

**Las Virgenes Municipal School District
Wellness Committee Meeting
Monday, February 6, 2017**

Meeting Start: 10:00 am

- Introductions
- Smarter Lunch Program
 - Grants received for A.C. Stelle Middle School and Sumac Elementary
 - Helps schools makeover lunchrooms and food menus
 - Goals to increase profits, improve cafeteria atmosphere, and promote consumption of vegetables
- Recipe Contest
 - Part of A. C. Stelle grant
 - Winner was Squish Squash Lasagna
 - Name changed to Winter Squash Lasagna and served as a hot lunch, feedback was good
 - Suggestion box at for students Stelle has been successful
 - Goal to standardize menus/recipes for all schools and for all Secondary schools to have the same menu next year
- Alliance for a Healthier Generation – ACS
 - Working towards a Bronze recognition award
 - Response to growing rate of childhood obesity
 - Goal to create healthy changes
 - Voluntary program promoting a healthy environment for kids
 - Science and P.E. department have been very cooperative, getting PFC involved
- Student Stress – Ryan Gleason, Dir. of Instruction & Curriculum
 - Considering an LVUSD parenting reading list for next year
 - Student mental health is a priority, developing a strategic plan to work on it
 - There is an ongoing Parent education series supported by the PFC's
 - Brainstorming ways to increase attendance
 - Kathy Soleimani asked for training on student issues for the cafeteria staff to learn how to identify at risk kids
- Breakfast at Sumac
 - Going very well
 - Goal to provide breakfast at Lupin Hill Elementary next year

- Vending Machines
 - Only Smart Snacks allowed to be sold; low sodium, whole grain, low fat
 - Waleska is strict with new company, keeping control of what goes in the machines
 - Cafeteria Managers watch over their own school's vending machines

- Certification for Food Handlers
 - Some of the cafeteria staff needs recertification
 - Parents are welcome to sign up for the certification

- Wellness Coordinators – Connecting with Parents
 - Waleska will coordinate with the PFC Wellness parents to share information and to get information about what the schools are doing

- Adjourned