

# CDC SCHOOL BREAKFAST MENU






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>4</b> Twin Bars Applesauce Cup 1 % Milk</p>	<p><b>5</b> Rice Krispies ½ Banana 1 % Milk</p>	<p><b>6</b> Honey Wheat Bar ½ cup Mixed Fruit 1 % Milk</p>	<p><b>7</b> Cheerios ½ Banana 1 % Milk</p>	<p><b>1</b> Mini Waffle Madness ½ cup Diced Pears 1 % Milk</p> <p><b>8</b> Mini Strawberry Bagel w/Cream Cheese Orange Wedges 1 % Milk</p>
<p><b>11</b> Student Free Day</p>	<p><b>12</b> Breakfast Bun ½ cup Honeydew Melon 1 % Milk</p>	<p><b>13</b> Rice Krispies ½ cup Diced Peaches 1 % Milk</p>	<p><b>14</b> Bagel Pizza Orange Wedges 1 % Milk</p>	<p><b>15</b> Honey Nut Cheerios ½ cup Diced Pears 1 % Milk</p>
<p><b>18</b> Mini Breakfast Cluster Orange Wedges 1 % Milk</p>	<p><b>19</b> Rice Krispies ½ cup Mixed Fruit 1 % Milk</p>	<p><b>20</b> Pan Dulce ½ Banana 1 % Milk</p>	<p><b>21</b> Cheerios Orange Wedges 1 % Milk</p>	<p><b>22</b> Mini French Toast Applesauce Cup 1 % Milk</p>
<p><b>25</b> Honey Nut Cheerios ½ cup Honeydew Melon 1 % Milk</p>	<p><b>26</b> Cinnamon Bun ½ cup Diced Peaches 1 % Milk</p>	<p><b>27</b> Rice Krispies ½ cup Mixed Fruit 1 % Milk</p>	<p><b>28</b> Twin Bars ½ cup Diced Pears 1 % Milk</p>	<p><b>29</b> Cheerios ½ cup Diced Pears 1 % Milk</p>

*\*This institution is an equal opportunity provider\**

*\*Menu subject to change\**

# OCTOBER CDC LUNCH MENU






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Dominos Cheese 4 Baby Carrots Frozen Peach Cup
<b>4</b> Cheeseburger Sliders 4 Tater Tots ¼ C Diced Peaches	<b>5</b> Grilled Cheese Sandwich 4 Baby Carrots ½ C Watermelon Pieces	<b>6</b> Bean and Cheese Burrito ¼ C Corn ½ Banana	<b>7</b> 6 Oz Yogurt Goldfish Crackers 4 Baby Carrots Orange Wedges	<b>8</b> Dominos Cheese Pizza ¼ C Broccoli Florets Watermelon Wedge
<b>11</b> Student Free Day 	<b>12</b> Turkey Taco Nada 1/4 C Pinto Beans ½ Banana	<b>13</b> Cheeseburger Sliders 4 pieces Seasoned Potato Wedges ¼ C Watermelon Pieces	<b>14</b> Ham and Cheese Croissant 4 Baby Carrots Applesauce Cup	<b>15</b> Dominos Cheese Pizza ¼ C Cucumber Slices Frozen Berry Cup
<b>18</b> Cheese Quesadilla 4 Baby Carrots Applesauce Cup	<b>19</b> Rib B Que on a Bun ¼ C Corn Orange Wedges	<b>20</b> Taquitos ¼ C Refried Beans Apple Juice	<b>21</b> Chicken Patty on a Bun 4 Tater Tots Applesauce Cup	<b>22</b> Dominos Cheese Pizza 4 Baby Carrots ¼ C Watermelon Wedge
<b>25</b> Cheeseburger 4 Tater Tots ¼ C Diced Peaches	<b>26</b> Grilled Cheese Sandwich 4 Baby Carrots ¼ C Honeydew Pieces	<b>27</b> Bean and Cheese Burrito ¼ C Corn ½ Banana	<b>28</b> 6 oz Yogurt Goldfish Crackers 4 Baby Carrots ¼ C Cantaloupe Pieces	<b>29</b> Dominos Cheese 4 Baby Carrots Frozen Peach Cup 

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# CDC SCHOOL SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Honey Graham Crackers 1% Milk
<b>4</b> Cinnamon Cracker 1 % Milk	<b>5</b> Vanilla Bear Grahams Very Berry Juice	<b>6</b> President Crackers 1% Milk	<b>7</b> Honey Graham Crackers 1% Milk	<b>8</b> Wheat Crackers String Cheese
<b>11</b> Student Free Days 	<b>12</b> Scooby Doo Graham Stix Apple Juice	<b>13</b> Goldfish Pretzels 1 % Milk	<b>14</b> State and Capital Cracker 1% Milk	<b>15</b> Honey Graham Crackers Apple Juice
<b>18</b> Honey Grahams 1% Milk	<b>19</b> Dick & Jane Crackers Very Berry Juice	<b>20</b> Cheez-It Crackers 1% Milk	<b>21</b> Chocolate Bear Grahams Very Berry Juice	<b>22</b> Honey Graham Crackers 1% Milk
<b>25</b> Honey Belly Bears 1 % Milk	<b>26</b> Cheddar Goldfish Apple Juice	<b>27</b> Maple Waffle Grahams 1 % Milk	<b>28</b> Honey Graham Crackers 1% Milk	<b>29</b> Wheat Crackers String Cheese 

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*Seamless Summer*

Last all year

Must grab one fruit and one vegetable

All students qualify

One free breakfast and lunch

