

## CONDIMENTS

Item Name	Portion Size	Calories	Sodium (mg)	Sugars (g)	Total Fat (g)	Carbohydrate (g)	Fiber (g)	Protein (g)
Barbecue Sauce	1 Packet	15	85	2	0	4	0	0
Butter	1 Each	9	66	0	0	2	0	0
Croutons	1 Packet	60	150	1	2	9	1	2
Croutons (Toasted)	1 Ounce	70	150	1	1	14	1	2
Dipping Sauce (Variety)	1 Packet	45	127	4	2	7	0	0
Hot Sauce	1 Packet	0	65	0	0	0	0	0
Jelly (Assorted)	1 Packet	33	0	6	0	9	0	0
Ketchup	1 Packet	10	85	2	0	3	0	0
Margarine	1 Each	20	30	0	2	0	0	0
Marinara Sauce	1 Packet	15	140	2	0	4	0	0
Mayonnaise	1 Packet	30	85	0	3	1	0	0
Mustard	1 Packet	5	85	0	0	1	0	0
Pancake Syrup	1 Packet	130	10	22	0	32	0	0
Pickle Spear	1 Spear	4	367	0	0	1	0	0
Raisins	1 Package	113	4	22	0	30	1	1
Raisins (Flavored)	1 Package	140	5	28	0	36	1	1
Salad Dressing: LF Honey Dijon	1 Packet	60	480	7	3	9	1	1
Salad Dressing: Lite Ranch	1 1/2 oz Packet	150	350	4	13	8	0	0
Salad Dressing: Ranch	2 Tbsp	112	509	0	10	3	0	1
Salad Dressing: Thousand Island	2 Tbsp	74	241	3	7	4	0	0
Salad Dressings: FF Assorted	1 Packet	15	120	2	0	3	0	0
Salad Dressings: FF Assorted	1 1/2 oz Packet	37	410	6	0	9	0	0
Salsa	1 Ounce	9	151	1	0	2	0	0
Saltine Crackers	2 4-Count Packs	90	260	0	3	16	0	2
Sour Cream	1 Packet	55	23	1	6	1	0	1
Sweet & Sour Sauce	1 Packet	50	75	7	0	12	0	0
Taco Sauce	1 Packet	5	95	1	0	1	0	0
Tartar Sauce	1 Packet	25	115	1	3	2	0	0
Vegetable Trimmings	1 Serving	5	106	1	0	1	0	0

**This institution is an equal opportunity provider**  
 Items are subject to change without notice due to the availability of items listed