




JANUARY 2019

Mountain View School District ~ Breakfast MENU

START THE DAY WITH BREAKFAST at the GRAB 'n GO BREAKFAST BAR

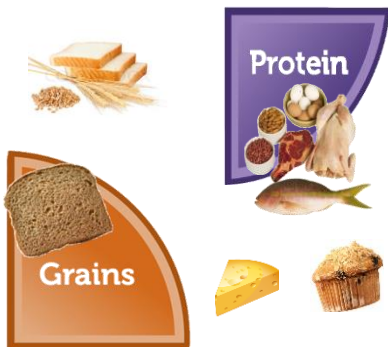
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Cereal Offered Daily Dannon Yogurt & BellyBears Sunrise Sausage & Cheese Sandwich PB & J Graham Bar Ultra Cinnamon Bun	8 Cereal Offered Daily Strawberry Pancake Bowl Egg and Chorizo Wrap Mini Cinnamon Rolls Breakfast Bar	9 Cereal Offered Daily Bean & Cheese Burrito Egg and Mini Bagel Ultimate Breakfast Round Blueberry Muffin	10 Cereal Offered Daily Apple Bear Paw Dannon Yogurt & Granola Buttermilk Twins Peanut Butter Uncrustable	11 Cereal Offered Daily Breakfast Sausage Pizza Bagel & Cream Cheese Breakfast Bar Manager's Choice
14 Cereal Offered Daily Dannon Yogurt & Granola Breakfast Chorizo Bagel PB & J Graham Bar Buttermilk Twins	15 Cereal Offered Daily Hawaiian Breakfast Sandwich Ultimate Breakfast Round Super Honey Bun Breakfast Bar	16 Cereal Offered Daily Maple Pancake & Sausage on a Stick Mini Pineapple Loaf Cinnamon French Toast Bagel & Cream Cheese	17 Cereal Offered Daily Bagel & Cream Cheese Dannon Yogurt & Belly Bears Mini Cinnamon Rolls Peanut Butter Uncrustable	18 Cereal Offered Daily Egg & Chicken Chorizo Wrap Banana Muffin Breakfast Bar Manager's Choice
21 MARTIN LUTHER KING 	22 Cereal Offered Daily Dannon Yogurt & BellyBears Mini Maple Waffles Bagel & Cream Cheese Breakfast Bar	23 Cereal Offered Daily Egg & Mini Bagel Bacon Scramble Pizza PB & J Graham Bar Strawberry Pancakes	24 Cereal Offered Daily Buttermilk Twins Dannon Yogurt & Granola Peanut Butter Uncrustable Ultimate Breakfast Round	25 Cereal Offered Daily Mini Cheeseburger Breakfast Bar Mini Cinnamon Rolls Manager's Choice
28 Cereal Offered Daily Dannon Yogurt & Granola Cheese Quesadilla Breakfast Bar Ultimate Breakfast Round	29 Cereal Offered Daily Blueberry Waffle Bagel & Cream Cheese Cinnamon French Toast Buttermilk Twins	30 Cereal Offered Daily Fiesta Egg & Cheese Sandwich PB & J Graham Bar Berry French Toast Mini Cinnamon Rolls	31 Cereal Offered Daily Apple Cinnamon Muffin Dannon Yogurt & Belly Bears Peanut Butter Uncrustable Breakfast Bar	Happy New Year!

GRAB'n GO BREAKFAST BAR

Build Your Breakfast the Healthy Way!!

#1

CHOOSE ONE ITEM from the BREAKFAST BAR



Whole Grains and/or Protein

#2

TAKE AT LEAST ONE MILK ☆ JUICE ☆ FRUIT



Or enjoy ALL THREE
It's your choice!

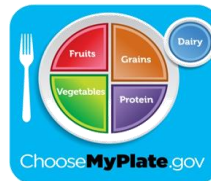
Don't forget to grab a FRUIT or JUICE with every breakfast

#3

EAT NOW or save in your BACKPACK



This institution is an equal opportunity provider.



Shine with School Breakfast!



Mountain View School District

Food & Nutrition Services... Succeeding Together in Promoting healthy Nutrition and Fitness practices that will last a lifetime!

