



Wk. 3

Wk. 4

Wk. 1

Wk. 2

Wk. 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>HAPPY NEW YEAR</p> <p>NO SCHOOL WINTER BREAK</p>				
	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p> <p>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</p> <p>Breakfast improves school performance!</p>
<p>7</p>	<p>8</p> <p>Nachos</p> <p>or</p> <p>Mini Corn Dogs & Cheese</p> <p>Yummy Refried Beans</p> <p>Crispy Tossed Salad</p> <p>Funky Frozen Fruit Cup</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>9</p> <p>Flat Bread Pizza & Sauce</p> <p>or</p> <p>Chicken Tenders</p> <p>Kooky Corn</p> <p>Crispy Tossed Salad</p> <p>Delightful Diced Peaches</p> <p>Assorted Fresh Fruit. Milk</p> <p>Milk</p>	<p>10</p> <p>Happy New Year !!</p> <p>Popcorn Chicken</p> <p>Turkey & Gravy</p> <p>Creamy Mashed Potatoes & Gravy</p> <p>Assorted Vegetables</p> <p>Appetizing Apple Juice</p> <p>Assorted Fresh Fruit/Milk/Dinner Roll</p> <p>Frozen Juice Cup</p>	<p>11</p> <p>RETRO Cheese Pizza</p> <p>or</p> <p>Chicken Ring 'N' Roll</p> <p>Fantastic Fries</p> <p>Crispy Tossed Salad</p> <p>Dazzling Diced Peaches</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>
<p>14</p> <p>Grilled Cheese Sandwich & Chicken Noodle Soup</p> <p>Chicken Tenders</p> <p>Silly Smiley Fries</p> <p>Assorted Vegetables</p> <p>Perky Pineapple Tidbits</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>15</p> <p>Mini Taco Quesadillas</p> <p>or</p> <p>Popcorn Chicken & Cheese Bread</p> <p>Kooky Corn</p> <p>Crispy Tossed Salad</p> <p>Perky Pineapple Tidbits</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>16</p> <p>Beef Ravioli & Twisted Breadstick</p> <p>or</p> <p>* Corn Dog</p> <p>Brainy Broccoli</p> <p>Crispy Tossed Salad</p> <p>Delightful Diced Peaches</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>17</p> <p>Mac & Cheez-its</p> <p>Chocolate Chip French Toast & Sausage</p> <p>Hearty Hash Brown</p> <p>Assorted Vegetables</p> <p>Appetizing Apple Juice</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>18</p> <p>BOSCO Stuffed Crust Pizza</p> <p>or</p> <p>Mini Cheeseburgers</p> <p>Flavorful Baked Beans</p> <p>Crispy Tossed Salad</p> <p>Dazzling Diced Peaches</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>
<p>21</p> <p>No School</p>	<p>22</p> <p>Nachos</p> <p>Mini Corn Dogs & Cheese</p> <p>Yummy Refried Beans</p> <p>Crispy Tossed Salad</p> <p>Funky Frozen Fruit Cup</p> <p>Assorted Fresh Fruit. Milk</p> <p><i>Healthy Sample</i></p>	<p>23</p> <p>LET'S EAT HEALTHY WEEK</p> <p>Flat Bread Pizza & Sauce</p> <p>Chicken Ring 'N' Roll</p> <p>Brainy Broccoli</p> <p>Crispy Tossed Salad</p> <p>Delightful Diced Peaches</p> <p>Assorted Fresh Fruit. Milk</p> <p><i>Healthy Sample</i></p>	<p>24</p> <p>Bosco Sticks & Sauce</p> <p>Breaded Chicken Leg & Waffle</p> <p>Groovy Green Beans</p> <p>Assorted Vegetables</p> <p>Awesome Applesauce</p> <p>Assorted Fresh Fruit. Milk</p> <p><i>Healthy Sample</i></p>	<p>25</p> <p>CELEBRATE 101ST DAY OF SCHOOL</p> <p>RETRO Cheese Pizza</p> <p>Chicken Patty Sandwich</p> <p>Power Peas & Carrots</p> <p>Crispy Tossed Salad</p> <p>Dazzling Diced Peaches</p> <p>Assorted Fresh Fruit. Milk</p> <p><i>Whole Grain Scooby Snacks</i></p>
<p>28</p> <p>Mac & Cheez-its</p> <p>Chocolate Chip French Toast & Sausage</p> <p>Hot & Hearty Hash Brown</p> <p>Assorted Vegetables</p> <p>Awesome Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>29</p> <p>Pizza Crunchers & Marinara</p> <p>or</p> <p>Taco & Doritos</p> <p>Kooky Corn</p> <p>Crispy Tossed Salad</p> <p>Perky Pineapple Tidbits</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>30</p> <p>Rotini with Meat Sauce & Twisted Breadstick</p> <p>* Chicken Nuggets</p> <p>Groovy Green Beans</p> <p>Crispy Tossed Salad</p> <p>Delightful Diced Peaches</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>31</p> <p>Bosco Sticks & Sauce</p> <p>or</p> <p>Mini Pancakes & Sausage</p> <p>Hearty Hash Browns</p> <p>Assorted Vegetables</p> <p>Awesome Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	<p>KEEP MOVING THIS WINTER</p>

Elementary Lunch = \$2.30
Milk = \$.50

ADDITIONAL ENTRÉE'S OFFERED

Daily
TRIX Meal
(Strawberry Banana Trix Yogurt, Cheese Stick & 2 pkg. Cheddar Goldfish)

*Sliced Turkey on White Bread
Soy Butter Jammers
Crispy Chicken, Turkey or Cheese Chef Salad with Goldfish Crackers & Croutons

A complete lunch consists of :

One entrée choice and
2 side dishes (fruit or vegetables)
1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

Lake Central School Corporation
Gladys Rediger - FS Director
Linda Johnson-Administrative Assistant
Food Service Central Office
865-4416

Check This Out!

Come check out our Food Service website at lsc.us for Nutritional & Educational Material and Forms, including Special Diet Information, Free & Reduced Applications, Nutritionals, A La Carte List, Theme Days and Birthday Celebration Treats! While your there, take a minute and fill out our Parent Survey, we would love to hear from you.

WHAT'S ON YOUR PLATE?

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