

# September 2018 Elementary Lunch Menu



WK - 2

WK - 3

WK - 4

WK - 1

Monday	Tuesday	Wednesday	Thursday	Friday	Elementary Lunch = \$2.30 Milk = \$.50
3  <b>Labor Day No School</b>	4 Nachos or Mini Corn Dogs & Cheese Yummy Refried Beans Assorted Vegetables Funky Frozen Fruit Cup Assorted Fresh Fruit Milk	5 Flat Bread Pizza & Sauce or Chicken Ring "N" Roll Brainy Broccoli Crispy Tossed Salad Delightful Diced Peaches Assorted Fresh Fruit Milk	6 <i>"SUPER"</i> Bosco Sticks and Sauce or BBQ Rib Sandwich Groovy Green Beans <i>"AMAZING"</i> Assorted Vegetables <i>"POW!"</i> Awesome Applesauce <i>"POWERFULL"</i> Assorted Fresh Fruit/Milk <i>"MIGHTY"</i> Mini Ice Cream Sandwich	7 RETRO Cheese Pizza or Chicken Patty Sandwich Power Peas & Carrots Crispy Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	<b>ADDITIONAL ENTRÉE'S OFFERED</b>  <b>Daily</b> <i>TRIX Meal</i> <i>(Strawberry Banana Trix Yogurt, Cheese Stick &amp; 2 pkg. Cheddar Golfish)</i>  <i>*Sliced Turkey on White Bread</i> <i>Soy Butter Jammers</i> <i>Crispy Chicken, Turkey or Cheese Chef Salad with Saltnes &amp; Croutons</i>
10 Mac & Cheez-its Chocolate Chip French Toast & Sausage Hot & Hearty Hash Brown Crispy Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk	11  <b>Patriot Day</b>  Pizza Crunchers & Marinara Taco & Doritos Kooky Corn Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit / Milk <i>Cherry Blue Raspberry Frozen Juice Cup</i>	12 Rotini with Meat Sauce & Twisted Breadstick  * Chicken Nuggets Groovy Green Beans Crispy Tossed Salad Delightful Diced Peaches Assorted Fresh Fruit Milk	13 Popcorn Chicken or Turkey & Gravy Creamy Mashed Potatoes & Gravy Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk / Dinner Roll	14 BIG DADDY'S Cheese Pizza * or Mini Cheeseburgers Flavorful Baked Beans / Fries Crispy Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	<b>A complete lunch consists of:</b> <b>One entrée choice and</b> <b>2 side dishes (fruit or vegetables)</b> <b>1 side dish must be a fruit</b> <b>or vegetable and milk</b>
17 Pizza Crunchers & Marinara or Popcorn Chicken & Cheese Bread Brainy Broccoli Crispy Tossed Salad Perky Pineapple Tidbits Assorted Fresh Fruit Milk	18 Nachos or Grilled Hot Dog & Cheese Yummy Refried Beans Assorted Vegetables Funky Frozen Fruit Cup Assorted Fresh Fruit / Milk	19 Flat Bread Pizza & Sauce or Chicken Tenders Kooky Corn Crispy Tossed Salad Delightful Diced Peaches Assorted Fresh Fruit Milk	20 Bosco Sticks & Sauce or Mini Pancakes & Sausage Hearty Hash Browns Assorted Vegetables Awesome Applesauce Assorted Fresh Fruit Milk	21  <b>CAMPING DAY</b> RETRO Cheese Pizza Chicken Ring "N" Roll Power Peas & Carrots Crispy Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit / Milk <i>A Healthy SMORES DESSERT</i>	<b>Menu is based on product availability</b> <b>and is subject to change</b>
24 Chicken Nuggets or Sloppy Joe & Baked Chips Groovy Green Beans Crispy Tossed Salad Awesome Applesauce Assorted Fresh Fruit Milk	25 Mini Taco Quesadillas or Popcorn Chicken & Cheese Bread Kooky Corn Assorted Vegetables Perky Pineapple Tidbits Assorted Fresh Fruit Milk	26 <b>WORLD SCHOOL MILK DAY</b> Pasta Roll Up in Meat Sauce & Twisted Bread Stick <i>bringing awareness to the benefits of Milk</i> Corn Dog Brainy Broccoli Crispy Tossed Salad Delightful Diced Peaches/Assorted Fresh Fruit STARRING "Milk"	27 Mac & Cheez-its Chocolate Chip French Toast & Sausage Hearty Hash Brown Assorted Vegetables Appetizing Apple Juice Assorted Fresh Fruit Milk	28 BIG DADDY'S Cheese Pizza or Mini Cheeseburgers Flavorful Baked Beans Crispy Tossed Salad Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Assorted Fresh Fruit/Milk	<b>PLEASE MAKE SURE YOU HAVE</b> <b>ENOUGH MONEY IN YOUR</b> <b>STUDENTS ACCOUNT FOR LUNCH</b>
<div style="border: 2px solid purple; border-radius: 20px; padding: 10px; background-color: #d8bfd8;"> <h2 style="text-align: center; color: brown;">Healthy Meals Grow Healthy Kids</h2> </div>				Students are given the opportunity to start their day with a healthy breakfast at all of our schools.    <b>Breakfast improves school performance!</b>	<div style="background-color: yellow; border: 1px solid black; padding: 5px; font-weight: bold;">CHECK THIS OUT!</div> Come check out our Food Service website at <a href="http://lscs.cusd.net">lscs.cusd.net</a> for Nutritional & Educational Material and Forms, including Special Diet Information, Free & Reduced Applications, Nutritionals, A La Carte List, Theme Days and Birthday Celebration Treats! While your there, take a minute and fill out our Parent Survey, we would love to hear from you.   <b>WHAT'S ON YOUR PLATE?</b>   Choose MyPlate.gov  <i>This institution is an equal opportunity provider.</i>