

**Lodi Unified School District  
Wellness Committee Meeting Minutes  
Nutrition Services' Central Kitchen Facility  
February 13, 2019 3:30-4:30 pm**

**Present:** Susan Henderson (LUSD Nutrition Services), Melissa Allen (LUSD Nutrition Services), Nancy Rostomily (LUSD Nutrition Services), Jaime Ruiz (SJC Public Health), Lorena Hoyos (UCCE), Robert Lopez (LUSD Nutrition Services), Robyn De Guzman (SJC Public Health), Joyce Bishop (UCCE).

The meeting was opened at 3:30 pm by Susan Henderson.

**Review of Past Meeting and Projects in Progress**

- **The Wellness Policy Assessment Tool Revision** was presented with updated information. This assessment tool will be posted for public review as is required. Additional information needed on physical fitness state parameters and number of minutes of physical education offered at grade span for this tool will be obtained and added as available.
- **Local School Wellness Policy Final rule on Marketing** discussed. Looking for ways to positively get message out to parents, schools, school groups. Alternative fundraising ideas to be made into a brochure, as this Final Rule will impact many fundraisers at schools. Nancy Rostomily will be presenting this information to school principals at the beginning of the 2019-20 school year Principals' Meeting.

**New Business**

- **Goals for 2019-20 School Year** – Discussed and the following were adopted:
  - Determine why students aren't eating in our cafeterias and work to resolve what is keeping them from eating with us
  - Increase fundraiser awareness and use of available Smart Snack compliant items through our department. Offer samples as a way to market our items.
  - Create a Summer Kickoff within the Lodi District for our Summer Feeding Programs. Lorena will talk with Nora Hanna from SJCOE about organizing a kids' fun run at this event. This would be a good place to educate parents about fundraisers, too.

**Nutrition Education at Summer Feeding Sites**

Discussed the possibility of doing nutrition education at summer feeding sites this year. Lorena is interested in doing some education during this time. The possibility of doing physical activities with the kids was discussed, too. Sites that would accommodate education and physical activities discussed. Heritage School may be a good site for this as there is room and a high volume of kids taking advantage of the program there.

**Wrap-up and Plan**

- The Assessment tool will be posted on our website for the public to have access to.
- A brochure for fundraising/ alternative to food items fundraising ideas will be completed.
- Organize online survey for students to help determine why they don't eat in the cafeterias.
- Follow-up on the SNAC idea with Merrie Mettler will be done.
- Planning for a Summer Kickoff event will begin.
- Planning for nutrition education and possible physical activity at summer feeding sites will begin.

**Next District Wellness Committee Meeting**

The next District Wellness Committee Meeting will be April 10, 2019 at 3:30 pm in Boardroom B at the JAESC.

The meeting was closed at 4:35 pm by Susan Henderson.

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The LUSD Wellness Policy can be found at: <http://foodservice.lodiusd.net>