nutrient data.

(P-1053) Grapes purchased	Total Carbohydrate (g)	
	Recipe	Serving
Grapes purchased	17.15	14.5858
	17.15	14.5858

* Total includes one or more missing nutrient data.

(311002) Green Beans USDA	Total Carbohydrate (g)	
	Recipe	Serving
Green Beans USDA	3.89	4.8625
	3.89	4.8625

* Total includes one or more missing nutrient data.

(P-1028) Green Sweet Peppers, Med	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Green Sweet Peppers, Med	4.64	4.0368
	4.64	4.0368

* Total includes one or more missing nutrient data.

(R-54) Homemade Grilled Cheese Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Sandwich Bread	26	26

* Total includes one or more missing nutrient data.



(R-54) Homemade Grilled Cheese Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Sliced American Cheese	4	4
Buttermist Pan Spray	0	0
	30	30

* Total includes one or more missing nutrient data.

(R-64) Hot Ham & Cheese on Bun	Total Carbohydrate (g)	
	Recipe	Serving
Hamburger Bun	29	29
Sliced Swiss American Cheese	0	0
Sliced Ham	2.4299	2.4299
	31.4299	31.4299

* Total includes one or more missing nutrient data.

(805585) Jalaepno Cornbread Mini Loaf	Total Carbohydrate (g)	
	Recipe	EA
Jalaepno Cornbread Mini Loaf	26	26
	26	26

* Total includes one or more missing nutrient data.

(R-95) Macaroni & Cheese and Fish Sticks 2	Total Carbohydrate (g)	
	Recipe	Serving
Homemade Macaroni & Cheese	28.2193	28.2193
Breaded Fish Stick	11	11
	39.2193	39.2193

* Total includes one or more missing nutrient data.

(R-59) Mandarin Orange Chicken with Fried Rice	Total Carbohydrate (g)	
	Recipe	Serving
Mandarin Orange Chicken CWD	19.3911	19.3911
Fried Rice	27	27
	46.3911	46.3911

* Total includes one or more missing nutrient data.



(461028) Mandarin Oranges	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Mandarin Oranges	17	8.5	17
	17	8.5	17

* Total includes one or more missing nutrient data.

(R-50) Max Sticks with Marinara Sauce	Total Carbohydrate (g)	
	Recipe	Serving
Max Sticks	32	32
Marinara Cups 2.5 oz	7	7
	39	39

* Total includes one or more missing nutrient data.

(R-44) Meatball Marinara Sub	Total Carbohydrate (g)	
	Recipe	Each
Meatless Spaghetti Sauce CWD	288.4845	4.5076
Hoagie Bun	2303.9988	36
Shredded Mozzarella Cheese	32.3865	0.506
Beef Meatballs	323.9965	5.0624
	2948.8663	46.076

* Total includes one or more missing nutrient data.

(R-61) Meatballs in Sweet Chili Sauce with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice	1384.8404	21.6381
Beef Meatballs	323.9965	5.0624
Franks Ret Hot Sweet Chili Sauce	1087.9985	17
	2796.8354	43.7006

* Total includes one or more missing nutrient data.

(R-62) Meatballs in Teriyaki Sauce with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Rice	1384.8404	21.6381
Beef Meatballs	323.9965	5.0624

* Total includes one or more missing nutrient data.



(R-62) Meatballs in Teriyaki Sauce with Rice	Total Carbohydrate (g)	
	Recipe	Serving
Teriyaki Sauce	800.0009	12.5
	2508.8378	39.2006

* Total includes one or more missing nutrient data.

(806062) Mini Corn Dogs	Total Carbohydrate (g)	
	Recipe	Serving - 6 corn dogs
Mini Corn Dogs	30	30
	30	30

* Total includes one or more missing nutrient data.

(310020) Mixed Fruit USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Mixed Fruit USDA	15	7.5	15
	15	7.5	15

* Total includes one or more missing nutrient data.

(336002) Mixed Vegetables USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 Cup	Serving - 1/4 cup
Mixed Vegetables USDA	12	12	6.0706
	12	12	6.0706

* Total includes one or more missing nutrient data.

(806124) Nardone Stuffed Crust Cheese Pizza Wedge IW	Total Carbohydrate (g)	
	Recipe	EA
Nardone Stuffed Crust Cheese Pizza Wedge IW	29	29
	29	29

* Total includes one or more missing nutrient data.

(P-1024) Oranges 113ct	Total Carbohydrate (g)	
	Recipe	EA
Oranges 113ct	12.54	18.9483
	12.54	18.9483

* Total includes one or more missing nutrient data.



(R-129) PB&J Sandwich and Mozzarella Cheese Stick	Total Carbohydrate (g)	
	Recipe	Serving
PB&J Sandwich	47	47
Mozzerela Cheese Stick	2	2
	49	49

* Total includes one or more missing nutrient data.

(R-131) PB&J Sandwich and Raspberry Yogurt	Total Carbohydrate (g)	
	Recipe	Serving
PB&J Sandwich	47	47
Raspberry Yogurt 4 oz	18.9999	18.9999
	66	66

* Total includes one or more missing nutrient data.

(R-132) PB&J Sandwich and Strawberry Yogurt	Total Carbohydrate (g)	
	Recipe	Serving
PB&J Sandwich	47	47
Strawberry Yogurt 4 oz	18.9999	18.9999
	66	66

* Total includes one or more missing nutrient data.

(336005) Peas USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Peas USDA	11	5.5	11
	11	5.5	11

* Total includes one or more missing nutrient data.

(R-120) Philly Chicken Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hoagie Bun	36	36
Sliced Swiss American Cheese	0	0
Chicken Fajita Meat	2.4299	2.4299
Peppers and Onions	2.7108	2.7108
	41.1408	41.1408

* Total includes one or more missing nutrient data.



(461026) Pineapple Tidbits	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Pineapple Tidbits	17.9999	9	17.9999
	17.9999	9	17.9999

* Total includes one or more missing nutrient data.

(R-53) Popcorn Chicken Bowl	Total Carbohydrate (g)	
	Recipe	Serving
Country Gravy	5	5
Popcorn Chicken CWD	20	20
Mashed Potatoes - Secondary	6.81	6.81
	31.81	31.81

* Total includes one or more missing nutrient data.

(R-70) Popcorn Chicken with Grain	Total Carbohydrate (g)	
	Recipe	Serving
Popcorn Chicken CWD	20	20
Dinner Roll	14	14
	34	34

* Total includes one or more missing nutrient data.

(P-1035) Radishes	Total Carbohydrate (g)	
	Recipe	Serving - 1/2 Cup
Radishes	3.4	1.972
	3.4	1.972

* Total includes one or more missing nutrient data.

(R-55) Reuben Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Pumpkin Rye	1079.9994	30
Sliced Swiss American Cheese	0	0
Deli Corned Beef	0	0
Thousand Island Dressing	140.544	3.904
Buttermilk Pan Spray	0	0
Sauerkraut, Canned	120.1225	3.3367

* Total includes one or more missing nutrient data.



(R-55) Reuben Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
	1340.6659	37.2407

* Total includes one or more missing nutrient data.

(R-121) Roasted Turkey with Mashed Potatoes & Gravy and Dinner Roll	Total Carbohydrate (g)	
	Recipe	Serving
Turkey Gravy	2.7516	2.7516
Dinner Roll	14	14
Mashed Potatoes - Secondary	13.6201	13.6201
Roasted Turkey	0	0
	30.3716	30.3716

* Total includes one or more missing nutrient data.

(B-1002) Sandwich Bread	Total Carbohydrate (g)	
	Recipe	Slice
Sandwich Bread	13	13
	13	13

* Total includes one or more missing nutrient data.

(R-4) Side Salad	Total Carbohydrate (g)	
	Recipe	Each
Carrots, Shredded	0.2874	0.2874
Romaine Lettuce cs	1.8095	1.8095
Grape Tomatoes purchased	0.7278	0.7278
	2.8247	2.8247

* Total includes one or more missing nutrient data.

(310027) Sliced Peaches USDA	Total Carbohydrate (g)	
	Recipe	Serving
Sliced Peaches USDA	11.29	13.9996
	11.29	13.9996

* Total includes one or more missing nutrient data.



(R-93) Sloppy Joes	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Sloppy Joe Meat	9.3885	9.3885
	38.3885	38.3885

* Total includes one or more missing nutrient data.

(R-58) Spicy Breaded Chicken Sandwich	Total Carbohydrate (g)	
	Recipe	Serving
Hamburger Bun	29	29
Spicy Chicken Patty	17	17
	46	46

* Total includes one or more missing nutrient data.

(R-87) Spicy Fish Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Spicy Fish Patty	15	15
	44	44

* Total includes one or more missing nutrient data.

(D-1003) Strawberry Milk FF	Total Carbohydrate (g)	
	Recipe	EA
Strawberry Milk FF	21.9999	21.9999
	21.9999	21.9999

* Total includes one or more missing nutrient data.

(89409) Stuffed Crust Cheese Pizza Elem	Total Carbohydrate (g)	
	Recipe	Slice(s)
Stuffed Crust Cheese Pizza Elem	31	31
	31	31

* Total includes one or more missing nutrient data.



(806034) Stuffed Crust Pepperoni Pizza	Total Carbohydrate (g)	
	Recipe	EA
Nardone Stuffed Crust Pepperoni Coin Pizza WEDGE	31.0001	31.0001
	31.0001	31.0001

* Total includes one or more missing nutrient data.

(R-133) Taco Salad	Total Carbohydrate (g)	
	Recipe	Each
Romaine Lettuce cs	3.7308	3.7308
Grape Tomatoes purchased	1.1028	1.1028
Shredded Cheddar Cheese	0	0
Taco Meat	6.3069	6.3069
Tortilla Chips Bulk	40	40
Ranch Dressing Cup	2	2
	53.1405	53.1405

* Total includes one or more missing nutrient data.

(809005) Tater Tots	Total Carbohydrate (g)			
	Recipe	Serving - 12 Each	Serving - 4 Each	Serving - 8 Each
Tater Tots	16	24	8	16
	16	24	8	16

* Total includes one or more missing nutrient data.

(sys-216) Thin Cut Fries CWD	Total Carbohydrate (g)	
	Recipe	Serving
Thin Cut Fries CWD	22	22
	22	22

* Total includes one or more missing nutrient data.

(806099) Tony's French Bread Garlic Cheese Pizza	Total Carbohydrate (g)	
	Recipe	Slice
Tony's French Bread Garlic Cheese Pizza	30	30
	30	30

* Total includes one or more missing nutrient data.



(809006) Tri Taters	Total Carbohydrate (g)		
	Recipe	Each	Serving - 2 Each
Tri Taters	14	14	28
	14	14	28

* Total includes one or more missing nutrient data.

(sys-220) Twister Fries CWD	Total Carbohydrate (g)		
	Recipe	Serving - 1.5 oz	Serving - 3 oz
Twister Fries CWD	24	12	24
	24	12	24

* Total includes one or more missing nutrient data.

(805500) Vegetable Egg Roll	Total Carbohydrate (g)	
	Recipe	EA
Vegetable Egg Roll	22	22
	22	22

* Total includes one or more missing nutrient data.

(805006) Ventura Ranch Dressing	Total Carbohydrate (g)	
	Recipe	Serving
Ventura Ranch Dressing	1	0.998
	1	0.998

* Total includes one or more missing nutrient data.

(R-2) Walking Taco	Total Carbohydrate (g)	
	Recipe	Each
Shredded Cheddar Cheese	0	0
Taco Meat	4.9982	4.9982
Taco in a Bag	26	26
	30.9982	30.9982

* Total includes one or more missing nutrient data.

(D-1001) White Milk 1%	Total Carbohydrate (g)	
	Recipe	EA
White Milk 1%	12	12

* Total includes one or more missing nutrient data.



(D-1001) White Milk 1%	Total Carbohydrate (g)	
	Recipe	EA
	12	12

* Total includes one or more missing nutrient data.

(R-126) Whole Apple Variety	Total Carbohydrate (g)	
	Recipe	Each
Gala Apple	25.0564	8.3521
Fuji Apple	23.4904	7.8301
Granny Smith Apple	21.1414	7.0471
	69.6882	23.2294

* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 8/11/2021, End = 10/29/2021)
Menu Plans	(21-22 Senior High Lunch Menu Updated)
Nutrients	(Total Carbohydrate)