

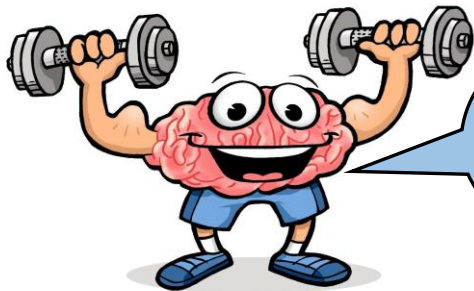
# PLSD ELEMENTARY & MIDDLE BREAKFAST ENTREE CARB COUNT MENU 2021-2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>(WEEK 1)</b>				
Chocolate Chip Granola Bites 24 w/ Yogurt 14 Pop Tart Pack 72	Honey Bun 38 Yogurt Meal 36	Mini Chocolate Chip French Toast 35 Pop Tart Pack 72	Mini Cinni 39 Pop Tart Pack 72	Mini Powder Donuts 41 Yogurt Meal 36
<b>(WEEK 2)</b>				
Muffin 31 w/ Cheese Stick 1 Pop Tart Pack 72	Honey Bun 38 Yogurt Meal 36	Apple Cinnamon Texas Toast 45 Yogurt Meal 36	Oatmeal Chocolate Chip Bar 25 w/ Cheese Stick 1 Pop Tart Pack 72	Mini Chocolate Donuts 41 Yogurt Meal 36
<b>(WEEK 3)</b>				
Muffin 31 w/ Yogurt 14 Pop Tart Pack 72	Honey Bun 38 Yogurt Meal 36	Mini Pancake Bites 15 Pop Tart Pack 72	Mini Cinni 39 Pop Tart Pack 72	Mini Powder Donuts 41 Yogurt Meal 36
<b>(WEEK 4)</b>				
Muffin 31 w/ Cheese Stick 1 Pop Tart Pack 72	Honey Bun 38 Yogurt Meal 36	Apple Cinnamon Texas Toast 45 Yogurt Meal 36	French Toast Goldfish Graham 21 w/ Cheese Stick 1 Pop Tart Pack 72	Mini Chocolate Donuts 41 Yogurt Meal 36
<b>(WEEK 5)</b>				
French Toast Crunch Mania Snacks 38 Pop Tart Pack 72	Honey Bun 38 Yogurt Meal 36	Mini Maple Madness Waffle 37 Pop Tart Pack 72	Mini Cinni 39 Pop Tart Pack 72	Mini Powder Donuts 41 Yogurt Meal 36

Milk is included with all Breakfasts

MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS OR UNPLANNED SCHOOL CLOSINGS

This institution is an equal opportunity provider



**Fuel Up To  
Start Your Day  
With A Good  
Breakfast**

**Start Your Day  
The  
Right Way  
Eat Breakfast**



All Meals are FREE for this school year!  
Milk - .50  
Ala Carte items will be available for purchase  
To make prepayments or check on your child's account  
please use MyPaymentsPlus.com  
or 1-866-711-7341

Pickerington Local Schools strives to provide safe nutritious food.  
However, we cannot guarantee trace amounts of potential allergens not  
listed on food labels for sensitive individuals. Upon request, please call  
our office at 614-833-3645 for ingredient listings.

Please see [www.pickerington.k12.oh.us](http://www.pickerington.k12.oh.us)  
for additional school food service resources

Various Additional Entree Selections Are  
Available Everyday

## SCHOOL

AUG 2021					SEPT 2021				
M	T	W	T	F	M	T	W	T	F
2	3	4	5	6	1	2	3		
9	10	11	12	13	4	5	6	7	8
16	17	18	19	20	10	11	12	13	14
23	24	25	26	27	15	16	17	18	19
30	31				22	23	24	25	26
					27	28	29	30	
OCT 2021					NOV 2021				
M	T	W	T	F	M	T	W	T	F
				1	1	2	3	4	5
4	5	6	7	8	8	9	10	11	12
11	12	13	14	15	15	16	17	18	19
18	19	20	21	22	22	23	24	25	26
25	26	27	28	29	29	30			
DEC 2021					JAN 2022				
M	T	W	T	F	M	T	W	T	F
			1	2	3	4	5	6	7
6	7	8	9	10	10	11	12	13	14
13	14	15	16	17	17	18	19	20	21
20	21	22	23	24	24	25	26	27	28
27	28	29	30	31	31				
FEB 2022					MARCH 2022				
M	T	W	T	F	M	T	W	T	F
	1	2	3	4	1	2	3	4	
7	8	9	10	11	7	8	9	10	11
14	15	16	17	18	14	15	16	17	18
21	22	23	24	25	21	22	23	24	25
28					28	29	30	31	
APRIL 2022					MAY 2022				
M	T	W	T	F	M	T	W	T	F
				1	1	2	3	4	5
4	5	6	7	8	9	10	11	12	13
11	12	13	14	15	16	17	18	19	20
18	19	20	21	22	23	24	25	26	27
25	26	27	28	29	30	31			