

**Lodi Unified School District
Wellness Committee Meeting Minutes
Nutrition Services Central Kitchen Training Room
November 13, 2019 3:30 pm – 4:30 pm**

Present: Melissa Allen Susan Henderson (LUSD Nutrition Services), Cindy Oliver (LUSD Nutrition Services), Nancy Rostomily (LUSD Nutrition Services), Joyce Bishop (UCCE), Sonia Fernandez Arana (Dairy Council), Hilda Rice (SJCPH), Theresa Fournier (Epidemiologist SJCPH), Ava Acevedo (Lodi High School Student), Tanya Norris (Tokay High School), Susan Macferlane (LUSD Board), Savanna Rooff (UCCE Intern), Cindy Parker (LUSD Nutrition Services), Sheila Webb (LUSD Nutrition Services), Jenny Shelley (LUSD), Teri Spring (Retired RD), Jill Borth (Adventist Health Lodi Memorial Hospital RN)

The meeting was opened at 3:30 pm by Susan Henderson.

Review of Past Meeting and Projects in Progress

- Previous Wellness Committee Minutes from September 18th were discussed:
 - Share Table Update –
 - Successes:
 - Waste has decreased, especially in the secondary schools.
 - Students learned the Share Table concept quickly and have been using it.
 - Challenges:
 - Adults are taking a while to learn the new program. Some are still insisting students take foods that aren't wanted/needed for a reimbursable meal. Continuing to train as needed.
 - Adults have occasionally been trying to take the food off the share tables to distribute to feeding programs outside our program.
 - Suggestions from September, 2019 meeting:
 - Meeting Call-out earlier. This was done with positive response. Will continue to send out earlier notification.
 - Resources for Students during lunch – This is still being looked into by Nutrition Services
 - Mental Health Awareness – Being looked into by Nutrition Services.

New Business

- **WellSAT 3.0**
 - The WellSAT 3.0 assessment tool was filled out prior to this meeting by Nutrition Services. Results were discussed with group. There are a few questions on the assessment tool that will need to be answered by the Curriculum Department. Nutrition Services will follow up with them regarding the noted questions. Results will be reported on at the February 2020 meeting.
 - Information on Wellness Committee Meetings and policies can be found on the Lodi Unified Website and Nutrition Services Website. Foodservice.lodiUSD.net, and www.lodiUSD.net
- **Wellness Committee Goals for 2019-20 School Year**
 - Student Survey - Determine why students aren't eating in our cafeterias and work to resolve what is keeping them from eating with us.
 - Last school year student survey update – In progress
 - Bid/procurement process
 - Students were included in the bid and procurement process for new food items. Students sampled new items and voted for what they liked the best. We are having a positive outcome - hearing positive feedback in the cafeterias, the students like what they are being served.

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- New recipe testing at schools – New recipes are being developed and tested at our area high schools. Recipes include tamale pie, chicken enchilada bake, enchilada soup, peach pie yogurt parfait, and buffalo chicken dip.
- Student focus groups – Nutrition Services is partnering with students for ideas, samplings and marketing ideas. Currently working with students on vegan offerings for our menu.
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- Increase fundraiser awareness and use of available Smart Snack compliant items through our department.
 - UCCE wants to partner together to bring fundraiser awareness to the schools, and pilot the fundraising brochure with a school site.
 - Nutrition Services will be working with school PTA/PTOs and Principals after the first of the year so they have information for their spring fundraisers.
- Update Board Policy
 - Draft wording to include in the wellness policy after taking the WellSat assessment pending need after WellSAT 3.0 assessment tool is complete.

Wrap-up and Plan

- Meeting 3: Propose changes for wellness policy
- Meeting 4: submit changes to LUSD Board, set goals for school year 2020-2021

Next Wellness Committee Meetings:

February 12, 2020 – McNair High School, 9550 Ronald E. McNair Way, Stockton

April 15, 2020 – Nutrition Services, 840 S. Cluff, Lodi

The meeting was closed at 4:30 pm by Susan Henderson.

LUSD Wellness Policy and other Board Policies can be found below:

www.lodiUSD.net > Board of Education > Board Policies > Series 5000 – Students