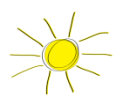




May 2018

Middle School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	2 Mini Cinnis or Cheese Omelet & Cinnamon Roll or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk	3 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	4 Mini Chocolate Chip French Toast or Mini Cinnis or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk
7 Stuffed Cinnamon Bagel or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	8 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	9 Mini Cinnis or Cheese Omelet & Cinnamon Roll or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk	10 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	11 Mini Chocolate Chip French Toast or Mini Cinnis or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk
14 Stuffed Cinnamon Bagel or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	15 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	16 Mini Cinnis or Cheese Omelet & Cinnamon Roll or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk	17 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	18 Mini Chocolate Chip French Toast or Mini Cinnis or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk
21 Stuffed Cinnamon Bagel or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	22 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	23 Mini Cinnis or Cheese Omelet & Cinnamon Roll or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk	24 Breakfast Pizza or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit Juice Milk	25 Mini Chocolate Chip French Toast or Mini Cinnis or Cereal Served with either; Poptart, Breakfast Bar or Donut Fresh Fruit, Juice, Milk
28	29 <i>Students are given the opportunity to start their day with a healthy breakfast at all of our schools.</i> <i>Breakfast improves school performance!</i>	30	31	
 Memorial Day	 SUMMER			

Staff Breakfast=\$2.00
Student Breakfast= \$1.70
Milk=\$.50

Offered Daily
Breakfast Pizza
Fruit Parfait

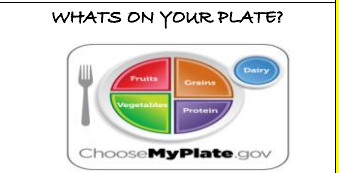


Take time for
School Breakfast

Breakfast Supplies Important Nutrients
Breakfast contributes less than 20% of daily calories, while providing many key vitamins and minerals including
*** Calcium * B vitamins * Iron * Vitamin D**
Nutrients missed at breakfast are typically not made up during the day
Menu is based on product availability and is subject to change.

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

Lake Central
School Corporation
Gladys Rediger - FS Director
Linda Johnson-Administrative Assistant
Food Service Central Office
865-4416



This institution is an equal opportunity provider.