

Wellness Committee Meeting Minutes May 5, 2017

Meeting Start: 10:06 am

- **Introductions**
- **Nutrition Committee**
 - Overview of 4/21 meeting – purpose, concerns, kitchen tour
 - Next meeting – 5/26/17 at 9:30 am at A.C. Stelle
- **Dairy Council Presentation** – Morgan Carey & Abby Magill
 - The Dairy Council is solely about nutrition education
 - Mobile Dairy Classroom is coming to A.C. Stelle on 6/1/17
 - They have classroom nutrition education programs for K-12 that are grade specific, booklets available for parents
 - Smarter Lunchroom Movement Update
 - Grants at Sumac & A.C. Stelle, talked about improvements made
 - Behavioral economics used to improve sales and decrease waste
 - Pictures of A.C. Stelle cafeteria showing grant money put to use
 - Two grants available next year – Fuel Up to Play 60
- **Wellness Policy** – changes made to dietary guidelines
 - Reviewed Updates to the Wellness Policy

Contact info: Morgan(mcarey@dairycouncilofCA.org) Abby(amagill@dairycouncilofCA.org)

Adjourned: 11:40 am

WELLNESS COMMITTEE CONTACT LIST

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