

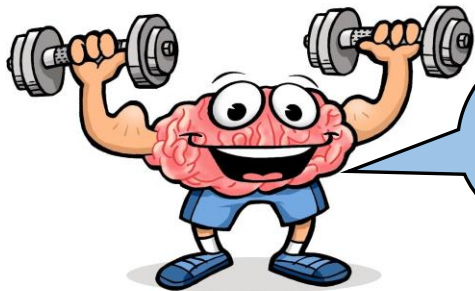
PLSD SYCAMORE ELEMENTARY GRAB & GO BREAKFAST ENTREE CARB COUNT MENU 2021-2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
(WEEK 1)									
Chocolate Chip Granola Bites	24	Honey Bun	38	Dunkin Stick	29	Cereal Bar	30	Mini Powder Donuts	41
Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72
(WEEK 2)									
Granola Bar	28	Honey Bun	38	French Toast Crunch Mania Snacks	38	Oatmeal Chocolate Chip Bar	25	Mini Chocolate Donuts	41
Otis Muffin	31	Otis Muffin	31	Otis Muffin	31	Otis Muffin	31	Otis Muffin	31
(WEEK 3)									
Chocolate Chip Granola Bites	24	Honey Bun	38	Dunkin Stick	29	Cereal Bar	30	Mini Powder Donuts	41
Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72
(WEEK 4)									
Granola Bar	28	Honey Bun	38	French Toast Crunch Mania Snacks	38	Oatmeal Chocolate Chip Bar	25	Mini Chocolate Donuts	41
Otis Muffin	31	Otis Muffin	31	Otis Muffin	31	Otis Muffin	31	Otis Muffin	31
(WEEK 5)									
Chocolate Chip Granola Bites	24	Honey Bun	38	French Toast Goldfish Graham	21	Cereal Bar	30	Mini Powder Donuts	41
Pop Tart Pack	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72	Pop Tart Kit	72

Milk is included with all Breakfasts

MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS OR UNPLANNED SCHOOL CLOSINGS

This institution is an equal opportunity provider



Fuel Up To Start Your Day With A Good Breakfast

Start Your Day The Right Way Eat Breakfast



All Meals are FREE for this school year!
Milk - .50
Ala Carte items will be available for purchase
To make prepayments or check on your child's account please use MyPaymentsPlus.com or 1-866-711-7341

Pickerington Local Schools strives to provide safe nutritious food. However, we cannot guarantee trace amounts of potential allergens not listed on food labels for sensitive individuals. Upon request, please call our office at 614-833-3645 for ingredient listings.

Please see www.pickerington.k12.oh.us for additional school food service resources

Various Additional Entree Selections Are Available Everyday

SCHOOL														
AUG 2021							SEPT 2021							
M	T	W	T	F			M	T	W	T	F			
2	3	4	5	6			6	7	8	9	10			
9	10	11	12	13			13	14	15	16	17			
16	17	18	19	20			20	21	22	23	24			
23	24	25	26	27			27	28	29	30				
30	31													
OCT 2021							NOV 2021							
M	T	W	T	F			M	T	W	T	F			
				1			1	2	3	4	5			
4	5	6	7	8			8	9	10	11	12			
11	12	13	14	15			15	16	17	18	19			
18	19	20	21	22			22	23	24	25	26			
25	26	27	28	29			29	30						
DEC 2021							JAN 2022							
M	T	W	T	F			M	T	W	T	F			
				1	2	3	3	4	5	6	7			
6	7	8	9	10			10	11	12	13	14			
13	14	15	16	17			17	18	19	20	21			
20	21	22	23	24			24	25	26	27	28			
27	28	29	30	31			31							
FEB 2022							MARCH 2022							
M	T	W	T	F			M	T	W	T	F			
	1	2	3	4			1	2	3	4				
7	8	9	10	11			7	8	9	10	11			
14	15	16	17	18			14	15	16	17	18			
21	22	23	24	25			21	22	23	24	25			
28							28	29	30	31				
APRIL 2022							MAY 2022							
M	T	W	T	F			M	T	W	T	F			
				1			1	2	3	4	5	6		
4	5	6	7	8			9	10	11	12	13			
11	12	13	14	15			16	17	18	19	20			
18	19	20	21	22			23	24	25	26	27			
25	26	27	28	29			30	31						