



**POWAY UNIFIED SCHOOL DISTRICT
Food and Nutrition Department
BREAKFAST AND LUNCH MEALS
FREE MEALS FOR ALL STUDENTS**



| REGULAR MEALS <i>Price includes entrée, fruit and vegetable sides, and milk.</i> | LUNCH | BREAKFAST |
|--|--------------|------------------|
| Elementary, Middle, and High School Students | Free | Free |
| Adult meals and second meals served to students* | \$4.25 | \$3.00 |

Note: Adult meals and second meals served to students are priced separately as required by statute.

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| SCHOOL MEALS ARE SAFE | SCHOOL MEALS CONNECT WITH STUDENTS |
| Poway Food and Nutrition staff are ServSafe® certified and have adapted to COVID-19 guidelines. When schools closed in March 2020, our Food and Nutrition Professionals continued serving millions of safe and nutritious meals to Poway students. Our Food and Nutrition Programs' health inspections scores are among the highest in California. | Students thrive in structured environments and school meals are a familiar part of their routine. The accessibility of school meals for both virtual and in-person learners is among the things that have remained constant during a time marked by increasing change. School meals connect students to their school, peers, and school staff. |
| SCHOOL MEALS SAVE YOU MONEY | SCHOOL MEALS ARE HEALTHY & DELICIOUS |
| School meals are now free through June 9, 2022. In addition to this benefit, school meals take the guesswork out of meal preparation for students as they learn in-person or virtually. | Quality school meals are the mainstay of the Poway Food and Nutrition Program! Food and Nutrition Professionals serve fresh and healthy meals that cater to students' nutritional needs. Our school meals also have the bonus of being absolutely delicious! |
| THERE IS ENOUGH FOR EVERYONE | CONTACT INFORMATION |
| We have enough school meals to serve all Poway students. When your child eats school meals, it does not reduce another child's ability to receive school meals. In fact, serving more school meals helps the local economy, the Food and Nutrition Program, and supports local farmers by serving California grown items. | Contact the Poway Food and Nutrition Department at 858-668-2570 or your child's school to find out how you can access school meals for your child at no cost. |

IMPORTANT: FOOD AND NUTRITION HAS GONE CASHLESS

Please ensure your child has a positive balance in his/her MySchool Bucks meal account.

| A LA CARTE BEVERAGES | | | | | |
|-----------------------------|--------------------|---------------------|---------------------|---------------------|----------------------|
| | MILK, 8 oz. | JUICE, 4 oz. | JUICE, 8 oz. | WATER, 8 oz. | WATER, 20 oz. |
| Student Price | \$0.75 | \$0.75 | \$1.00 | \$0.75 | \$1.25 |
| Adult Price | \$0.85 | \$0.85 | \$1.10 | \$0.85 | \$1.35 |

| METHODS OF PAYMENT | |
|--------------------------------|---|
| 1. Credit or Debit Card | Make payments online at: www.MySchoolBucks.com You can also view your child's account balance and purchase history. |
| 2. Check | Payable to: PUSD Food and Nutrition . Write student's name, grade, and ID number (if known) in the memo section of the check. |
| 3. Cash | Cash is no longer accepted as payment. |