


MIDDLE SCHOOL BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pan Dulce OR Cereal w/String Cheese
4 Mini Breakfast Cluster OR Cereal w/ String Cheese	5 Mini Pancake w/syrup OR Cereal w/ Honey Graham Crackers	6 Mini Doughnuts OR Cereal w/ String Cheese	7 Crumb Cake OR Cereal w/ Honey Graham Crackers	8 Mini Strawberry Bagel w/Cream Cheese OR Cereal w/ String Cheese
11 Student Free Day 	12 Cinnamon Bun OR Cereal w/ Honey Graham Crackers	13 Mini French Toast w/syrup OR Cereal w/String Cheese	14 Bakery Fresh Muffin OR Cereal w/ Honey Graham Crackers	15 Pan Dulce OR Cereal w/ String Cheese
18 Mini Breakfast Cluster OR Cereal w/ String Cheese	19 Mini Pancake w/syrup OR Cereal w/ Honey Graham Crackers	20 Mini Doughnuts OR Cereal w/ String Cheese	21 Crumb Cake OR Cereal w/ Honey Graham Crackers	22 Mini Strawberry Bagel w/Cream Cheese OR Cereal w/ String Cheese
25 Goody Bar OR Cereal w/ String Cheese	26 Cinnamon Bun OR Cereal w/ Honey Graham Crackers	27 Mini French Toast w/syrup OR Cereal w/String Cheese	28 Fresh Baked Muffin OR Cereal w/String Cheese	29 Pan Dulce OR Cereal w/String Cheese

MIDDLE SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pizza Hut Pizza w/ Carrots OR Dominos Cheese or Pepperoni Pizza Watermelon Wedge
4 Cheeseburger on a Bun Tater Tots OR Pizza Hut Pizza w/ Carrots OR Pillow Sandwich w/ Tater Tots, String Cheese and Gold Fish Crackers	5 Grilled Cheese Sandwich w/Baby Carrots OR Yogurt Parfait and Goldfish Crackers OR Spicy Chicken Patty on a Bun w/Seasoned Fries	6 Bean and Cheese Burrito w/Corn OR Pizza Hut Pizza w/ Carrots OR Deli Sandwich w/Carrots and Chips	7 Double Dogs Sandwich and Baked Beans OR Yogurt Parfait w/Goldfish Crackers OR Cheeseburger w/ seasoned fries	8 Pizza Hut Pizza w/ Carrots OR Dominos Cheese or Pepperoni Pizza Watermelon Wedge
11 Student Free Day	12 Turkey Taco Nada w/ Pinto Beans OR Yogurt Parfait and Goldfish Crackers OR Spicy Chicken Patty on a Bun w/Seasoned Fries	13 Cheeseburger Sliders w/ Seasoned Potato Wedges OR Pizza Hut Pizza w/ Carrots OR Deli Sandwich w/Carrots and Chips	14 Ham and Cheese Croissant and an Applesauce Cup OR Yogurt Parfait w/Goldfish Crackers OR Cheeseburger w/ seasoned fries	15 Pizza Hut Pizza w/ Carrots OR Dominos Cheese or Pepperoni Pizza Watermelon Wedge
18 Cheese Quesadilla and an Applesauce Cup OR Pizza Hut Pizza w/ Carrots OR Pillow Sandwich w/String Cheese, Goldfish Crackers and an Applesauce Cup	19 Rib B Que on a bun w/Corn OR Yogurt Parfait and Goldfish Crackers OR Spicy Chicken Patty on a Bun w/Seasoned Fries	20 Taquitos w/ Refried Beans OR Pizza Hut Pizza w/ Carrots OR Deli Sandwich w/Carrots and Chips	21 Chicken Patty on a Bun w/ Tater Tots OR Yogurt Parfait w/Goldfish Crackers OR Cheeseburger w/ Tater Tots	22 Pizza Hut Pizza w/ Carrots OR Dominos Cheese or Pepperoni Pizza Watermelon Wedge
25 Cheeseburger on a Bun Tater Tots OR Pizza Hut Pizza w/ Carrots OR Pillow Sandwich w/ Tater Tots, String Cheese and Gold Fish Crackers	26 Grilled Cheese Sandwich w/Baby Carrots OR Yogurt Parfait and Goldfish Crackers OR Spicy Chicken Patty on a Bun w/Seasoned Fries	27 Bean and Cheese Burrito w/Corn OR Pizza Hut Pizza w/ Carrots OR Deli Sandwich w/Carrots and Chips	28 Double Dogs Sandwich and Baked Beans OR Yogurt Parfait w/Goldfish Crackers OR Cheeseburger w/ seasoned fries	29 Pizza Hut Pizza w/ Carrots OR Dominos Cheese or Pepperoni Pizza Watermelon Wedge

***Breakfast includes fresh fruit, 100% fruit juice and a variety of milk.**




***Lunch includes a choice of a side salad, baby carrots, fresh canned and/or dried fruit & a variety of milk**

This institution is an equal opportunity provider

Menu subject to change

MIDDLE SCHOOL SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Nacho Cheese Doritos 1% Milk
4 Cinnamon Cracker Chocolate Milk	5 Vanilla Bear Grahams Very Berry Juice	6 President Cookies Chocolate Milk	7 Apple Jack Cereal 1% Milk	8 Wheat Crackers String Cheese
11 Student Free Days 	12 Scooby Doo Graham Stix Chocolate Milk	13 Goldfish Pretzels Apple Juice	14 State and Capital Cracker 1% Milk	15 Cheetos Puffs Apple Juice
18 Honey Grahams 1% Milk	19 Dick & Jane Cookies Chocolate Milk	20 Cheez-It Crackers Very Berry Juice	21 Chocolate Bear Grahams Very Berry Juice	22 Cocoa Puff Cereal 1% Milk
25 Honey Belly Bears Chocolate Milk	26 Cheddar Goldfish Apple Juice	27 Maple Waffle Grahams Chocolate Milk	28 Multi Grain Sun chips 1% Milk	29 Wheat Crackers String Cheese 

Seamless Summer

Last all year



Must grab one fruit and one vegetable

All students qualify

One free breakfast and lunch

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