



**Heritage  
2018  
Grades 6-12**

# February

This establishment is an equal opportunity provider & employer. Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	NEWS AND NOTES
			1 Chicken Wing Bites or Fish Sticks Mac and Cheese Dinner Roll Roasted Parmesan Cauliflower Fresh Baby Carrots Fruit Choices <b>Breakfast:</b> Mini waffles	2 Personal Pan Pizza or Ham and Cheese Croissant Green Bean Casserole Fresh Broccoli & Cauliflower Fruit Choices <b>Breakfast:</b> Donuts	
5 Breaded Chicken Sandwich or Breaded Fish Sandwich Waffle Fries Creamy Coleslaw Frozen Fruit Slushy Fruit Choices <b>Breakfast:</b> Muffin w/cheesestick	6 	7 Popcorn Chicken or Popcorn Shrimp Cheese Filled Bosco Stick Seasoned Malibu Blend Baby Carrots Fruit Choices <b>Breakfast:</b> Breakfast Pizza	8 Beef Rib Patty or Turkey Bacon Ranch Sub Seasoned Corn Broccoli Salad Warm Cinnamon Apples Fruit Choices <b>Breakfast:</b> Mini Pancakes	9 Soft Shell Beef Taco or Fiestada Pizza Refried Beans /Scoops Romaine Chop Salad Salsa Fruit Choices <b>Breakfast:</b> Apple or Cherry Frudel	
12 Chicken Tenders or Buffalo Chicken Wrap Crispy Potato Cubes Veg Juice Drink Box Fruit Choices <b>Breakfast:</b> Berry Bread	13 Chicken Teriyaki or Beef Teriyaki Dippers Seasoned Brown Rice Veg Blend Stir Fry Oriental Salad & Dinner Roll Fruit Choices <b>Breakfast:</b> Sausage Egg Slider	14 Mozz Sticks w/Marinara Sauce or Lasagna w/ Garlic Toast Steamed Broccoli Caesar Salad Fruit Choices <b>Breakfast:</b> Breakfast Pizza	15 BBQ Pulled Pork Sandwich or Mini Corn Dogs Baked Beans Coleslaw Fruit Choices <b>Breakfast:</b> Mini French Toast	16 Pizza Wedge or Meatball Sub Seasoned Peas Fresh Baby Carrots Fruit Choices <b>Breakfast:</b> Dutch Waffles	
19 	20 Chicken Waffle Bites or Egg Omelet Apple Filled Breadstick Tri Taters Veg Juice Drink Box Fruit Choices <b>Breakfast:</b> Breakfast Burrito	21 Ravioli & Twist Breadstick or Cheesy Bread with Marinara sauce Caesar Salad Green Beans Fruit Choices <b>Breakfast:</b> Breakfast Pizza	22 Chicken & Noodles or Salisbury Steak Biscuit Mashed Potato Romaine Tossed Salad Fruit Choices <b>Breakfast:</b> Blueberry Pancake Wrap	23 Beef /Cheese Nachos or Chicken Chipotle Wrap Refried Beans & Salsa Romaine Tiny Chop Cinnamon Roll Fruit Choices <b>Breakfast:</b> Cinni Mini's	
26 Beef Hot Dog or Grilled Cheese Chili & Crackers Celery and Peanut Butter Fruit Choices <b>Breakfast:</b> Poptart w/yogurt	27 Crisпитos or Mini Cheese Quesadillas Corn and Bean Fiesta Romaine Salad Salsa Fruit Choices <b>Breakfast:</b> Ham & Cheese Sandwich	28 Meat Sauce or Chicken Parmesan Rotini Pasta Garlic Bread Toast Caesar Salad Tomatoes & Cucumbers <b>Breakfast:</b> Breakfast Pizza	1 Chicken Wing Bites or Nacho Fish Sticks Mac and Cheese Dinner Roll Roasted Parmesan Cauliflower Fresh Baby Carrots Fruit Choices <b>Breakfast:</b> Mini Waffles	2 Personal Pan Pizza or Turkey/Peppejack Croissan'wich Green Bean Casserole Fresh Broccoli & Cauliflower Fruit Choices <b>Breakfast:</b> Donuts	<b>Meal Prices</b> ~Breakfast~ Elementary: \$1.00 Secondary: \$1.00 Reduced Pay: Free Adults \$1.60 ~Lunch~ Elementary: \$1.60 Secondary:\$1.80 Reduced Pay: \$0.40 Adults: \$3.00 Milk Only: \$0.40

^ Items may contain Pork. Low-Fat and Fat-Free milks are included in Breakfast and Lunch meals. A variety of cereals & fruit juices are also available as a choice at breakfast.