

Muffins, WG, Apple Cinnamon, IW (#2165)



General Specifications

Pack: 48/3.1 oz

Kosher: KVH-D

Shelf Life: 5 days at ambient. 365 days frozen.

Status: Available

SCHOOL SPECIFICATIONS

Nutritional Ratio: 25-4-22

OZ Grain Equivalents: 2.0

Whole Grain: 21.5g, 63%

Enriched Flour: 12.9g

Combined Flour: 34.4g



Nutrition Facts

Serving Size 3.1 oz (88g), 1 Muffin

Amount Per Serving % Daily Value

Calories 250

Calories from Fat 60

Total Fat 7g 11%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 150mg 6%

Potassium 100mg 3%

Total Carb 43g 14%

Dietary Fiber 2g 8%

Sugars 19g

Protein 5g 10%

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 10%

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS

Flour Blend (Whole Grain Wheat Flour, Enriched Bleached Wheat Flour (Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Water, Apple Filling (Apples, Sugar, Water, Modified Corn Starch, Salt, Potassium Sorbate, Cinnamon, Nutmeg), Eggs, Soybean/Canola Oil, Rolled Oats, Invert Sugar, Egg Extender (Wheat Flour, Egg Yolk, With Added Whole Egg Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto Oleoresin & Turmeric Oleoresin, Enzymes), Modified Food Starch, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural & Artificial Flavor, Milk Whey, Wheat Gluten, Soy Flour, Salt, Emulsifiers (Sodium Stearoyl Lactylate, Propylene Glycol Monoesters, Monoglycerides), Soy Lecithin, Softener (Powder Fruit Juice, Grain Dextrin, Vegetable Fiber).

ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

Instructions

PREPARATION

Handling Instructions: Simply thaw desired amount from freezer for approximately two hours and serve. If directly from freezer, remove packaging and product can be placed in microwave for approximately 30 seconds on high power.

Remove all packaging from product before placing in any heating device.



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Case Specifications

GTIN: 00737410216508

Dimensions: 19.688" x 13.313" x 5.75"

Cube: 0.87

Gross Weight: 10.55 lb

Per Pallet: 84

Tier x Height: 7 x 12

Bid Specification

Bake Crafters Muffins, WG, Apple Cinnamon, IW; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 225 calories, with no more than 8 grams of fat. Must contain less than 200 milligrams of sodium.

Acceptable brand: Bake Crafters 2165.

