

OCTOBER 2017 PRESCHOOL

Manhattan Beach Unified School District



MONDAY

- 2 **S** Fruit Cereal & Milk
- L** Cheese Quesadilla Spanish Rice Baked Beans Fresh Seasonal Fruit
- S** Fruit Mini Cinni Rollup

- 9 **S** Fruit Cereal & Milk
- L** Tyson Chix Tenders Potato Smiles Soft Roll Fresh Seasonal Fruit
- S** Fruit Strawberry Cracker

- 16 **S** Fruit Cereal & Milk
- L** Chicken Taquitos Spanish Rice Baked Beans Fresh Seasonal Fruit
- S** Fruit Mini Cinni Rollup

- 23 **S** Fruit Cereal & Milk
- L** Pancakes Turkey Sausage Link Baby Carrots Apple Sauce
- S** Fruit Strawberry Cracker

- 30 **S** Fruit Cereal & Milk Cheese Quesadilla Spanish Rice Baked Beans Fresh Seasonal Fruit
- L** Baked Beans Fresh Seasonal Fruit
- S** Fruit Mini Cinni Rollup

TUESDAY

- 3 **S** Fruit Fruit Delight Wrap
- L** Cheese Pizza Cruncher Baby Carrots Lite Ranch Dip Apple Sauce Cup
- S** Fruit Baked Lay Crisps

- 10 **S** Fruit Nutrigrain Bar
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Apple Sauce Cup
- S** Fruit Cheese-Its Crackers

- 17 **S** Fruit Team Cheerios Bar
- L** Cheese Pizza Cruncher Baby Carrots Lite Ranch Dip Apple Sauce Cup
- S** Fruit Snyder Mini Pretzels

- 24 **S** Fruit Flavored Yogurt
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Peach Cup
- S** Fruit Cheese-Its Crackers

- 31 **S** Fruit Fruit Delight Wrap
- L** Cheese Pizza Cruncher Baby Carrots Lite Ranch Dip Apple Sauce Cup
- S** Fruit Baked Lay Crisps

WEDNESDAY

- 4 **S** Fruit Cheese & Crackers
- L** Chicken Nugget Bites Baked Tator Tots Fresh Seasonal Fruit
- S** Fruit Giant Fish Graham

- 11 **S** Fruit Muffin
- L** Macaroni & Cheese Garlic Toast Cucumber Coins Fresh Seasonal Fruit
- S** Fruit Graham Cracker

- 18 **S** Fruit Cheese & Pretzels
- L** Chicken Smacker Bites Potato Smiles Fresh Seasonal Fruit
- S** Fruit Grahams Cracker

- 25 **S** Fruit Fruit Delight Wrap
- L** Pasta with Meat Sauce Garlic Toast Tossed Green Salad Fresh Seasonal Fruit
- S** Fruit Giant Fish Graham

THURSDAY

- 5 **S** Fruit Flavored Yogurt
- L** French Toast Stix String Cheese Apple Sauce
- S** Fruit Simply Chex Mix

- 12 **S** Fruit Flavored Yogurt
- L** Pancakes Turkey Sausage Link Baby Carrots Apple Sauce
- S** Fruit Kids Munchie Mix

- 19 **S** Fruit Flavored Yogurt
- L** Bean & Cheese Burrito Seasoned Corn Mild Salsa Fresh Seasonal
- S** Fruit Baked Lay Crisps

- 26 **S** Fruit Bagel & Cream Chz
- L** Macaroni & Cheese Garlic Toast Cucumber Coins Fresh Seasonal Fruit
- S** Fruit Scooby Doo Graham

FRIDAY

- 6 **S** Fruit Team Cheerios Bar
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Fruit Sorbet
- S** Fruit Grahams Crackers

- 13 **S** Fruit Bagel & Cream Chz
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Fruit Sorbet
- S** Fruit Simply Chex Mix

- 20 **S** Fruit Fruit Delight Wrap
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Fruit Sorbet
- S** Fruit Goldfish Crackers

- 27 **S** Fruit Muffin
- L** Cheese Pizza Baby Carrots Lite Ranch Dip Fruit Sorbet
- S** Fruit Kids Munchie Mix

Beverages

Served

Each Meal Time

S Morning Snack

fat-free or low-fat white milk

L Lunch

fat-free or low-fat white milk

S Afternoon Snack

bottled water

MENU SUBJECT TO CHANGE

Meal Prices

Lunch is \$3.50

Morning & Afternoon Snacks

are included in tuition



This institution is an equal opportunity provider.

DID YOU KNOW?

More US presidents have been born in October than in any other month.