

JANUARY 2018

PRESCHOOL

Manhattan Beach Unified School District



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



- 8**
- ☺ Fruit Cereal & Milk
 - ☺ Cheese Quesadilla
 - ☺ Spanish Rice
 - ☺ Baked Beans
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Mini Cinni Rollup

- 9**
- ☺ Fruit Fruit Delight Wrap
 - ☺ Cheese Pizza
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Peach Cup
 - ☺ Fruit Baked Lay Crisps

- 10**
- ☺ Fruit Cheese & Crackers
 - ☺ French Toast Stix
 - ☺ String Cheese
 - ☺ Apple Sauce
 - ☺ Fruit Simply Chex Mix

- 11**
- ☺ Fruit Flavored Yogurt
 - ☺ Macaroni & Cheese
 - ☺ Garlic Toast
 - ☺ Cucumber Coins
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Graham Crackers

- 12**
- ☺ Fruit Nutrigrain bar
 - ☺ Cheese Pizza
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Fruit Sorbet
 - ☺ Fruit Goldfish Crackers



- 16**
- ☺ Fruit Flavored Yogurt
 - ☺ Cheese Pizza Cruncher
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Apple Sauce Cup
 - ☺ Fruit Snyder Mini Pretzels

- 17**
- ☺ Fruit Fruit Delight Wrap
 - ☺ Pasta with Meat Sauce
 - ☺ Garlic Toast
 - ☺ Tossed Green Salad
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Giant Fish Graham

- 18**
- ☺ Fruit Bagel & Cream Chz
 - ☺ Chicken Nugget Bites
 - ☺ Baked Tator Tots
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Scooby Doo Graham

- 19**
- ☺ Fruit Muffin
 - ☺ Cheese Pizza
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Fruit Sorbet
 - ☺ Fruit Cheese-Its Crackers

- 22**
- ☺ Fruit Cereal & Milk
 - ☺ Cheese Quesadilla
 - ☺ Spanish Rice
 - ☺ Baked Beans
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Mini Cinni Rollup

- 23**
- ☺ Fruit Fruit Delight Wrap
 - ☺ Cheese Pizza Cruncher
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Apple Sauce Cup
 - ☺ Fruit Baked Lay Crisps

- 24**
- ☺ Fruit Flavored Yogurt
 - ☺ French Toast Stix
 - ☺ String Cheese
 - ☺ Apple Sauce
 - ☺ Fruit Simply Chex Mix

- 25**
- ☺ Fruit Cheese & Heartzels
 - ☺ Chicken Nugget Bites
 - ☺ Baked Tator Tots
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Kids Munchie Mix

- 26**
- ☺ Fruit Oatmeal Krisps
 - ☺ Cheese Pizza
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Fruit Sorbet
 - ☺ Fruit Grahams Crackers

- 29**
- ☺ Fruit Cereal & Milk
 - ☺ Tyson Chix Tenders
 - ☺ Potato Smiles
 - ☺ Soft Roll
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Strawberry Cracker

- 30**
- ☺ Fruit Nutrigrain Bar
 - ☺ Cheese Pizza
 - ☺ Baby Carrots
 - ☺ Lite Ranch Dip
 - ☺ Apple Sauce Cup
 - ☺ Fruit Cheese-Its Crackers

- 31**
- ☺ Fruit Muffin
 - ☺ Macaroni & Cheese
 - ☺ Garlic Toast
 - ☺ Cucumber Coins
 - ☺ Fresh Seasonal Fruit
 - ☺ Fruit Graham Cracker

DID YOU KNOW...
JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,
WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.
HE LOOKED BACK TO THE LAST YEAR AND FORWARD
TO THE NEW ONE.

Beverages Served Each Meal Time

☺ Morning Snack
fat-free or low-fat white milk

☺ Lunch
fat-free or low-fat white milk

☺ Afternoon Snack
bottled water

MENU SUBJECT TO CHANGE

Meal Prices

Lunch is \$3.50

Morning & Afternoon Snacks are included in tuition



This institution is an equal opportunity provider.