

Anthony & Sons Bakery, Inc.
 Nutrition Label Report
 Whole Wheat Star Medium Kaiser Code: # 57

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Nutrition Facts	
12 servings per container	
Serving size 1 kaiser 2.3 oz (65g)	
Amount per serving	
Calories	140
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	6%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 1.4mg	8%
Potassium 50mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Unbromate Unbleached Enriched Wheat Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Water, Whole Wheat Flour, Water, Salt, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes), Shortening All Purpose Vegetable, Yeast, Sugar, Calcium Sulfate,Enzymes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.