



## Personal hygiene

### 1- Fingernails-

Food Service Employees shall keep fingernails trimmed, filed and clean. Finger nail polish is not allowed. Artificial nails are not permitted

### 2- Jewelry-

No jewelry may be worn on arms; this includes watches and fitness bands

No rings are allowed. Plain band rings, such as a wedding band are permitted

Stud earrings with secured backs are allowed, no earrings that hang below the ear are permitted

Necklaces are not permitted

### 3- Attire-

All employees shall wear the required uniform approved for the Food Service Department

Clothing should be clean and wrinkle free. No outerwear is to be worn in the food prep or serving food areas of the kitchen

Approved hair restraints (hairnet, visor or ball cap) the visor or ball cap has to be approved by the FSD prior to wearing. Hair restraints are to be worn at all times

### 4- No gum chewing is allowed