



High School Lunch Menu

April 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| 2  NO SCHOOL | 3 Fresh Burrito with Queso Sauce Grilled Hot Dog & Cheese Buffalo Chicken Sandwich <u>Southwest Bar - Nachos or Tacos</u> Refried Beans / Corn Assorted Vegetables/Garden Salad Applesauce / Assorted Fresh Fruit Milk / Spanish Rice / Corn Muffin | 4 Flat Bread Pizza & Sauce Chicken Tenders Buffalo Chicken Sandwich <u>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</u> Broccoli / Garden Salad/ Assorted Vegetables Pasta Salad/Diced Peaches/Assorted Fresh Fruit Milk/ Twisted Bread Stick | 5 BBQ Pork Sandwich Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots / Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk | 6 BOSCO Stuffed Crust Cheese Pizza BBQ Rib Sandwich Buffalo Chicken Sandwich Peas & Carrots/ Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk |
| 9 Pepperoni Pizza Sticks & Sauce Boneless Wings & Biscuit Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk | 10 Chicken Enchilada Chicken Smackers Buffalo Chicken Sandwich <u>Southwest Bar - Nachos or Tacos</u> Corn / Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin | 11 Pasta Roll Up with Meat/Marinara Sauce Chicken Nuggets Buffalo Chicken Sandwich <u>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</u> Broccoli / Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick | 12 Macaroni & Cheese with Dinner Roll Italian Beef Sandwich Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots/Garden Salad Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk | 13 Big Daddy's X-tra Cheesy Pizza Cheese Burger Buffalo Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk |
| 16 Hot Ham & Cheese on a Pretzel Roll Popcorn Chicken Bowl Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans / Garden Salad Assorted Vegetables Diced Pears / Assorted Fresh Fruit Milk/ Dinner Roll | 17 Quesadilla Mini Corn Dog & Cheese Buffalo Chicken Sandwich <u>Southwest Bar - Nachos or Tacos</u> Refried Beans / Assorted Vegetables Corn / Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin | 18 Pepperoni Calzone with Marinara Beef Ravioli /Twisted Bread Stick Buffalo Chicken Sandwich <u>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</u> Broccoli/ Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk | 19 Pepperoni Pizza Sticks & Sauce Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots / Assorted Vegetables Garden Salad/Pasta Salad Pineapple / Assorted Fresh Fruit Milk | 20 BOSCO Stuffed Crust Cheese Pizza Sloppy Joe & Baked Chips Buffalo Chicken Sandwich Malibu Blend / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk |
| 23 EARTH DAY Macaroni & Cheese with Dinner Roll French Toast & Sausage Buffalo Chicken Sandwich Hash Browns / Green Beans Garden Salad / Assorted Vegetables Diced Pears/Assorted Fresh Fruit/Milk Going Green Treat | 24 Corn Dog Buffalo Chicken Sandwich <u>Southwest Bar - Nachos or Tacos</u> Corn/Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Spanish Rice / Corn Muffin Milk | 25 Chicken Parmesan & Pasta Buffalo Chicken Tenders Buffalo Chicken Sandwich <u>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</u> Broccoli/Garden Salad/Assorted Vegetables Diced Peaches/Assorted Fresh Fruit Milk/Twisted Breadstick | 26 Chicken Smackers Turkey & Gravy Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Assorted Vegetables Pasta Salad / Garden Salad Pineapple/Assorted Fresh Fruit Milk/Dinner Roll | 27 Big Daddy's X-tra Cheesy Pizza Cheese Burger Buffalo Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk |
| 30 Pepperoni Pizza Sticks & Sauce Popcorn Chicken Bowl Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans / Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk/ Dinner Roll |  | | |  |

Secondary Lunch = \$2.50
Milk = \$0.50

DELI BAR - Offered Daily

Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Panini, Ciabatta Bread Wrap, and top with Assorted Vegetables

Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables.


HOT Meals To Go: Panini Turkey Sandwich, Bosco Sticks & Sauce, Pizza

COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials

MON: Antipasto Salad


TUES: Taco Salad / Tuna Salad / Greek Salad

WED: Cobb Salad / Berry Spinach Salad 

THURS: Greek Salad

Weekly Deli TO GO Wraps & Sandwich Specials

MON: Chicken BLT on Ciabatta Bread

TUES: Turkey Avocado Wrap 

WED: Beef & Pepper Jack on Focaccia Bread

THURS: Turkey Avocado Wrap

ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK


A complete lunch consists of :
One entrée choice and 2 sides dishes (fruit or vegetables)
1 side dish must be a fruit or vegetable and milk

Homemade A La Carte SOUPS offered DAILY

April 9-13 & 23-27 April 3-6, 16-20 & 30th

Mon: Pasta Fagioli Mon: Chicken Noodle


Tues: Cream of Broccoli Tues: Chili

Wed: Cream of Chicken  Wed: Cream of Chicken

Thurs: Lemon Rice Thurs: Cream of Potato

Fri: Chef's choice Fri: Chef's choice

Pizza with Friends

*Inquire with Cashier on Deli line. 

Menu is based on product availability and is subject to change

Lake Central School Corporation
Glady's Rediger - FS Director
Linda Johnson- FS Administrative Assistant
Food Service Central Office, 865-4416

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

This institution is an equal opportunity provider.

WEEK 4

WEEK 1

WEEK 2

WEEK 3

WEEK 4