



School Day Cafe

# SEPTEMBER 2019

## ELEMENTARY SCHOOL MENU

CLICK HERE FOR NUTRITION INFORMATION

WE ALWAYS OFFER EACH CHILD GETS

- Breakfast: Breakfast bun, cereal, chilled fruit, fresh fruit
- Lunch: Fresh seasonal salad bar; pizza made daily with whole grain crust & reduced fat cheese
- 1 Entree
- 1 Seasonal Fruit or Veggie
- 1 Nonfat or 1% Milk

<p>Labor Day (No School)</p> <p style="text-align: center;">MON 02</p>	<p>Egg &amp; Sausage Wrap Breakfast Bun or Cereal ---</p> <p>Baja Fish Taco Mini Corn Dogs Dippin' Chicken &amp; Sauce Whole Grain Pizza Brownie Cup</p> <p style="text-align: center;">TUE 03</p>	<p>Breakfast Quesadilla Breakfast Bun or Cereal Fruit Juice ---</p> <p>Teriyaki Chicken Over Rice Chicken Nuggets Bean &amp; Cheese Burrito Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 04</p>	<p>Pancake Sausage Stick Breakfast Bun or Cereal ---</p> <p>BBQ Meatballs &amp; Mashed Potatoes Dippin' Chicken &amp; Sauce Deli Sandwich Whole Grain Pizza</p> <p style="text-align: center;">THU 05</p>	<p>Buttermilk Bar Breakfast Bun or Cereal Fruit Juice ---</p> <p>BBQ Pulled Pork Sandwich Chicken Nuggets PB&amp;J Sandwich &amp; String Cheese Whole Grain Pizza Manager's Choice</p> <p style="text-align: center;">FRI 06</p>
<p>Yogurt &amp; Crackers Breakfast Bun or Cereal Fruit Juice ---</p> <p>Chicken Enchilada Chicken Sandwich Spicy Chicken Sandwich Cheesy Stix &amp; Marinara Whole Grain Pizza</p> <p style="text-align: center;">MON 09</p>	<p>Breakfast Bagel Breakfast Bun or Cereal ---</p> <p>Pork Carnitas Tacos Chicken Nuggets PB&amp;J Sandwich &amp; String Cheese Whole Grain Pizza</p> <p style="text-align: center;">TUE 10</p>	<p>Maple Burst'n Mini Pancakes Breakfast Bun or Cereal Fruit Juice ---</p> <p>BBQ Chicken Sandwich Corn Dog Cheeseburger Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 11</p>	<p>Breakfast Pizza Breakfast Bun or Cereal ---</p> <p>Meatballs &amp; Marinara Sub Dippin' Chicken &amp; Sauce 'Lil Kahuna Double Dog Whole Grain Pizza Brownie Cup</p> <p style="text-align: center;">THU 12</p>	<p>Cherry Muffin Breakfast Bun or Cereal Fruit Juice ---</p> <p>Macaroni &amp; Cheese Chicken Nuggets Cheeseburger Whole Grain Pizza Manager's Choice</p> <p style="text-align: center;">FRI 13</p>
<p>Blueberry Bash Mini Waffles Breakfast Bun or Cereal Fruit Juice ---</p> <p>Mini Corn Dogs Chicken Nuggets Cheeseburger Whole Grain Pizza</p> <p style="text-align: center;">MON 16</p>	<p>Super Star Corn Muffin Breakfast Bun or Cereal ---</p> <p>Turkey Taco Dippin' Chicken &amp; Sauce PB&amp;J Sandwich &amp; String Cheese Whole Grain Pizza</p> <p style="text-align: center;">TUE 17</p>	<p>Pancake Sausage Stick Breakfast Bun or Cereal Fruit Juice ---</p> <p>Chicken Fiesta Bowl Cheeseburger HB Eggs &amp; Savory Crackers Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 18</p>	<p>Sausage Biscuit Breakfast Bun or Cereal ---</p> <p>Orange Chicken with Rice Dippin' Chicken &amp; Sauce Whole Grain Pizza</p> <p style="text-align: center;">THU 19</p>	<p>Breakfast Burrito Breakfast Bun or Cereal Fruit Juice ---</p> <p>Toasty Grilled Cheese Sandwich Popcorn Chicken Whole Grain Pizza Manager's Choice</p> <p style="text-align: center;">FRI 20</p>
<p>Triple Berry Blast Mini French Toast Breakfast Bun or Cereal Fruit Juice ---</p> <p>Chicken Drumstick &amp; Mashed Potatoes Cheeseburger Whole Grain Pizza</p> <p style="text-align: center;">MON 23</p>	<p>Breakfast Quesadilla Breakfast Bun or Cereal ---</p> <p>Bean &amp; Cheese Burrito Chicken Nuggets Deli Sandwich Whole Grain Pizza</p> <p style="text-align: center;">TUE 24</p>	<p>Breakfast Pizza Breakfast Bun or Cereal Fruit Juice ---</p> <p>Maple Burst'n Mini Pancakes &amp; Sausage Dippin' Chicken &amp; Sauce Whole Grain Pizza Celebration Cookie</p> <p style="text-align: center;">WED 25</p>	<p>Scrambled Slider Breakfast Bun or Cereal ---</p> <p>Corn Dog Popcorn Chicken Whole Grain Pizza</p> <p style="text-align: center;">THU 26</p>	<p>Buttermilk Bar Breakfast Bun or Cereal Fruit Juice ---</p> <p>Meatloaf &amp; Mashed Potatoes Chicken Nuggets PB&amp;J Sandwich &amp; String Cheese Whole Grain Pizza Manager's Choice Brownie Cup</p> <p style="text-align: center;">FRI 27</p>



School Day Cafe

# SEPTEMBER 2019

## MIDDLE SCHOOL MENU

CLICK HERE FOR NUTRITION INFORMATION

WE ALWAYS OFFER

Breakfast: Breakfast bun, cereal, chilled fruit, fresh fruit  
Lunch: Fresh seasonal salad bar; pizza made daily with whole grain crust & reduced fat cheese

EACH CHILD GETS

1 Entree  
1 Seasonal Fruit or Veggie  
1 Nonfat or 1% Milk

<p>Labor Day (No School)</p> <p style="text-align: center;">MON 02</p>	<p>Egg &amp; Sausage Wrap Breakfast Bun or Cereal --- Taco Pizza Baja Fish Taco Mini Corn Dogs Fresh Specialty Salad Whole Grain Pizza Brownie Cup</p> <p style="text-align: center;">TUE 03</p>	<p>Breakfast Quesadilla Breakfast Bun or Cereal Fruit Juice --- Teriyaki Chicken Over Rice Chicken Nuggets Fresh Specialty Salad Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 04</p>	<p>Pancake Sausage Stick Breakfast Bun or Cereal --- BBQ Meatballs &amp; Mashed Potatoes Popcorn Chicken Spicy Chicken Poppers Deli Sandwich Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">THU 05</p>	<p>Buttermilk Bar Breakfast Bun or Cereal Fruit Juice --- BBQ Pulled Pork Sandwich Chicken Nuggets PB&amp;J Sandwich &amp; String Cheese Fresh Specialty Salad Whole Grain Pizza Manager's Choice Pineapple Sno Pal</p> <p style="text-align: center;">FRI 06</p>
<p>Yogurt &amp; Crackers Breakfast Bun or Cereal Fruit Juice --- Chicken Enchilada Chicken Sandwich Spicy Chicken Sandwich Cheesy Stix &amp; Marinara Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">MON 09</p>	<p>Breakfast Bagel Breakfast Bun or Cereal --- Pork Carnitas Taco Chicken Nuggets PB&amp;J Sandwich &amp; String Cheese Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">TUE 10</p>	<p>Maple Burst'n Mini Pancakes Breakfast Bun or Cereal Fruit Juice --- Meat Lovers Pizza BBQ Chicken Sandwich Corn Dog Fresh Specialty Salad Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 11</p>	<p>Breakfast Pizza Breakfast Bun or Cereal --- Meatballs &amp; Marinara Sub Dippin' Chicken &amp; Sauce 'Lil Kahuna Double Dog Fresh Specialty Salad Whole Grain Pizza Brownie Cup</p> <p style="text-align: center;">THU 12</p>	<p>Cherry Muffin &amp; String Cheese Breakfast Bun or Cereal Fruit Juice --- Macaroni &amp; Cheese Chicken Nuggets Cheeseburger Fresh Specialty Salad Whole Grain Pizza Manager's Choice</p> <p style="text-align: center;">FRI 13</p>
<p>Blueberry Bash Mini Waffles Breakfast Bun or Cereal Fruit Juice --- Honey Sriracha Chicken Wings Mini Corn Dogs Chicken Sandwich Spicy Chicken Sandwich Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">MON 16</p>	<p>Super Star Corn Muffin Breakfast Bun or Cereal --- Turkey Taco Dippin' Chicken &amp; Sauce PB&amp;J Sandwich &amp; String Cheese Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">TUE 17</p>	<p>Pancake Sausage Stick Breakfast Bun or Cereal Fruit Juice --- Chicken Fiesta Bowl Cheeseburger HB Eggs &amp; Savory Crackers Fresh Specialty Salad Whole Grain Pizza Chocolate Chip Cookie</p> <p style="text-align: center;">WED 18</p>	<p>Sausage Biscuit Breakfast Bun or Cereal --- Orange Chicken with Rice Dippin' Chicken &amp; Sauce Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">THU 19</p>	<p>Breakfast Burrito Breakfast Bun or Cereal Fruit Juice --- Toasty Grilled Cheese Sandwich Popcorn Chicken Spicy Chicken Poppers Fresh Specialty Salad Whole Grain Pizza Manager's Choice</p> <p style="text-align: center;">FRI 20</p>
<p>Triple Berry Blast Mini French Toast Breakfast Bun or Cereal Fruit Juice --- Chicken Drumstick &amp; Mashed Potatoes Cheeseburger PB&amp;J Sandwich Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">MON 23</p>	<p>Breakfast Quesadilla Breakfast Bun or Cereal --- Grilled BBQ Chicken 'Wich Bean &amp; Cheese Burrito Chicken Nuggets Fresh Specialty Salad Whole Grain Pizza</p> <p style="text-align: center;">TUE 24</p>	<p>Breakfast Pizza Breakfast Bun or Cereal Fruit Juice --- Maple Burst'n Mini Pancakes &amp; Sausage Dippin' Chicken &amp; Sauce Fresh Specialty Salad Meat Lovers Pizza Whole Grain Pizza Celebration Cookie</p> <p style="text-align: center;">WED 25</p>	<p>Scrambled Slider Breakfast Bun or Cereal --- Nachos Mini Corn Dogs Popcorn Chicken Spicy Chicken Poppers Fresh Specialty Salad Whole Grain Pizza Pineapple Sno Pal</p> <p style="text-align: center;">THU 26</p>	<p>Buttermilk Bar Breakfast Bun or Cereal Fruit Juice --- Meatloaf &amp; Mashed Potatoes Chicken Nuggets Deli Sandwich Fresh Specialty Salad Whole Grain Pizza Brownie Cup</p> <p style="text-align: center;">FRI 27</p>