

Wellness Committee Meeting

Agenda

October 22, 2020

Introductions

Purpose of a Local School Wellness Policy

Requirements of LSWP (Local School Wellness Policy)

- Review policy yearly
- Set Goals/Activities and identify way to measure compliance
- Seek input from Parents/Community
- Evaluate goals, summarize, and report to public yearly

Exempt Fundraisers

- 30 allowed per year
- No more than 3 days in length
- No vending, school stores, snack bars or a 'la carte

Review Wellness Policy

- Discuss areas indicated by review team needing improvement
- Discuss possible revision

Discuss Wellness Assessments for SY20

Wellness goals for SY21

Triennial Assessment

- Waiver
- Plans to complete

Set next Wellness meeting

Discussion

Wellness Committee Meeting

DATE: 10/22/20

LOCATION: HS.

TIME: 10:00

AGENDA: See Attached

NAME	TITLE/POSITION
Caleb Blair	SFO
Brysonette Waters	
Stacy Maxwell	Dir. of Special Ed.
Jeff L. King	Principal / CES
Wendy King	Principal / GLHS
Addison Hurdiant	Student
Amy Dean	Cafeteria manager
Melody Day	Supt.
Scott Syrit	AP GLM

WELLNESS MEETING MINUTES

Wellness Committee Meeting: 10/22/20

Minutes recorded by: Amy Blesch

- Meeting opened by Melody Day
- Bridgette Watts continued meetings
 - Nutrition Goals for school
 - available on website for community awareness
 - Community can make suggestions
 - Community can request to be on wellness comm.
 - Each school completes assessments and available on website
 - Nutrition Policy is compliant.
 - no revisions needed
 - Exempted fundraisers
 - must be board approved
 - each school has approval forms
 - Triennial Assessment
 - Conducted by Melody Day
 - Completed by end of 20/21 school year
- Next meeting - potentially March