



BREAKFAST

OCTOBER 2019

PICKENS HIGH SCHOOL

***Student Meal Price \$1.50**
Adult Meal Price \$2.00

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breaded Chicken Filet Biscuit Breakfast Pizza Cereal Bowl w/ Chewy Granola Bar Or Cereal Bowl-Take 2	2 Jimmy Dean Sausage Biscuit Fresh Bake Cinnamon Roll Cereal Bowl w/ Maple Waffle Crackers Or Cereal Bowl-Take 2	3 Breaded Chicken Filet Biscuit Pancakes w Syrup Cereal Bowl w/ Granola Bar Or Cereal Bowl-Take 2	4 Sausage, Egg & Cheese Biscuit Yogurt w/ Muffin Cereal Bowl w/ Pop Tart Or Cereal Bowl- Take 2
7 Breaded Chicken Filet Biscuit Honeybun Cold Cereal w/ Maple Graham Crackers Or Cold Cereal-Take 2	8 Sausage & Cheese Croissant Breakfast Pizza Cereal Bowl w/ Chewy Granola Bar Or Cereal Bowl-Take 2	9 French Toast Sticks Breaded Chicken Filet Biscuit Cereal Bowl w/ Maple Waffle Crackers Or Cereal Bowl- Take 2	10 Jimmy Dean Sausage Biscuit Glazed Donut Cereal Bowl w/ Granola Bar Or Cereal Bowl-Take 2	11 Breaded Chicken Filet Biscuit Sausage Pancake Wrap Cereal Bowl w/ Pop Tart Or Cereal Bowl-Take 2
14 Egg & Cheese Croissant Donut Holes Cereal Bowl w/ Maple Graham Crackers Or Cereal Bowl-Take 2	15 Breaded Chicken Filet Biscuit Breakfast Pizza Cereal Bowl w/ Chewy Granola Bar Or Cereal Bowl-Take 2	16 Jimmy Dean Sausage Biscuit Fresh Bake Cinnamon Roll Cereal Bowl w/ Maple Waffle Crackers Or Cereal Bowl-Take 2	17 Breaded Chicken Filet Biscuit Pancakes w Syrup Cereal Bowl w/ Granola Bar Or Cereal Bowl-Take 2	18 Sausage, Egg & Cheese Biscuit Yogurt w/ Muffin Cereal Bowl w/ Pop Tart Or Cereal Bowl- Take 2
21 Breaded Chicken Filet Biscuit Honeybun Cold Cereal w/ Maple Graham Crackers Or Cold Cereal-Take 2	22 Sausage & Cheese Croissant Breakfast Pizza Cereal Bowl w/ Chewy Granola Bar Or Cereal Bowl-Take 2	23 French Toast Sticks Breaded Chicken Filet Biscuit Cereal Bowl w/ Maple Waffle Crackers Or Cereal Bowl- Take 2	24 Jimmy Dean Sausage Biscuit Glazed Donut Cereal Bowl w/ Granola Bar Or Cereal Bowl-Take 2	25 Breaded Chicken Filet Biscuit Sausage Pancake Wrap Cereal Bowl w/ Pop Tart Or Cereal Bowl-Take 2
28 Egg & Cheese Croissant Donut Holes Cereal Bowl w/ Maple Graham Crackers Or Cereal Bowl-Take 2	29 Breaded Chicken Filet Biscuit Breakfast Pizza Cereal Bowl w/ Chewy Granola Bar Or Cereal Bowl-Take 2	30 Jimmy Dean Sausage Biscuit Fresh Bake Cinnamon Roll Cereal Bowl w/ Maple Waffle Crackers Or Cereal Bowl-Take 2	31 Breaded Chicken Filet Biscuit Pancakes w Syrup Cereal Bowl w/ Granola Bar Or Cereal Bowl-Take 2	

***Students eligible for free or reduced price meals receive benefit at breakfast and lunch. Reduced student breakfast price is \$.30.**

Choice of 2 Fruit Sides &
 Choice of 1%, Skim, or
 Fat-Free Flavored Milk

Traditional cafeteria service and grab 'n go menu options available daily.

This institution is an equal opportunity provider.