

Central Islip UFSD- School Nutrition Department
DISCLOSURE OF FOOD ALLERGENS ON-SITE



Please note that all products may be made in a factory that contains 1 or more of the 8 allergens which are wheat, soy, egg, milk, fish shellfish,peanuts and treenuts.

X INDICATES ALLERGEN IS PRESENT IN FOOD ITEM

Indicates may contain or processed in allergen facility

* Indicates may contain seeds

* The information contained in this list of facts is based on our current data. However, because the data may change from time to time, this information may not always be identical to the nutritional label information of products.

Food Item	Soy/Soy Protein	Wheat	Milk	Fish	Tree Nuts	Peanut Butter	Shell fish	Egg
100 Calorie Cheese Nips	x	x	x					
100 Calorie Chips Ahoy	x	x	x					
100 Calorie Chocolate chunk(Pepp. Farm)	x	x	x					
100 Calorie Fudge Stripes	x	x	x					
100 Calorie Honeymaid Grahams	x	x						
100 calorie oreo		x						
100 calorie ritz snack mix		x	x					
100 Calorie Wheat Thins	x	x						
Bagel Chips, Garlic, NY Style	x	x						
Bread, French	x	x						
Bagels, All Flavors (Always)	x	x						
Bagels Lenders		x						
Bagel chips		x						
bbq sauce								
Bread, Whole Wheat (hamburger buns also)	x	x						
Bread white		x						
Biscuit, buttermilk		x	x					

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Bread,Wrap:all flavors, (soy oil)		x	x					
Breadsticks, Wheat, Garlic or Cheese		x	x					
Breakfast Sausage Patty		x						
Burger / Sliders (TA Morris)		x						
Burgers (JTM)								
Butter Blend		x		x				
Butter				x				
Cheese and any food with cheese		x		x				
Cheese bread sticks				x				
Cheddar Cheese Sauce Muy Fresco		x		x				
Cheese Quesadillas Schwan's		x	x	x				x
Chicken, whole Grain 2154		x	x					
Chicken, cut up chicken 32196		x						
Chicken, ice glazed boneless 4506		x						
Chicken Dippers 9879		x	x					
Chicken, Crispy Tender Breaded 3859		x	x	x				x
Chicken, Breaded Stick 4355		x	x					
Chicken Breaded oven fried Goldkist 6010		x	x					x
Chicken Nuggets and or FingersTyson		x	x	x				x
Breaded 3858								
Chicken Patties, Tyson, Breaded 5809		x	x	x				
Chicken Patties, Tyson, Bread/Krunchy 3857		x	x	x				x
Chicken, Breaded (Gov/Purch) 13375		x	x					
Chicken Patty, Tyson, Spicy 5567		x	x	x				x
Chicken Fajitas		x		x				
Chicken, Grilled		x						
Chicken, Popcorn 2940		x	x	x				x
Cereal kelloggs mini wheats		x	x					
cereal kelloggs mini bites		x	x					
Cereal kelloggs corn flakes		x						
Cereal cheerios			x	x		x	x	
Corn flakes			x	x				

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Cinnamon Toast Crunch	x	x					
raisin bran		x					
Croutons		x	x				
Creamcheese			x				
Chex Mix	X	X	X		X	X	
Cheez its scrabble	x	x	x				
Coleslaw	x						
Cookies, back to nature mini choc	x	x	x				
Cookie, Chocolate Chip, Redi-Bake	x	x	x				x
Crackers, Saltines	x	x					
Crab Meat (Imitation)	x			x			
Danish, Apple (Joeys)	X	X	X				X
Dressing, Caesar / Caesar Light	x		x	x			x
Dressing, Honey Mustard, Kens	x						
Dressing, Lite Ranch, Admiration-Piknik	x		x				X
Dressing, French, Cains							
Dressing, Raspberry, Kens							
Dressing, Greek, Kens	x						
Doritos nacho cheese .5		x	x				
Doritos spicy sweet chili		x					
Doritos cool ranch			x				
Egg noodles		x					x
Eggplant, Breaded	x	x	x				
Egg roll (turkey) minh	x	x	x				x
Egg Salad							x
Egg Breakfast items							x
Egg sandwich		x	x				x
Egg sandwich with sausage	x	x	x				x
egg omlet patty			x				x
Elf Grahams	x	x					
Fruit & Berry yogurt snack			x				
Fortune Cookies	x	x					

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French Fries (soy oil)	x							
French Fries McCains sweet potato	x	x						
French Fries McCains reduced sodium smiles	x							
French Toast Sticks	x	x	x					x
French Toast Slice	x	x	x					x
Frosted Flakes	x							
Frosted Mini Wheats	x	x						
	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Tree Nuts	Peanut Butter	Shell fish	Egg
Fun Fish	x	x						
Flat earth vegetable crisps	x		x					
Goldfish Cheddar Crackers	x		x					
Goldfish Graham's, Cinnamon	x	x	x					
Graham crackers (keebler)	x	x						
Gravy, Chicken	x	x	x					
Gravy, Brown	x	x						
Hot Pocket	x	x	x					x
Hamburger-TVP	x							
Hummus with crackers		x						
Ice Cream - ALL TYPES INCLUDE MILK			x					
Ice Cream - Cones	x	x	x					
Ice Cream - Sandwich	x	x	x					
Italian Style Stuffed Sandwich	x	x	x					
Kellogs Special K bars	x	x	x					
Kellogs Grab & Go cereal	x	x						
Kettlecorn popcorn	x				x	x		
Kidzels (contain honey)		x						
Lindens Cookies, 2 pk, ButterCrunch	x	x				#		
Lindens Cookies, 2 pk, Choc Chip	x	x				#		
Lindens Cookies, 2 pk, Fudge Chip	x	x	x			#		x
Lindens Cookies, 2 pk, Lemon	x	x				#		x
Lindens Cookies, 2 pk, Oatmeal	x	x				#		x

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Lomein noodles or vegetable minh	x	x						x
Macaroni Salad	x	x	x					x
Mashed Potatoes			x					
Macaroni & Cheese	x	X	X					
Mayonnaise	x							x
Meatballs, Beef (TA Morris)?	x							
Meatballs, Beef (JTM)	X	X						
	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Tree Nuts	Peanut Butter	Shell fish	Egg
Mozzarella Sticks, Farm Rich, Giorgio	x	x	x					x
Munchies Snack Mix	x	x	x					
Muffins (all flavors)	x	x	x					x
Cheese Omlet	X		X					X
Pancakes mini pouch-Pillsbury	x	x	x					x
Pasta - all varieties		x						
Pita chips Stacys		x	x					
Pita chips NY Style		x						
Pizza - Schwan's Galaxy	x	x	x					
Pizza - Nardone - Personal	x	x	x					
Pizza - Nardone - WW French Bread	x	x	x					
Pizza - big Daddies	x	x	x					
Pizza- Nardone 4x6 & 3x5	x	x	x					
Pizza- Nardone bagel	X	X	X					
Pizza nuggets	x	x	x					
Popcorn Shrimp	x	x	x				x	x
Popcorn, SmartFood, White Cheddar	x		x					
Potato Chips, Baked Lays, BBQ	x	x	x					x
Potato Chips, Baked Lays, Original	x							
Potato Chips, Baked Lays, SW ranch	x		x					
Potato Chips, Baked Lays, Sr Crm & On	x		x					
Potato Chips, Baked ruffles Sr. crm& On	x							

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	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Nuts	Butter	fish	Egg
Potato, hash brown	x							
Pop tarts, whole grain single Kellogs	x	x						
Pop tarts, Kellogs	x	x						
Pop chips	#	#						
	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Nuts	Butter	fish	Egg
Pretzels all kinds contain wheat		x						
Pretzel, Soft, NY Whole Wheat		x						
Pretzel, Soft, NY		x						
Pretzel, soft cin raisin		x						
Ravioli		x	x					x
Rice, brown		x						
Rice Cakes, Quakes, Caramel	x							
Rice Cakes, Quakes, Cheddar	x		x					
Rice Krispy Treats - Mini	x		x					
Roast Beef	x							
Roll sweet sandwich	x	x				#		x
Roll, Dinner, Italian	x	x				#		
Roll, Dinner, Semolina	x	x				#		
Roll, Dinner, Sweet	x	x				#		x
Roll cracked wheat	x	x				#		x
Roll, Multigrain	x	x				#		x
Roll, Whole Wheat Kaiser	x	x				#		
Roll, Whole Wheat hamburger	x	x				#		
Roll, torpedo (3.75 oz)	x	x				#		
Roll, small board (5 oz=1 hero)	x	x				#		
Roll, hot dog	x	x				#		
Salads that have cheese			x					
Salads that have croutons	x	x						
Salads in secondary bldgs may have nuts					x			
Sandwich wraps : All flavors (Toufayan)	x	x						
Sausage links		x						

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	x	x	x		x	x		
	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Tree Nuts	Peanut Butter	Shell fish	Egg
Simply chex (1 bread)								
Smart puffs, tings & pirates booty			x					
Smart cookies	x	x	x					
Soft Shell Taco Wrap, 6" - Elem	x	x						
Soup, Tomato Campbells	x	x						
Sun Chips, French Onion&original	x	x	x					
Sun chips garden salsa		x	x					
Sun chips harvest cheddar		x	x					
Spinach Salad (secondary bldgs)					x			
Sweet N Sour Sauce	x							
Sweet Potato Fries	x	x						
Sweet potato cut		x						
Taco Beef	x							
Taco Filling, Turkey (JTM)	x							
Taco Shells (soy oil)	x							
Tater Tots cavendish or McCains	x							
Teddy Grahams, Chocolate	x	x						
Teddy Grahams, Cinnamon	x	x						
Torellini	x	x						x
Tortilla Wraps, 6", 10", 12"	x	x						
Tositos, Baked, Scoops	x							
Tuna fish salad				x				x
Tuna fish sandwich	x	x		x				x
Turkey Gravy		x						
Tomato Sauce	x							
Peanut Butter & Jelly	x	x				x		
Veggie Burger, Dr. Praeger's	x	x						
Veggie Straws	#	x	#					
Waffle sticks (Hot pocket)	x	x	x					x
Waffles (Mrs. Butter Worths)	x	x	x					x

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Waffles, mini (Eggo)	x	x	x					x
Whipped Topping	x		x					
	<i>Soy/Soy Protein</i>	Wheat	Milk	Fish	Tree Nuts	Peanut Butter	Shell fish	Egg
Yogurt			x					
Yogurt Parfait			x					