



Heritage  
2017  
Grades K-5



This establishment is an equal opportunity provider & employer. Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Round or Yogurt Green Beans Fresh Broccoli & Cauliflower Fruit Choices  <b>Breakfast:</b> Donuts
4 	5 Breaded Chicken Sandwich or PBJ sandwich French Fries Creamy Coleslaw Frozen Fruit Slushy Fruit Choices <b>Breakfast:</b> Breakfast Burrito	6 Country Fried Steak or Yogurt Dinner Roll Mash Potatoes w Gvy Glazed Carrots Fruit Choices <b>Breakfast:</b> Breakfast Pizza	7 Three Cheese Calzone or PBJ Sandwich Seasoned Corn Broccoli Salad Warm Cinnamon Apples Fruit Choices <b>Breakfast:</b> Mini Pancakes w/Syrup	8 Soft Shell Beef Taco or Yogurt Refried Beans /Scoops Romaine Chop Salad Salsa Fruit Choices <b>Breakfast:</b> Cinni Mini's
11 Chicken Tenders or Yogurt Crispy Potato Cubes Cheez-It Crackers Veg Juice Drink Box Fruit Choices <b>Breakfast:</b> Banana Bread	12 	3 Pizza Crunchers or Yogurt Steamed Broccoli Caesar Salad Fruit Choices <b>Breakfast:</b> Breakfast Pizza	4 Mini Corn Dogs or BBQ Pulled Pork Sandwich or PBJ Sandwich Caesar Salad Coleslaw Fruit Choices <b>Breakfast:</b> Mini French Toast w/Syrup	15 Pizza Wedge Yogurt Seasoned Peas Fresh Baby Carrots Fruit Choices <b>Breakfast:</b> Sausage Biscuit Sandwich
18 Chicken Sausage Patty or Yogurt French Toast Tri Taters Veg Juice Drink Box Fruit Choices <b>Breakfast:</b> Poptart w/Cheesestick	19 Popcorn Chicken or PBJ Sandwich Cheese Pretzel Bosco Seasoned Malibu Blend Baby Carrots Fruit Choices <b>Breakfast:</b> Ham & Cheese Croissant	20 Chicken Drumstick or Yogurt Biscuit w/Butter Mashed Potato Romaine Tossed Salad Fruit Choices <b>Breakfast:</b> Breakfast Pizza	21 Beef /Cheese Nachos or PBJ Sandwich Refried Beans & Salsa Romaine Tiny Chop Fruit Choices <b>Breakfast:</b> Blueberry Pancake Stick	22 Cheeseburger or Yogurt Lettuce, Tomato, Pickle Sweet Potato Cubes Fresh Cucumbers Fruit Choices <b>Breakfast:</b> Apple or Cherry Frudel
25 Beef Hot Dog or Grilled Cheese Baked Beans Fresh Baby Carrots Fruit Choices <b>Breakfast:</b> Muffin w/Yogurt	26 Mini Cheese Quesadillas or PBJ Sandwich Corn and Bean Fiesta Romaine Salad Salsa <b>Breakfast:</b> Sausage Egg Sliders	27 Meat Sauce & Pasta Yogurt Garlic Bread Toast Caesar Salad & Croutons Grape Tomatoes <b>Breakfast:</b> Breakfast Pizza	28 Chicken Wing Bites or PBJ Sandwich Mac & Cheese Peas and Carrots Celery Sticks & Ranch <b>Breakfast:</b> Mini Waffles w/Syrup	29 Pizza Round or Yogurt Green Bean Casserole Fresh Broccoli & Cauliflower Fruit Choices <b>Breakfast:</b> Egg Omelet with Biscuit

^ Items may contain Pork. Low-Fat and Fat-Free milks are included in Breakfast and Lunch meals. A variety of cereals & fruit juices are also available as a choice at breakfast.