

**Lodi Unified School District
Wellness Committee Meeting Agenda
LUSD Nutrition Services Central Kitchen
November 13, 2019 3:30 pm – 4:30 pm**

Welcome!

Review of Past Meeting and Projects in Progress

20 minutes

- Previous Wellness Committee Minutes
- Share Table Update – successes & challenges
- Suggestions from September, 2019 meeting:
 - Meeting call-out earlier
 - Resources for Students during lunch
 - Mental health awareness
- Review of the current District Wellness Policy: Board Policy 5030

New Business

30 minutes

- **Take WellSat Assessment**
 - Review & discuss assessment tool. Note needed updates/changes to Board Policy
- **Wellness Committee Goals for 2019-20 School Year**
 - Student Survey - Determine why students aren't eating in our cafeterias and work to resolve what is keeping them from eating with us.
 - Last school year student survey update in progress
 - Bid/procurement process – Student participation in bid process
 - New recipe testing at schools
 - Student focus groups
 - Increase fundraiser awareness and use of available Smart Snack compliant items through our department. Offer samples as a way to market our items.
 - Working with PTA/Principals after holidays for spring fundraising ideas
 - Triennial Assessment Year
 - WellSat Assessment
 - Update Board Policy if needed

Wrap-up and Plan

10 minutes

- Meeting 3: Propose changes for wellness policy
- Meeting 4: submit changes to LUSD Board, set goals for school year 2020-2021

Notes:

Next Wellness Committee Meetings:

February 12, 2020 – McNair High School, 9550 Ronald E. McNair Way, Stockton

April 15, 2020 – Nutrition Services, 840 S. Cluff, Lodi

LUSD Wellness Policy and other Board Policies can be found below:

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www.lodiUSD.net > Board of Education > Board Policies > Series 5000 – Students