



High School Lunch Menu

March 2018



WK 4

WK 1

WK 2

WK 3

WK 4

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
Pepperoni Pizza Sticks & Sauce Boneless Wings & Biscuit Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk	Chicken Enchilada Chicken Smackers Buffalo Chicken Sandwich Southwest Bar - Nachos or Tacos Corn / Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	Pasta Roll up with Meat/Marinara Sauce Chicken Nuggets Buffalo Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli / Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick	BBQ Pork Sandwich Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots / Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk	BOSCO Stuffed Crust Cheese Pizza BBQ Rib Sandwich Buffalo Chicken Sandwich Peas & Carrots/ Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
12	13	14	15	Happy St. Patrick's Day!
Hot Ham & Cheese on a Pretzel Roll Popcorn Chicken Bowl Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans / Garden Salad Assorted Vegetables Diced Pears / Assorted Fresh Fruit Milk/ Dinner Roll	Quesadilla Mini Corn Dog & Cheese Buffalo Chicken Sandwich Southwest Bar - Nachos or Tacos Refried Beans / Assorted Vegetables Corn / Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	Pepperoni Calzone with Marinara Beef Ravioli /Twisted Bread Stick Buffalo Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli/ Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk	Pepperoni Pizza Sticks & Sauce Chicken Nuggets/Dinner Roll Buffalo Chicken Sandwich Mashed Potatoes & Gravy Carrots / Assorted Vegetables Garden Salad/Pasta Salad Pineapple / Assorted Fresh Fruit Milk	BOSCO Stuffed Crust Cheese Pizza Sloppy Joe & Baked Chips Buffalo Chicken Sandwich Malibu Blend / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit / Milk Whole Grain Rainbow Goldfish Crackers
19	20	21	22	SPRING CELEBRATION
Macaroni & Cheese with Dinner Roll French Toast & Sausage Buffalo Chicken Sandwich Hash Browns / Green Beans Garden Salad / Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk	Corn Dog Buffalo Chicken Sandwich Southwest Bar - Nachos or Tacos Corn/Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Spanish Rice / Corn Muffin Milk	Chicken Parmesan & Pasta Buffalo Chicken Tenders Buffalo Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli/Garden Salad/Assorted Vegetables Pasta Salad/Diced Peaches/Assorted Fresh Fruit Milk/Twisted Breadstick	Chicken Smackers Turkey & Gravy Buffalo Chicken Sandwich Mashed Potatoes & Gravy Green Beans/Assorted Vegetables Pasta Salad / Garden Salad Pineapple/Assorted Fresh Fruit Milk/Dinner Roll	Big Daddy's X-tra Cheesy Pizza Cheese Burger Buffalo Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit / Milk Springtime Bunny Cookie
26	27	28	29	30
				
				
Spring Break!				Students are given the opportunity to start their day with a healthy breakfast at all of our schools.
				Breakfast improves school performance!

Secondary Lunch = \$2.55
Milk = \$.50

DELI BAR - Offered Daily
Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Panini, Ciabatta Bread Wrap, and top with Assorted Vegetables
Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables.

HOT Meals To Go: Panini Turkey Sandwich, Bosco Sticks & Sauce, PIZZA

COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials
MON: Chicken Salad / Grilled Chicken Salad
TUES: Taco Salad / Tuna Salad/Greek Salad
WED: Buffalo Chicken Salad/Antipasto Salad
THURS: Cobb Salad/Caesar Salad
FRI: Berry Spinach Salad

Weekly Deli TO GO Wraps & Sandwich Specials
MON: Turkey Avocado Wrap
TUES: BLT Chicken Wrap
WED: Turkey Avocado Wrap
THURS: Turkey & Ham Sub

ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK

A complete lunch consists of:
One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk

Homemade A La Carte SOUPS offered DAILY
March 5-9, 19-23 March 1-2, 12-16

Mon: Pasta Fagioli	Mon: Chicken Noodle
Tues: Cream of Broccoli	Tues: Chili
Wed: Cream of Chicken	Wed: Cream of Chicken
Thurs: Lemon Rice	Thurs: Cream of Potato
Fri: Chef's choice	Fri: Chef's choice

Pizza with Friends
*Inquire with Cashier on Deli line

Menu is based on product availability and is subject to change

Lake Central School Corporation
Gladys Rediger - FS Director
Linda Johnson- FS Administrative Assistant
Food Service Central Office, 865-4416

PLEASE MAKE SURE YOU HAVE ENOUGH MONEY IN YOUR STUDENTS ACCOUNT FOR LUNCH

This institution is an equal opportunity provider.