



# High School Lunch Menu

## May 2018



Monday	Tuesday	Wednesday	Thursday	Friday	Secondary Lunch = \$2.55 Milk = \$.50
	<b>1</b> Fresh Burrito with Queso Sauce Mini Corn Dogs & Cheese Buffalo Chicken Sandwich <b>Southwest Bar.- Nachos or Tacos</b> Refried Beans / Corn Assorted Vegetables/Garden Salad Applesauce / Assorted Fresh Fruit Milk / Spanish Rice / Corn Muffin	<b>2</b> Flat Bread Pizza & Sauce Chicken Tenders Buffalo Chicken Sandwich <b>Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick</b> Broccoli / Garden Salad/ Assorted Vegetables Diced Peaches/Assorted Fresh Fruit Milk/ Twisted Bread Stick	<b>3</b> BBQ Pork Sandwich Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots / Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk	<b>4</b> <b>GRAND SLAM!</b> BOSCO Stuffed Crust Cheese Pizza BBQ Rib Sandwich Buffalo Chicken Sandwich Peas & Carrots / Fries / Assorted Vegetables Garden Salad / Pineapple & Mandarin Oranges Assorted Fresh Fruit/Milk <b>Whole Grain Baseball Donut</b>	<b>DELI BAR - Offered Daily</b> Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Panini, Ciabatta Bread Wrap, and top with Assorted Vegetables Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables. *Deli Bar is not available on last week of school. Premade items will be available.
<b>7</b> Pepperoni Pizza Sticks & Sauce Boneless Wings & Biscuit Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk	<b>8</b> Chicken Enchilada Chicken Smackers Buffalo Chicken Sandwich <b>Southwest Bar.- Nachos or Tacos</b> Corn / Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	<b>9</b> Pasta Roll Up with Meat/Marinara Sauce Chicken Nuggets Buffalo Chicken Sandwich <b>Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick</b> Broccoli / Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick	<b>10</b> Macaroni & Cheese with Dinner Roll Italian Beef Sandwich Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots/Garden Salad Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk	<b>11</b> Big Daddy's X-tra Cheesy Pizza Cheese Burger Buffalo Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk	<b>HOT Meals To Go:</b> Panini Turkey Sandwich, Bosco Sticks & Sauce, Pizza <b>COLD SANDWICHES and CHEF SALAD MEALS to go!</b> <b>Weekly Deli TO GO Salad Specials</b> MON: Antipasto Salad TUES: Taco Salad / Tuna Salad / Greek Salad WED: Cobb Salad / Berry Spinach Salad THURS: Greek Salad
<b>14</b> Hot Ham & Cheese on a Pretzel Roll Popcorn Chicken Bowl Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans / Garden Salad Assorted Vegetables Diced Pears / Assorted Fresh Fruit Milk/ Dinner Roll	<b>15</b> Quesadilla Mini Corn Dog & Cheese Buffalo Chicken Sandwich <b>Southwest Bar.- Nachos or Tacos</b> Refried Beans / Assorted Vegetables Corn/Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	<b>16</b> Calzone with Marinara Beef Ravioli / Twisted Bread Stick Buffalo Chicken Sandwich <b>Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick</b> Broccoli/ Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk	<b>17</b> <b>RACE TO THE FINISH LINE</b> Pepperoni Pizza Sticks & Sauce Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy / Carrots Garden Salad/Pasta Salad/Assorted Vegetables Pineapple / Assorted Fresh Fruit / Milk <b>RACE TRACK PUDDING</b>	<b>18</b> BOSCO Stuffed Crust Cheese Pizza Sloppy Joe & Baked Chips Buffalo Chicken Sandwich Malibu Blend / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk	<b>Weekly Deli TO GO Wraps &amp; Sandwich Specials</b> MON: Chicken BLT on Ciabatta Bread TUES: Turkey Avocado Wrap WED: Beef & Pepper Jack on Focaccia Bread THURS: Turkey Avocado Wrap <b>ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK</b> A complete lunch consists of : One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk
<b>21</b> Macaroni & Cheese with Dinner Roll French Toast & Sausage Buffalo Chicken Sandwich Hash Browns / Green Beans Garden Salad / Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk	<b>22</b> Corn Dog Buffalo Chicken Sandwich <b>Southwest Bar.- Nachos or Tacos</b> Corn/Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Spanish Rice / Corn Muffin Milk	<b>23</b> Chicken Parmesan & Pasta Buffalo Chicken Tenders Buffalo Chicken Sandwich <b>Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick</b> Broccoli/Garden Salad/Assorted Vegetables Diced Peaches/Assorted Fresh Fruit Milk/Twisted Breadstick	<b>24</b> Chicken Smackers Turkey & Gravy Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Assorted Vegetables Pasta Salad / Garden Salad Pineapple/Assorted Fresh Fruit Milk/Dinner Roll	<b>25</b> Big Daddy's X-tra Cheesy Pizza Cheese Burger Buffalo Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk	<b>Homemade A La Carte SOUPS offered DAILY</b> May 7-11 & 21-25      May 1-4 & 14-18 Mon: Pasta Fagioli      Mon: Chicken Noodle Tues: Cream of Broccoli      Tues: Chili Wed: Cream of Chicken      Wed: Cream of Chicken Thurs: Lemon Rice      Thurs: Cream of Potato Fri: Chef's choice      Fri: Chef's choice
<b>28</b>  <b>Memorial Day</b>	<b>29</b> <b>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</b>  <b>Breakfast Improves school performance!</b>	<b>30</b> 	<b>31</b> 	<b>31</b> 	<b>Pizza with Friends</b> *Inquire with Cashier on Deli line. Menu is based on product availability and is subject to change Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson- FS Administrative Assistant Food Service Central Office, 865-4416 <b>PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH</b> This institution is an equal opportunity provider.