

Your District's Scorecard

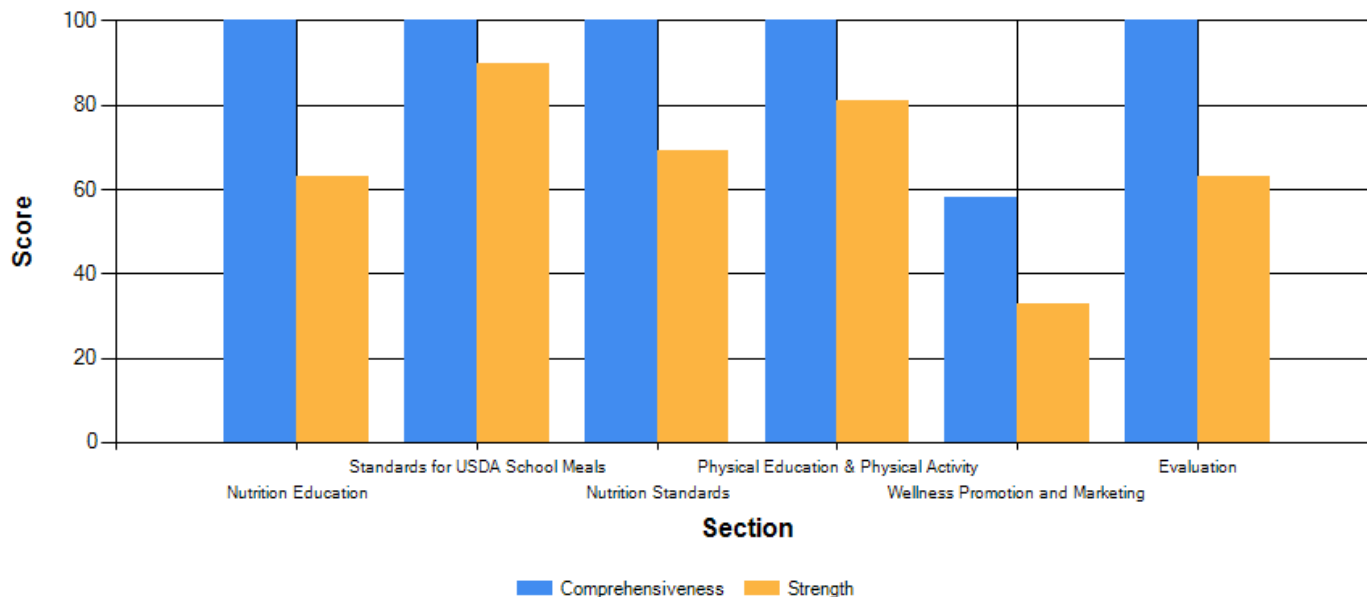
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Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: Lodi Unified School District Wellness Policy Assessment 2020



Section 1. Nutrition Education

Rating






NE1	Includes goals for nutrition education that are designed to promote student wellness.	2 Board Policy 5030
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	1 Board Policy 5030
NE3	All elementary school students receive sequential and comprehensive nutrition education.	2 Board Policy 6142.8
NE4	All middle school students receive sequential and comprehensive nutrition education.	2 Board Policy 6142.8
NE5	All high school students receive sequential and comprehensive nutrition education.	2 Board Policy 6142.8
NE6	Nutrition education is integrated into other subjects beyond health education	1 Board Policy 5030
NE7	Links nutrition education with the school food environment.	2 Board Policy 3550
NE8	Nutrition education addresses agriculture and the food system.	1 Board Policy 3550
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	100

Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	63
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[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals



Rating





SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2 <small>Board Policy 5030</small>
SM2	Addresses access to the USDA School Breakfast Program.	2 <small>Board Policy 5030</small>
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	2 <small>Board Policy & Rule 3553</small>
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2 <small>Board Policy 3551</small>
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	2 <small>Board Policy Rule 3553</small>
SM6	Specifies strategies to increase participation in school meal programs.	2 <small>Board Policy 5030</small>
SM7	Addresses the amount of "seat time" students have to eat school meals.	2 <small>Board Policy 5030</small>
SM8	 Free drinking water is available during meals.	2 <small>Board Policy 5030</small>
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2 <small>Board Policy 5030</small>
SM10	 Addresses purchasing local foods for the school meals program.	1 <small>Board Policy 3551</small>
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 10. Multiply by 100.	90

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating


NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2 <small>Board Policy Rule 3554</small>
NS2	USDA Smart Snack standards are easily accessed in the policy.	2 <small>Board Policy 3554</small>
NS3	 Regulates food and beverages sold in a la carte.	2 <small>Board Policy Rule 3554</small>




NS4	 Regulates food and beverages sold in vending machines.	2 Board Policy 5030
NS5	 Regulates food and beverages sold in school stores.	2 Board Policy Rule 3554
NS6	 Addresses fundraising with food to be consumed during the school day.	2 Board Policy 5030
NS7	Exemptions for infrequent school-sponsored fundraisers.	1 Board Policy 3554
NS8	Addresses foods and beverages containing caffeine at the high school level.	1 Board Policy Rule 3554
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1 Board Policy 3550
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	2 Board Policy 5030
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	2 Board Policy 3554
NS12	Addresses food not being used as a reward.	1 Board Policy 5030
NS13	Addresses availability of free drinking water throughout the school day.	2 Board Policy 5030
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 13. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 13. Multiply by 100.	69

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating


PEPA1	 There is a written physical education curriculum for grades K-12.	2 Board Policy 5030
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2 Board Policy 5030
PEPA3	Physical education promotes a physically active lifestyle.	2 Board Policy 5030
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	2 Board Policy 5030
PEPA5	Addresses time per week of physical education instruction for all middle school students.	2 Board Policy 5030
PEPA6	Addresses time per week of physical education instruction for all high school students.	2 Board Policy 5030
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	2 Board Policy 5030
PEPA8	Addresses providing physical education training for physical education teachers.	2 Board Policy 6142.7

PEPA9	Addresses physical education exemption requirements for all students.	2 Board Policy 6142.7
PEPA10	Addresses physical education substitution for all students.	1 Board Policy 6142.7
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	1 Board Policy 5030
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2 Board Policy 5030
PEPA13	Addresses recess for all elementary school students.	2 Board Policy 5030
PEPA14	 Addresses physical activity breaks during school.	2 Board Policy 5030
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	1 Board Policy 5030
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2 Board Policy 5030
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 16. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 16. Multiply by 100.	81

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating







WPM1	Encourages staff to model healthy eating and physical activity behaviors.	2 Board Policy 5030
WPM2	 Addresses strategies to support employee wellness.	1 Board Policy 5030
WPM3	Addresses using physical activity as a reward.	0 Board Policy 5030
WPM4	Addresses physical activity not being used as a punishment.	2 Board Policy 5030
WPM5	Addresses physical activity not being withheld as a punishment.	2 Board Policy 5030
WPM6	Specifies marketing to promote healthy food and beverage choices.	1 Board Policy 5030
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2 Board Policy 5030
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	1 Board Policy 5030
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	0 Board Policy 5030
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	0 Board Policy 5030

WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	0 Board Policy 5030
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	0 Board Policy 5030
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12. Multiply by 100. Do not count an item if the rating is "0."	58
	Strength Score: Count the number of items rated as "2" and divide this number by 12. Multiply by 100.	33

[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	1 Board Policy 5030
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2 Board Policy 5030
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2 Board Policy 5030
IEC4	 Addresses making the wellness policy available to the public.	2 Board Policy 5030
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2 Board Policy 5030
IEC6	 Triennial assessment results will be made available to the public and will include:	2 Board Policy 5030
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	1 Board Policy 5030
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	1 Board Policy 5030
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8. Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8. Multiply by 100.	63

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 93
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 67

 Federal Requirement  Farm to School  CSPAP