







MIDDLE SCHOOL BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Goody Bar OR Cereal w/ String Cheese	2 Cinnamon Bun OR Cereal w/ Honey Graham Crackers	3 Mini French Toast w/syrup OR Cereal w/String Cheese	4 Bakery Fresh Muffin OR Cereal w/ Honey Graham Crackers	5 Pan Dulce OR Cereal w/String Cheese
8 Mini Breakfast Cluster OR Cereal w/ String Cheese	9 Mini Pancake w/syrup OR Cereal w/ Honey Graham Crackers	10 Mini Doughnuts OR Cereal w/ String Cheese	11 	12 Mini Strawberry Bagel w/Cream Cheese OR Cereal w/ String Cheese
15 Goody Bar OR Cereal w/ String Cheese	16 Cinnamon Bun OR Cereal w/ Honey Graham Crackers	17 Mini French Toast w/syrup OR Cereal w/String Cheese	18 Bakery Fresh Muffin OR Cereal w/ Honey Graham Crackers	19 Pan Dulce OR Cereal w/ String Cheese
22 	23 	24 	25 	26 
29 Goody Bar OR Cereal w/ String Cheese	30 Cinnamon Bun OR Cereal w/ Honey Graham Crackers			







ELEMENTARY SCHOOL LUNCH MENU

NOVEMBER 2021



***Breakfast includes fresh fruit, 100% fruit juice and a variety of milk.**







***Lunch includes a choice of a side salad, baby carrots, fresh canned and/or dried fruit & a variety of milk**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Cheeseburger on a Bun Tater Tots</p> <p>OR</p> <p>Pillow Sandwich w/ Tater Tots, String Cheese and Gold Fish Crackers</p>	<p>2</p> <p>Grilled Cheese Sandwich w/Baby Carrots</p> <p>OR</p> <p>Yogurt w/String Cheese, Baby Carrots and Goldfish Crackers</p>	<p>3</p> <p>Chicken Nuggets and Baked Fries</p> <p>OR</p> <p>Pillow Sandwich w/ Baked Fries, String Cheese and Gold Fish Crackers</p>	<p>4</p> <p>Double Dogs Sandwich and Baked Beans</p> <p>OR</p> <p>Yogurt w/String Cheese, Goldfish Crackers and Baby Carrots</p>	<p>5</p> <p>Domino's Cheese or Pepperoni Pizza Frozen Berry Cup</p>
<p>8</p> <p>Bean and Cheese Burrito w/Green Beans</p> <p>OR</p> <p>Pillow Sandwich, String Cheese, Goldfish Crackers and Corn</p>	<p>9</p> <p>Turkey Taco Nada w/ Pinto Beans</p> <p>OR</p> <p>Yogurt w/ String Cheese, Baby Carrots and Goldfish Crackers</p>	<p>10</p> <p>Chicken Tenders w/ Seasoned Potato Wedges</p> <p>OR</p> <p>Pillow Sandwich w/ Seasoned Potato Wedges, String Cheese and a Goldfish Crackers</p>	<p>11</p> 	<p>12</p> <p>Domino's Cheese or Pepperoni Pizza Watermelon Wedge</p>
<p>15</p> <p>Cheese Quesadilla and an Applesauce Cup</p> <p>OR</p> <p>Pillow Sandwich w/String Cheese and an Applesauce Cup</p>	<p>16</p> <p>Grilled Cheese Sandwich w/Baby Carrots</p> <p>OR</p> <p>Yogurt w/ String Cheese, Baby Carrots and Goldfish Crackers</p>	<p>17</p> <p>Taquitos w/ Refried Beans</p> <p>OR</p> <p>Pillow Sandwich w/ Goldfish Crackers, String Cheese and Baby Carrots</p>	<p>18</p> <p>Turkey and Gravy w/ Mashed Potatoes</p> <p>OR</p> <p>Yogurt w/String Cheese, Goldfish Crackers and Baby Carrots</p>	<p>19</p> <p>Domino's Cheese or Pepperoni Pizza Frozen Berry Cup</p>
<p>22</p> 	<p>23</p> 	<p>24</p> 	<p>25</p> 	<p>26</p> 
<p>29</p> <p>Cheeseburger on a Bun Tater Tots</p> <p>OR</p> <p>Pillow Sandwich, String Cheese, Goldfish Crackers and Corn Crackers</p>	<p>30</p> <p>Grilled Cheese Sandwich w/Baby Carrots</p> <p>OR</p> <p>Yogurt w/ String Cheese, Baby Carrots and Goldfish Crackers</p>			

This institution is an equal opportunity provider

Menu subject to change

MIDDLE SCHOOL SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cinnamon Cracker Chocolate Milk	2 Vanilla Bear Grahams Very Berry Juice	3 President Cookies Chocolate Milk	4 Apple Jack Cereal 1% Milk	5 Wheat Crackers String Cheese
8 Student Free Days	9 Scooby Doo Graham Stix Apple Juice	10 State & Capital Crackers Chocolate Milk	11 	12 Cheetos Puffs Apple Juice
15 Honey Grahams Chocolate Milk	16 Dick & Jane Cookies Very Berry Juice	17 Cheez-It Crackers Chocolate Milk	18 Chocolate Bear Grahams Very Berry Juice	19 Cocoa Puff Cereal 1% Milk
22 	23 	24 	25 	26 
29 Cinnamon Cracker OR Chocolate Milk	30 Vanilla Bear Grahams Very Berry Juice			

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Seamless Summer

Last all year

Must grab one fruit and one vegetable

All students qualify

One free breakfast and lunch

