









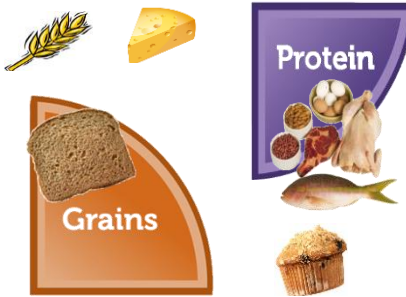
NOVEMBER 2019 ~ BREAKFAST MENU ~ Mountain View School District

START YOUR DAY with SCHOOL BREAKFAST at the GRAB 'n GO BREAKFAST BAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Build a Healthy Breakfast!! 				1 Cereal Offered Daily Hawaiian Breakfast Sandwich Buttermilk Twins Mini Cinnamon Rolls Manager's Choice
4 STAFF DEVELOPMENT DAY	5 Cereal Offered Daily Dannon Yogurt & Granola Cinnamon French Toast PB & J Graham Bar Egg & Mini Bagel	6 Cereal Offered Daily Mini Cheeseburger Blueberry Pancakes Buttermilk Twins Breakfast Bar	7 Cereal Offered Daily Bagel & Cream Cheese Go Big Yogurt & Belly Bears Peanut Butter Uncrustable Ultra Cinnamon Bun	8 Cereal Offered Daily Bean & Cheese Burrito Mini Cinnamon Rolls Ultimate Breakfast Round Manager's Choice
11 VETERAN'S DAY HOLIDAY  	12 Cereal Offered Daily Dannon Yogurt & BellyBears Breakfast Bar Egg, Ham & Cheese Muffin Buttermilk Twin Bars	13 Cereal Offered Daily Maple Pancake Sausage on a Stick Berry French Toast Ultimate Breakfast Round Peanut Butter Uncrustable	14 Cereal Offered Daily Buttermilk Twins Go Big Yogurt & Granola PB & J Graham Bar Apple Muffin	15 Cereal Offered Daily Breakfast Pizza Bagel Bagel & Cream Cheese Mini Cinnamon Rolls Manager's Choice
18 Cereal Offered Daily Dannon Yogurt & Granola Strawberry Pancakes Breakfast Bar Cinnamon Saucer	19 Cereal Offered Daily Sunrise Sausage & Cheese Sandwich Breakfast Tamale Apple Cinnamon Bun PB & J Graham Bar	20 Cereal Offered Daily Maple Waffles Peanut Butter Uncrustable Crumb Cake Loaf Breakfast Bar	21 Cereal Offered Daily Ultimate Breakfast Round Go Big Yogurt & Belly Bears Breakfast Bar Bagel & Cream Cheese	22 Cereal Offered Daily Hawaiian Breakfast Sandwich Buttermilk Twin Bars Mini Cinnamon Rolls Manager's Choice
25 STUDENT FREE DAY 	26 STUDENT FREE DAY 	27	<h1 style="color: #D9534F;">~Thanksgiving Holiday~</h1>	
28	29			



#1 CHOOSE ONE ITEM
from the BREAKFAST BAR



Whole Grains and/or Protein

#2 TAKE AT LEAST ONE
MILK ☆ JUICE ☆ FRUIT



OR ENJOY ALL THREE
It's your choice!
Don't forget to grab a FRUIT or JUICE with every breakfast

#3 EAT NOW
or save in your **BACKPACK**



Shine with School Breakfast!


Mountain View School District

Food & Nutrition Services... Succeeding Together in Promoting healthy Nutrition and Fitness practices that will last a lifetime!



1% Lowfat and Nonfat Milk Offered Daily



This institution is an equal opportunity provider.

Menu subject to change

gl 10-11-19 (R1)