

Muffins, WG, Blueberry, IW (#2164)



General Specifications

Pack: 48/3.1 oz
Kosher: KVH-D
Shelf Life: 5 days at ambient. 365 days frozen.
Status: Available



SCHOOL SPECIFICATIONS

Nutritional Ratio: 29-4-22
OZ Grain Equivalents: 2.0
Whole Grain: 19.3g, 60%
Enriched Flour: 12.7g
Combined Flour: 32g

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour [Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Sugar, Eggs, Soybean/Canola Oil, Blueberries, Modified Food Starch, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate, Sodium Aluminum Phosphate), Invert Sugar, Rolled Oats, Egg Extender (Wheat Flour, Egg Yolk, Whole Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes), Milk Whey, Soy Flour, Wheat Gluten, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Monoglycerides, Propylene Glycol Monoesters), N&A Flavor, Salt, Softener (Fruit Juice Powder, Grain Dextrin, Vegetable Fiber).

ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

Case Specifications

GTIN: 00737410216409
Dimensions: 19.688" x 13.313" x 5.75"
Cube: 0.87
Gross Weight: 10.55 lb
Per Pallet: 84
Tier x Height: 7 x 12

Bid Specification

Bake Crafters Muffins, WG, Blueberry, IW; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 225 calories, with no more than 9 grams of fat. Must contain less than 230 milligrams of sodium. Acceptable brand: Bake Crafters 2164.

Nutrition Facts

Serving Size 3.1 oz (88g), 1 Muffin

Amount Per Serving % Daily Value

Calories 250

Calories from Fat 70

Total Fat 8g 12%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 180mg 8%

Total Carb 41g 14%

Dietary Fiber 2g 8%

Sugars 19g

Protein 4g 8%

Vitamin A 2%

Vitamin C 2%

Calcium 4%

Iron 8%

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

