



San Ysidro School District Student Nutrition Menu K-6

This institution is an equal opportunity provider

2021

September / October

Adult Meal Lunch: \$4.50/ Salad bar only
\$3.00/Breakfast 3.50

Offered Daily: 1% White Milk and Non-Fat Chocolate Milk

Breakfast					
	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Breakfast Entrees					
	Pillsbury Mini Cinnis	La Concha	Breakfast Square	Muffin: Banana	Panckaes (2)
	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese	Assorted Cereal & String Cheese
Fruit	Apple, Banana Selected Canned Fruit	Grapes, Oranges Juice	Apple, Banana Selected Canned Fruit	Grapes, Oranges Juice	Apple, Banana Selected Canned Fruit

Lunch					
	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials	Meatless Monday -special			California Thursday	
	Cheese Pizza	Chicken Oven Roasted w/ Roll	Turkey & Cheese Sandwich	Chicken Fajita Soft Taco w/ cheese	Hamburger
2nd choice	Yogurt & Granola Bar	Chicken Patty Sandwich	Chicken Nuggets (5)	Soy butter & Jelly Sandwich w/ String Cheese	Bean & Cheese Burrito
Daily Specials	Meatless Monday -special			California Thursday	
	Grilled Cheese	Teriyaki Glazed Dunkers w/ Rice	Penne Pasta w/ Meat Sauce	Cheeseburger	Burrito: Beef, bean & red chili
2nd choice	Yogurt & Granola Bar	Corn Dog	Soy butter & Jelly Sandwich w/ String Cheese	Yogurt & Granola Bar	WG Chicken Tenders (4)

Salad Bar	<p>A selection of fresh fruits and vegetables is offered daily</p> <p>Fruits: Apples, oranges, bananas grapes, seasonal fruit, canned fruit, fruit cups</p> <p>Vegetables: Salad mix, corn jicama, cucumbers, carrots beans, peas, broccoli, tomato cauliflower, celery</p>		
	<p>4350 Otay Mesa Rd. San Ysidro CA 92173 website: sanysidrochildnutrition.com ~ 619-428-4476 ext.: 3010/ 3011</p>		