

**Lodi Unified School District
Wellness Committee Meeting Minutes
Nutrition Services' Central Kitchen Facility
September 19, 2018 3:30-4:30 pm**

Present: Susan Henderson (LUSD Nutrition Services), Merrie Mettler (LUSD Para educator and Parent), Melissa Allen (LUSD Nutrition Services), Kassy Dietle (LUSD Nutrition Services Dietetic Intern), Cindy Oliver (LUSD Nutrition Services), Nancy Rostomily (LUSD Nutrition Services).

The meeting was opened at 3:30 pm by Susan Henderson.

Review of the Wellness Committee Project Status

A brief review of the Wellness Policy and projects was discussed. The revised District Wellness Policy has been approved of by the LUSD Board and is posted on the District website.

Action Items to Support Goals

An updated Assessment Tool designed by Wellness Committee members was provided for review by the Wellness Committee. Indicators and action items were discussed, including action items that have been met. Needed changes will be made and the Assessment Tool will be presented at the November meeting. Completed items on the Assessment Tool will also be noted.

New Business: Local School Wellness Policy Final Rule on Marketing

Nutrition Services has received a LSWP Final Rule Management Bulletin regarding marketing at schools of fundraisers. This final rule provides additional guidance of marketing of food fundraisers that do not meet the Smart Snacks In School (SSIS) guidelines. The guidance explains that regardless of when and where the food or beverage items are purchased, distributed, or consumed, if they do not meet the SSIS requirements they cannot be marketed or advertised on school campus during the school day. This includes posters or flyers distributed at school for a pizza night fundraiser.

Discussion followed about this ruling and how we will get this message out to schools as well as support fundraising efforts within the guidelines. Other suggested ways of advertising for food/beverage fundraisers that don't meet SSIS guidelines include: text blasts and emails, school site-specific call outs, yard signs.

Getting the message out about this ruling needs to start with our LUSD Board. From there, a district-wide call-out regarding this ruling was suggested as well as follow up with interested PTA/PTO groups, where marketing strategies can be discussed. Chelsea Vongehr, PIO for our district may be able to help with distributing information about the ruling to schools and parent groups.

Other Business:

Merrie Mettler suggested starting a Student Nutrition Advisory Committee (SNAC) at Larson School. This committee would help with menu ideas and be a test group for new menu ideas. Merrie may be able to start this committee.

Wrap-up and Plan

- The Assessment tool will be updated to reflect discussed completion dates and progress made.
- The Board of Education will be updated on the LSWP Final Ruling on Marketing.
- Follow-up on the SNAC idea with Merrie Mettler will be done.

Next District Wellness Committee Meeting

The next District Wellness Committee Meeting will be held November 14, 2018 3:30-4:30 pm in the Culinary Cafe at Ronald McNair High School.

The meeting was closed at 4:35 pm by Nancy Rostomily.

The LUSD Wellness Policy can be found at: <http://foodservice.lodiUSD.net>