

Twin Rivers Unified School District

Oct 1, 2021 thru Oct 29, 2021

Base Menu Spreadsheet

Elementary K-8 Lunch

Portion Values - Detailed

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Generated on: 10/8/2021 8:28:28 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/01/2021			
Elementary K-8 Lunch	Total	1	
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Yogurt Cheese & Lg Muffin	1 each	1	53.51
Lettuce Iceburg Shrd Elem	1 cup	1	2.14
Carrots Baby Fresh Bagged	1/4 Cup	1	3.74
Fruit, Canned, Pears Diced	1/2 cup	1	16.0
mayo packet	packet	1	0.0
MUSTARD: individual PC	Packet	1	0.29
Ranch Packet	Packets	1	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			148.49
% of Calories			55.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/04/2021			
Elementary K-8 Lunch	Total	1	
Bean & Cheese Chimi Nada TR	1 each	1	43.0
Corn Dog Turkey	1 Each	1	30.0
Salad Mix TR	1 cup	1	2.37
Carrots Baby Fresh Bagged	1/4 Cup	1	3.74
Wawona Frozen Fruit Cup	1 ea	1	19.69
Ketchup packet	packet	1	2.7
MUSTARD: individual PC	Packet	1	0.29
Taco sauce Packet	1 each	1	1.06
Ranch Packet	Packets	1	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			141.83
% of Calories			57.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/05/2021			
Elementary K-8 Lunch	Total	1	
Grilled Cheese Sandwich	1 each	1	30.96
Turkey Soft Taco	1 Each	1	17.75
Beans, Pinto	1/2 cup	1	21.0
Lettuce Iceburg Shrd Elem	1 cup	1	2.14
Fruit Choice (Canned)	1/2 cup	1	23.22
Taco sauce Packet	1 each	1	1.06
Ranch Packet	Packets	1	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			135.11
% of Calories			54.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/06/2021			
Elementary K-8 Lunch	Total	1	
Orange Chicken K-8 (No Rice)	3.6 oz Serving	1	19.0
White Rice, Parboil Long Grain	1/2 Cup	1	41.16
Burrito Bean & Cheese Los Cabo	1 each	2	40.86
Broccoli Florets	1/2 Cup	2	2.92
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Fresh Bananas Whole 100 Cnt	1 Each	2	26.95
Ranch Packet	Packets	2	1.98
Taco sauce Packet	1 each	2	1.06
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			252.18
% of Calories			66.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/07/2021			
Elementary K-8 Lunch	Total	1	
Macaroni & Cheese	6 oz Serving	1	31.05
Chicken Drumstick, Breaded	1 each	1	6.0
Biscuit WG Conestoga TR 18/19	1 each	2	26.0
Mashed Potatoes	1/2 c	2	17.8
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Ranch Packet	Packets	2	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			201.09
% of Calories			52.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/08/2021			
Elementary K-8 Lunch	Total	1	
Beef Hamburger on Bun TR 18/19	1 Each	2	30.6
Cheese Quesadilla, Lunch	2 Pieces	1	32.0
Potato French Fries	1/2 cup	2	14.0
Lettuce Iceberg Shrd Elem	1 cup	2	2.14
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
Taco sauce Packet	1 each	1	1.06
Ranch Packet	Packets	2	1.98
mayo packet	packet	1	0.0
MUSTARD: individual PC	Packet	1	0.29
Ketchup packet	packet	2	2.7
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			203.97
% of Calories			51.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 10/11/2021			
Elementary K-8 Lunch	Total	1	
Pizza Beef Pepp WG	slice	1	33.0
Pizza Cheese Wild Mikes Wedge	Slice	1	34.0
Salad Mix TR	1 cup	2	2.37
Sweet Potato Fries, Lunch	1/2 cup	2	17.0
Craisins, Ocean Spray, Pouch	1 each	2	28.0
Ranch Packet	Packets	2	1.98
Ketchup packet	packet	2	2.7
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			208.10
% of Calories			54.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 10/12/2021			
Elementary K-8 Lunch	Total	1	
Grilled Cheese Sandwich	1 each	2	30.96
Turkey Taco Meat & Cheese Dip	Serving	2	2.75
Tortilla Chips	1 Each	2	19.0
Lettuce Iceberg Shrd Elem	1 cup	1	2.14
Beans, Refried, Vegetarian	1/2 Cup	1	29.54
Sweet Potato Fries, Lunch	1/2 cup	2	17.0
Fruit, Canned, Peaches Diced	1/2 CUP	1	17.0
Ranch Packet	Packets	2	1.98
Taco sauce Packet	1 each	2	1.06
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			231.18
% of Calories			50.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 10/13/2021			
Elementary K-8 Lunch	Total	1	
Beef Rib-A-Que on WG Bun	1 each	1	43.0
Cheese Quesadilla, Lunch	2 Pieces	1	32.0
Potato Smiles TR	4 Pieces	2	20.0
Broccoli Florets	1/2 Cup	2	2.92
Fresh Bananas Whole 100 Cnt	1 Each	2	26.95
Ranch Packet	Packets	2	1.98
Ketchup packet	packet	2	2.7
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			221.11
% of Calories			58.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/14/2021			
Elementary K-8 Lunch	Total	1	
Cold Trky & Chz Sandwich, 2M2G	1 each	1	33.83
Grape Sunbutter	1 each	1	33.0
Cheese stick mozzarella	1 OZ	1	1.0
Chips, Cheeto Puffs TR 18/19	bag	2	14.03
Lettuce Iceburg Shrd Elem	1 cup	2	2.14
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
mayo packet	packet	2	0.0
MUSTARD: individual PC	Packet	2	0.29
Ranch Packet	Packets	2	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			179.98
% of Calories			49.4%
Nutrient Guideline			

Fri - 10/15/2021			
Elementary K-8 Lunch	Total	1	
Pancakes, Mini assorted flavor	Pouch	2	36.67
WG Cinn. Glazed French Toast	1 ea	1	28.0
Chicken Sausage Patty TR 18/19	1 ea	1	1.0
Hash Brown Rounds TR 21/22	Patty	2	15.0
Juice, Veg, 1/2c R/O TR 18/19	serving	2	10.0
Applesauce Cup, Unsweetened TR	1 Each	2	14.0
Syrup Maple TR	1 each	2	20.4
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			258.13
% of Calories			65.9%
Nutrient Guideline			

Mon - 10/18/2021			
Elementary K-8 Lunch	Total	1	
Chicken Strip	3 Pieces	1	16.0
Macaroni & Cheese	6 oz Serving	1	31.05
Vegetarian Baked Bean TR 18/19	1/2 cup	2	30.0
Tator Tot TR	8 pieces	2	14.0
Applesauce Cup, Unsweetened TR	1 Each	1	14.0
BBQ Sauce Packet TR	1 each	2	4.26
Ketchup packet	packet	2	2.7
Ranch Packet	Packets	2	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			203.94
% of Calories			57.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/19/2021			
Elementary K-8 Lunch	Total	1	
Chicken & Cheese Burrito Tr	1 each	1	33.0
French Bread Cheese Pizza	1 each	1	30.0
Salad Mix TR	1 cup	2	2.37
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Fresh Bananas Whole 100 Cnt	1 Each	2	26.95
Ranch Packet	Packets	2	1.98
Taco sauce Packet	1 each	2	1.06
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			172.19
% of Calories			56.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 10/20/2021			
Elementary K-8 Lunch	Total	1	
Chicken Sandwich PK-12	1 each	1	45.0
Burrito Bean & Cheese Los Cabo	1 each	1	40.86
Seasoned Potato Wedges	2.89 oz	2	20.0
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Fresh Orange Wedged 138 cnt	1 Each	2	15.39
mayo packet	packet	2	0.0
Ketchup packet	packet	2	2.7
Taco sauce Packet	1 each	2	1.06
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			208.62
% of Calories			55.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/21/2021			
Elementary K-8 Lunch	Total	1	
Beef Bites Teriyaki	4 pieces	1	11.7
White Rice, Parboil Long Grain	1/2 Cup	1	41.16
Yogurt Cheese & Lg Muffin	1 each	1	53.51
Broccoli Florets	1/2 Cup	2	2.92
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Craisins, Ocean Spray, Pouch	1 each	2	28.0
Sauce, Swt & Sr	1 each	1	5.0
Ranch Packet	Packets	2	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			221.66
% of Calories			67.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/22/2021			
Elementary K-8 Lunch	Total	1	
Turkey Pizza Nada Pocket TR	1 each	1	32.0
Cheese Calzone	1 ea	1	29.0
Salad Mix TR	1 cup	2	2.37
Juice, Vegetable Fruit 4.23 oz	1 Each	2	13.0
Fresh Apple Slices	1/2 c -6 slices	2	9.07
Ranch Packet	Packets	2	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			150.85
% of Calories			55.1%
Nutrient Guideline			

Mon - 10/25/2021			
Elementary K-8 Lunch	Total	1	
Fish Treasures, WG TR	4 each	1	22.0
French Bread Cheese Pizza	1 each	1	30.0
Carrots Baby Fresh Bagged	1/4 Cup	2	3.74
Corn Canned, TR	1/2 cup	2	15.63
Juice 100% Fruit 4.23 Oz Asst.	1 Each	2	14.83
Ketchup packet	packet	2	2.7
Ranch Packet	Packets	2	1.98
Sauce, Tartar	1 each	1	1.0
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			167.77
% of Calories			58.0%
Nutrient Guideline			

Tue - 10/26/2021			
Elementary K-8 Lunch	Total	1	
Cheese Quesadilla, Lunch	2 Pieces	1	32.0
Tukey Nachos Elem	1 Each	1	45.5
Beans, Refried, Vegetarian	1/2 Cup	2	29.54
Salad Mix TR	1 cup	2	2.37
Fresh Bananas Whole 100 Cnt	1 Each	2	26.95
Ranch Packet	Packets	2	1.98
Taco sauce Packet	1 each	1	1.06
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			237.24
% of Calories			58.7%
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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/27/2021			
Elementary K-8 Lunch	Total	1	
Bean & Cheese Chimi Nada TR	1 each	1	43.0
Turkey Hotdog on a Bun	1 each	1	31.0
Sweet Potato Fries, Lunch	1/2 cup	1	17.0
Broccoli Florets	1/2 Cup	1	2.92
Fresh Orange Wedged 138 cnt	1 Each	1	15.39
Taco sauce Packet	1 each	1	1.06
Ketchup packet	packet	1	2.7
mayo packet	packet	1	0.0
MUSTARD: individual PC	Packet	1	0.29
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			150.36
% of Calories			52.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/28/2021			
Elementary K-8 Lunch	Total	1	
Beef Italian Spaghetti	3/4 cup	1	31.27
Bread Garlic Toast WG TR	Slice	1	15.0
Cheese Bread Stick, Bosco	2 each	1	34.0
Spaghetti Dipping Sauce	1/8 cup	1	1.36
Carrots Baby Fresh Bagged	1/4 Cup	1	3.74
Salad Mix TR	1 cup	1	2.37
Applesauce Cup, Unsweetened TR	1 Each	1	14.0
Ranch Packet	Packets	1	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			140.73
% of Calories			56.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/29/2021			
Elementary K-8 Lunch	Total	1	
Trk Ham & Cheese Sand 2B-2M	1 Each	1	33.83
Yogurt Cheese & Lg Muffin	1 each	1	53.51
Lettuce Iceburg Shrd Elem	1 cup	1	2.14
Carrots Baby Fresh Bagged	1/4 Cup	1	3.74
Fruit, Canned, Pears Diced	1/2 cup	1	16.0
Rice Crispy Treat WG	bar	1	30.0
mayo packet	packet	1	0.0
MUSTARD: individual PC	Packet	1	0.29
Ranch Packet	Packets	1	1.98
Milk 1% White	Carton	1	16.0
Milk Choc FF TR	Carton	1	21.0
Weighted Daily Average			178.49
% of Calories			57.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Weighted Average			191.10 56.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	191.10	56.65%						

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