

The Law On Fundraising With Snacks In Schools

The ruling on the field:

The USDA has set standards to minimize “junk food” and promote healthier options. Therefore, using snacks for fundraising is a great idea as long as snacks meet the standards.

Standards that **MUST** be followed for snacks sold ON CAMPUS DURING SCHOOL HOURS:

- Snacks used for fund raising on campus and during school hours are **REQUIRED** to be “smart snack” approved.
 - Use this [calculator](#) to see if your snacks are smart.

School Hours?

- Midnight until 30 minutes after school ends.
 - That means selling donuts before school is off limits.
 - That means selling candy bars during or immediately after school is off limits.

On Campus?

- You can sell anything you want off school campus.

What are the smart snack standards?

- Grains... 50 percent or more whole grain
- First ingredient should be a fruit, vegetable, dairy product, or protein food
- The food must meet the nutrient standards for calorie, sodium, sugar, and fats as follows:

Calories	<ul style="list-style-type: none"> • Snacks Items: less than or equal to 200 calories • Entrée Items: less than or equal to 350 calories
Sodium	<ul style="list-style-type: none"> • Snack Items: less than or equal to 200 mg • Entrée Items: less than or equal to 230 mg
Total Fat	<ul style="list-style-type: none"> • <35% Calories from Fat
Saturated Fat	<ul style="list-style-type: none"> • <10% Calories from Saturated Fat
Trans Fat	<ul style="list-style-type: none"> • Zero grams per serving
Sugar	<ul style="list-style-type: none"> • <35% Sugar (by weight)

Why Smart Snacks?

- Kids with healthier eating patterns tend to perform better at school.
- Kids can consume healthier foods when at school.
- Smart snacks are a federal requirement at school sites.

Help us Out, what can we sell?

We realize that sweets sell better than fruits and veggies. Here are some lists of tasty treats that meet the smart snack requirements AND satisfy a sweet craving.

- [North Star Ice Cream Products](#)
- [Complete Smart Snack List](#)
- **Outside Vendors**
 - Dip n' Dots
 - Kona Ice

