



Grand Island Public Schools

(806021) 4x6 Turkey Pepperoni Bits Pizza	Total Carbohydrate (g)	
	Recipe	EA
4x6 Turkey Pepperoni Bits Pizza	33	33
	33	33

* Total includes one or more missing nutrient data.

(80010) 6" Round Cheese Pizza	Total Carbohydrate (g)	
	Recipe	Each
6" Round Cheese Pizza	28.9999	28.9999
	28.9999	28.9999

* Total includes one or more missing nutrient data.

(802103) Apple Cherry K-Pak Juice	Total Carbohydrate (g)	
	Recipe	EA
Apple Cherry K-Pak Juice	14	14
	14	14

* Total includes one or more missing nutrient data.

(P-1059) Apple Slices	Total Carbohydrate (g)	
	Recipe	Each
Apple Slices	7	6.963
	7	6.963

* Total includes one or more missing nutrient data.

(R-13) Applesauce Cup Variety	Total Carbohydrate (g)	
	Recipe	Each
Applesauce Cup Variety	14	14
	14	14

* Total includes one or more missing nutrient data.



(310001) Applesauce USDA	Total Carbohydrate (g)	
	Recipe	Serving
Applesauce USDA	13	13.2131
	13	13.2131

* Total includes one or more missing nutrient data.

(R-20) Beef Taco	Total Carbohydrate (g)	
	Recipe	Serving
Taco Shred Iceberg Lettuce	0.4663	0.4663
Shredded Cheddar Cheese	0	0
Taco Meat	4.9982	4.9982
6" Flour Tortilla	17	17
	22.4645	22.4645

* Total includes one or more missing nutrient data.

(802003) Blue Raspberry Sidekick	Total Carbohydrate (g)	
	Recipe	EA
Blue Raspberry Sidekick	20	20
	20	20

* Total includes one or more missing nutrient data.

(R-30) Breaded Beef Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Breaded Beef Patty w/applsce	16	16
Hamburger Bun	29	29
	45	45

* Total includes one or more missing nutrient data.

(806063) Breaded Chicken Chunks	Total Carbohydrate (g)		
	Recipe	Serving - 4 Each	Serving - 5 Each
Breaded Chicken Chunks	15.9999	12.7389	15.9999
	15.9999	12.7389	15.9999

* Total includes one or more missing nutrient data.



(sys-117) Breaded Chicken Sandwich	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Breaded Chicken Breast	9	9
	38	38

* Total includes one or more missing nutrient data.

(R-46) Brunch for Lunch	Total Carbohydrate (g)	
	Recipe	Serving
French Toast Sticks	36.9999	36.9999
Cheese Omelet	1	1
	37.9999	37.9999

* Total includes one or more missing nutrient data.

(808106) Bug Bite Crackers	Total Carbohydrate (g)	
	Recipe	EA
Bug Bite Crackers	21	21
	21	21

* Total includes one or more missing nutrient data.

(462000) Bush's Chili Beans	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Bush's Chili Beans	20	10	20
	20	10	20

* Total includes one or more missing nutrient data.

(808148) Cheddar Goldfish Crackers	Total Carbohydrate (g)	
	Recipe	EA
Cheddar Goldfish Crackers	14	14
	14	14

* Total includes one or more missing nutrient data.

(R-19) Chicken Gravy	Total Carbohydrate (g)		
	Recipe	Serving - 1 fl oz.	Serving - 2 fl oz.
Water	0	0	0

* Total includes one or more missing nutrient data.



(R-19) Chicken Gravy	Total Carbohydrate (g)		
	Recipe	Serving - 1 fl oz.	Serving - 2 fl oz.
Water	0	0	0
Chicken Gravy Mix	198.4465	1.4592	2.9183
	198.4465	1.4592	2.9183

* Total includes one or more missing nutrient data.

(R-88) Chicken Noodle Soup with Quesadilla Half 1	Total Carbohydrate (g)	
	Recipe	Serving
Chicken Noodle Soup	10.1337	10.1337
Coyote Grill Cheesy Quesadilla	16	16
	26.1337	26.1337

* Total includes one or more missing nutrient data.

(R-9) Chicken Taquitos & Cheese Sauce	Total Carbohydrate (g)	
	Recipe	Serving
Cheese Sauce	4.3615	4.3615
Chicken and Cheese Taquito	29.9999	29.9999
	34.3614	34.3614

* Total includes one or more missing nutrient data.

(806057) Chicken Tenders	Total Carbohydrate (g)	
	Recipe	Serving - 3 Tenders
Chicken Tenders	16	16.1853
	16	16.1853

* Total includes one or more missing nutrient data.

(D-1002) Chocloate Milk 1%	Total Carbohydrate (g)	
	Recipe	EA
Chocloate Milk 1%	19.0001	19.0001
	19.0001	19.0001

* Total includes one or more missing nutrient data.



(806194) Classic Delight T Ham Sandwich IW	Total Carbohydrate (g)	
	Recipe	EA
Classic Delight T Ham Sandwich IW	29.9999	29.9999
	29.9999	29.9999

* Total includes one or more missing nutrient data.

(806190) Classic Delight Turkey Sandwich IW	Total Carbohydrate (g)	
	Recipe	EA
Classic Delight Turkey Sandwich IW	31	31
	31	31

* Total includes one or more missing nutrient data.

(R-48) Classic Hamburger on Bun	Total Carbohydrate (g)	
	Recipe	Each
Hamburger Bun	29	29
Beef Patty	1	1
	30	30

* Total includes one or more missing nutrient data.

(336001) Cooked Carrots USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Cooked Carrots USDA	8.14	3.0118	5.9422
	8.14	3.0118	5.9422

* Total includes one or more missing nutrient data.

(804007) Cool Ranch Doritos	Total Carbohydrate (g)	
	Recipe	Bag
Cool Ranch Doritos	20	20
	20	20

* Total includes one or more missing nutrient data.

(806040) Corn Dog	Total Carbohydrate (g)	
	Recipe	EA
Corn Dog	30	30

* Total includes one or more missing nutrient data.



(806040) Corn Dog	Total Carbohydrate (g)	
	Recipe	EA
	30	30

* Total includes one or more missing nutrient data.

(805586) Cornbread Mini Loaf	Total Carbohydrate (g)	
	Recipe	EA
Cornbread Mini Loaf	28	28
	28	28

* Total includes one or more missing nutrient data.

(462005) Cowboy Beans	Total Carbohydrate (g)	
	Recipe	Serving
Bush's Vegetarian Low Sodium Baked Beans	30	30.6923
	30	30.6923

* Total includes one or more missing nutrient data.

(804016) Crunchy Baked Cheetos	Total Carbohydrate (g)	
	Recipe	Each
Crunchy Baked Cheetos	17	17
	17	17

* Total includes one or more missing nutrient data.

(310025) Diced Peaches USDA	Total Carbohydrate (g)		
	Recipe	1/2 Cup Serving	Serving - 1/4 cup
Diced Peaches USDA	11.1	13.986	6.993
	11.1	13.986	6.993

* Total includes one or more missing nutrient data.

(310030) Diced Pears USDA	Total Carbohydrate (g)	
	Recipe	Serving
Diced Pears USDA	15	15
	15	15

* Total includes one or more missing nutrient data.



(B-1006) Dinner Roll	Total Carbohydrate (g)	
	Recipe	EA
Dinner Roll	14	14
	14	14

* Total includes one or more missing nutrient data.

(806028) Fiestada	Total Carbohydrate (g)	
	Recipe	EA
Fiestada	43	43
	43	43

* Total includes one or more missing nutrient data.

(804004) Fritos 1 oz	Total Carbohydrate (g)	
	Recipe	EA
Fritos 1 oz	16	16
	16	16

* Total includes one or more missing nutrient data.

(336000) Frozen Corn USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Frozen Corn USDA	16	8	16
	16	8	16

* Total includes one or more missing nutrient data.

(335132) Frozen Mixed Berry Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Mixed Berry Cup	20	20
	20	20

* Total includes one or more missing nutrient data.

(335130) Frozen Peach Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Peach Cup	19	19

* Total includes one or more missing nutrient data.



(335130) Frozen Peach Cup	Total Carbohydrate (g)	
	Recipe	EA
	19	19

* Total includes one or more missing nutrient data.

(335134) Frozen Strawberry Cup	Total Carbohydrate (g)	
	Recipe	EA
Frozen Strawberry Cup	19.0001	19.0001
	19.0001	19.0001

* Total includes one or more missing nutrient data.

(311002) Green Beans USDA	Total Carbohydrate (g)	
	Recipe	Serving
Green Beans USDA	3.89	4.8625
	3.89	4.8625

* Total includes one or more missing nutrient data.

(808145) Gripz Crackers	Total Carbohydrate (g)	
	Recipe	EA
Gripz Crackers	20	20
	20	20

* Total includes one or more missing nutrient data.

(R-47) Hot Dog on Bun	Total Carbohydrate (g)	
	Recipe	Each
Hot Dog Buns	29	29
T Hot Dogs	2	2
	31	31

* Total includes one or more missing nutrient data.

(460028) Hummus Cup	Total Carbohydrate (g)	
	Recipe	EA
Hummus Cup	18	18
	18	18

* Total includes one or more missing nutrient data.



(806017) IW Bean and Cheese Dip	Total Carbohydrate (g)	
	Recipe	EA
IW Bean and Cheese Dip	0 *	0 *
	0 *	0 *

* Total includes one or more missing nutrient data.

(800305) J&J Candy Chip Cookie--Elementary	Total Carbohydrate (g)	
	Recipe	EA
J&J Candy Chip Cookie--Elementary	18	18
	18	18

* Total includes one or more missing nutrient data.

(800306) J&J Sugar Cookie--Elementary	Total Carbohydrate (g)	
	Recipe	EA
J&J Sugar Cookie--Elementary	18	18
	18	18

* Total includes one or more missing nutrient data.

(412002) Ketchup Packets	Total Carbohydrate (g)	
	Recipe	EA
Ketchup Packets	3	3
	3	3

* Total includes one or more missing nutrient data.

(802004) Kiwi Strawberry Sidekick	Total Carbohydrate (g)	
	Recipe	EA
Kiwi Strawberry Sidekick	20	20
	20	20

* Total includes one or more missing nutrient data.



(808153) Little Honey Graham Crackers	Total Carbohydrate (g)	
	Recipe	EA
Little Honey Graham Crackers	24	24
	24	24

* Total includes one or more missing nutrient data.

(R-90) Macaroni & Cheese and 2 Fish Sticks	Total Carbohydrate (g)	
	Recipe	Serving
Breaded Fish Stick	11	11
LOL Macaroni & Cheese	29.0165	29.0165
	40.0165	40.0165

* Total includes one or more missing nutrient data.

(806053) Mandarin Orange Chicken	Total Carbohydrate (g)	
	Recipe	Serving
Mandarin Orange Chicken	19	19.3911
	19	19.3911

* Total includes one or more missing nutrient data.

(sys-219) Mandarin Orange Chicken CWD	Total Carbohydrate (g)	
	Recipe	Serving
Mandarin Orange Chicken CWD	19	19.3911
	19	19.3911

* Total includes one or more missing nutrient data.

(461028) Mandarin Oranges	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Mandarin Oranges	17	8.5	17
	17	8.5	17

* Total includes one or more missing nutrient data.

(414007) Maple Sunrise Bites	Total Carbohydrate (g)	
	Recipe	EA
Maple Sunrise Bites	20	20
	20	20

* Total includes one or more missing nutrient data.



(R-16) Mashed Potatoes	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 Cup	Serving - 1/4 cup
Water	0	0	0
Dehydrated Mashed Potatoes 39#	13075.2854	13.6201	6.81
	13075.2854	13.6201	6.81

* Total includes one or more missing nutrient data.

(R-50) Max Sticks with Marinara Sauce	Total Carbohydrate (g)	
	Recipe	Serving
Max Sticks	32	32
Marinara Cups 2.5 oz	7	7
	39	39

* Total includes one or more missing nutrient data.

(808163) Mini Rice Krispie Treat	Total Carbohydrate (g)	
	Recipe	EA
Mini Rice Krispie Treat	9	9
	9	9

* Total includes one or more missing nutrient data.

(310020) Mixed Fruit USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Mixed Fruit USDA	15	7.5	15
	15	7.5	15

* Total includes one or more missing nutrient data.

(336002) Mixed Vegetables USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/2 Cup	Serving - 1/4 cup
Mixed Vegetables USDA	12	12	6.0706
	12	12	6.0706

* Total includes one or more missing nutrient data.



(813012) Mozzarella Cheese Stick	Total Carbohydrate (g)	
	Recipe	EA
Mozzerela Cheese Stick	2	2
	2	2

* Total includes one or more missing nutrient data.

(412011) Mustard Packets	Total Carbohydrate (g)	
	Recipe	EA
Mustard Packets	0	0
	0	0

* Total includes one or more missing nutrient data.

(804005) Nacho Doritos	Total Carbohydrate (g)	
	Recipe	EA
Nacho Doritos	20	20
	20	20

* Total includes one or more missing nutrient data.

(R-49) Nachos	Total Carbohydrate (g)	
	Recipe	Serving
Nacho Meat	10.3616	10.3616
Cheese Sauce	4.3615	4.3615
Tortilla Chips Bulk	20	20
	34.7231	34.7231

* Total includes one or more missing nutrient data.

(806124) Nardone Stuffed Crust Cheese Pizza Wedge IW	Total Carbohydrate (g)	
	Recipe	EA
Nardone Stuffed Crust Cheese Pizza Wedge IW	29	29
	29	29

* Total includes one or more missing nutrient data.

(P-1025) Orange Smiles	Total Carbohydrate (g)		
	Recipe	EA	Serving
Oranges 88ct	12.54	22.61	11.305

* Total includes one or more missing nutrient data.



(P-1025) Orange Smiles	Total Carbohydrate (g)		
	Recipe	EA	Serving
	12.54	22.61	11.305

* Total includes one or more missing nutrient data.

(336005) Peas USDA	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Peas USDA	11	5.5	11
	11	5.5	11

* Total includes one or more missing nutrient data.

(806080) Pepperoni Pizza Anytimers	Total Carbohydrate (g)	
	Recipe	EA
Pepperoni Pizza Anytimers	35	35
	35	35

* Total includes one or more missing nutrient data.

(808000) Pickle Chips	Total Carbohydrate (g)	
	Recipe	Serving - 5 Each
Pickle Chips	2.41	0.2301
	2.41	0.2301

* Total includes one or more missing nutrient data.

(461026) Pineapple Tidbits	Total Carbohydrate (g)		
	Recipe	Serving - 1/4 Cup	Serving - 1/2 Cup
Pineapple Tidbits	17.9999	9	17.9999
	17.9999	9	17.9999

* Total includes one or more missing nutrient data.

(804009) Plain Baked Chips	Total Carbohydrate (g)	
	Recipe	EA
Plain Baked Chips	22	22
	22	22

* Total includes one or more missing nutrient data.



(412018) Ranch Dressing Cup	Total Carbohydrate (g)	
	Recipe	EA
Ranch Dressing Cup	2	2
	2	2

* Total includes one or more missing nutrient data.

(P-1018) Red Grapes	Total Carbohydrate (g)		
	Recipe	Elementary Serving	Pk Serving
Red Grapes	18.1	15.3938	7.6969
	18.1	15.3938	7.6969

* Total includes one or more missing nutrient data.

(R-5) Rice	Total Carbohydrate (g)		
	Recipe	1/2 Cup Serving	Serving - 1/4 Cup
Water	0	0	0
Brown Rice	1360.7772	21.2621	10.6311
Vegetable Oil	0	0	0
Chicken Soup Base	24.0632	0.376	0.188
	1384.8404	21.6381	10.8191

* Total includes one or more missing nutrient data.

(819020) Salsa Cups	Total Carbohydrate (g)	
	Recipe	EA
Salsa Cups	5	5
	5	5

* Total includes one or more missing nutrient data.

(414005) Saltine Crackers	Total Carbohydrate (g)	
	Recipe	4 Packets
Saltine Crackers	5	20
	5	20

* Total includes one or more missing nutrient data.



(808151) Scooby Doo Cinnamon Sticks	Total Carbohydrate (g)	
	Recipe	EA
Scooby Doo Cinnamon Sticks	21	21
	21	21

* Total includes one or more missing nutrient data.

(R-4) Side Salad	Total Carbohydrate (g)	
	Recipe	Each
Carrots, Shredded	0.2874	0.2874
Romaine Lettuce cs	1.8095	1.8095
Grape Tomatoes purchased	0.7278	0.7278
	2.8247	2.8247

* Total includes one or more missing nutrient data.

(806201) Small Grape PB&J Uncrustable	Total Carbohydrate (g)	
	Recipe	EA
Small Grape PB&J Uncrustable	32	32
	32	32

* Total includes one or more missing nutrient data.

(806207) Southwest Cheesy Pull Aparts	Total Carbohydrate (g)	
	Recipe	Each
Southwest Cheesy Pull Aparts	33	33.3015
	33	33.3015

* Total includes one or more missing nutrient data.

(R-42) Spaghetti with Meat Sauce 1	Total Carbohydrate (g)	
	Recipe	Serving - 2/3 Cup
Water	0	0
Meatless Spaghetti Sauce CWD	576.969	10.6846
Beef Crumbles	26.2195	0.4855
Spaghetti	1007.9997	18.6667
	1611.1882	29.8368

* Total includes one or more missing nutrient data.



(802005) Strawberry Mango Sidekick	Total Carbohydrate (g)	
	Recipe	EA
Strawberry Mango Sidekick	20	20
	20	20

* Total includes one or more missing nutrient data.

(D-1003) Strawberry Milk FF	Total Carbohydrate (g)	
	Recipe	EA
Strawberry Milk FF	21.9999	21.9999
	21.9999	21.9999

* Total includes one or more missing nutrient data.

(89409) Stuffed Crust Cheese Pizza Elem	Total Carbohydrate (g)	
	Recipe	Slice(s)
Stuffed Crust Cheese Pizza Elem	31	31
	31	31

* Total includes one or more missing nutrient data.

(806082) T Ham & Cheese Anytimers	Total Carbohydrate (g)	
	Recipe	EA
T Ham & Cheese Anytimers	33	33
	33	33

* Total includes one or more missing nutrient data.

(809005) Tater Tots	Total Carbohydrate (g)			
	Recipe	Serving - 12 Each	Serving - 4 Each	Serving - 8 Each
Tater Tots	16	24	8	16
	16	24	8	16

* Total includes one or more missing nutrient data.

(809000) Thin Cut Fries	Total Carbohydrate (g)	
	Recipe	Serving
Thin Cut Fries	22	22
	22	22

* Total includes one or more missing nutrient data.



(sys-216) Thin Cut Fries CWD	Total Carbohydrate (g)	
	Recipe	Serving
Thin Cut Fries CWD	22	22
	22	22

* Total includes one or more missing nutrient data.

(805592) Tio Pepe Cinnamon Churro	Total Carbohydrate (g)	
	Recipe	EA
Tio Pepe Cinnamon Churro	23	23
	23	23

* Total includes one or more missing nutrient data.

(809006) Tri Taters	Total Carbohydrate (g)		
	Recipe	Each	Serving - 2 Each
Tri Taters	14	14	28
	14	14	28

* Total includes one or more missing nutrient data.

(806081) Turkey & Cheese Anytimers	Total Carbohydrate (g)	
	Recipe	EA
Turkey & Cheese Anytimers	37	37
	37	37

* Total includes one or more missing nutrient data.

(sys-220) Twister Fries CWD	Total Carbohydrate (g)		
	Recipe	Serving - 1.5 oz	Serving - 3 oz
Twister Fries CWD	24	12	24
	24	12	24

* Total includes one or more missing nutrient data.

(sys-157) Veggie Cup	Total Carbohydrate (g)	
	Recipe	1/2 Cup Serving
Celery Sticks	1.0525	0.1754
Broccoli Florets bag	0.9468	0.1578

* Total includes one or more missing nutrient data.



(sys-157) Veggie Cup	Total Carbohydrate (g)	
	Recipe	1/2 Cup Serving
Carrots, Baby bag	18.688	3.1147
Cauiflower Florets	1.409	0.2348
Grape Tomatoes purchased	1.4667	0.2444
Cucumber Select 25# purchased	1.2864	0.2144
Green Sweet Peppers, Med	2.1836	0.3639
	27.0329	4.5055

* Total includes one or more missing nutrient data.

(800109) Warm Garlic Breadsticks	Total Carbohydrate (g)	
	Recipe	EA
Premade Garlic Breadsticks	16	16
	16	16

* Total includes one or more missing nutrient data.

(816051) Watermelon Raisels	Total Carbohydrate (g)	
	Recipe	EA
Watermelon Raisels	37	37
	37	37

* Total includes one or more missing nutrient data.

(D-1001) White Milk 1%	Total Carbohydrate (g)	
	Recipe	EA
White Milk 1%	12	12
	12	12

* Total includes one or more missing nutrient data.

(R-8) Yogurt, Cheese Stick & Crackers	Total Carbohydrate (g)	
	Recipe	Serving
Yogurt Variety	18.9999	18.9999
Mozzerela Cheese Stick	2	2
Saltine Crackers	20	20
	40.9999	40.9999



* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 8/11/2021, End = 10/29/2021)
Menu Plans	(21-22 Elementary Lunch)
Nutrients	(Total Carbohydrate)